

All in for Kids

Txoj Kev Pab Birth to 3 (Me Nyuam Yug Kiag txog 3 Xyoos) Tsev Neeg Tsab Ntawv Xov Xwm

All in for Kids (Tag Nrho Rau Me Nyuam) yog ib tsab ntawv xov xwm sau los faj seeb qhia rau koj thiab koj lub tsev neeg txog cov kev pab uas muaj nyob rau hauv Txoj Kev Pab Birth to 3 (Me Nyuam Yug Kiag txog 3 Xyoos). Tsab ntawv xov xwm yog sau tawm los ntawm Wisconsin Department of Health Services (Tuam Tsev Tswj Xyuas Cov Kev Kho Kab Mob Kev Nkeeg).



Ras Txog Hlau Lead Kev Lom Me Nyuam (Be Aware of Childhood Lead Poisoning)

Hlau lead kev lom yog los ntawm txoj kev nqos tau cov khoom los sis nqus tau cov hmoov. Hlau lead kev lom yuav ua mob rau tus me nyuam lub hlwb thiab cov hlab roj hlab ntsha thiab ua rau lawv cob pob thiab loj hlob qeeb. Qhov no yuav tsim muaj:

- Cov teeb meem kev kawm
- Cov teeb meem coj yam ntxwv
- Teeb meem kev tswm xeeb
- Kev chim siab

Me nyuam raug hlau lead lom li cas?

Feem ntau cov hlau lead lom yog los ntawm cov kob pleev tsev hauv cov tsev qub dua. Tau siv cov hlau lead tov nrog qee cov kob pleev tsev ua ntej txiav tsis kheev siv thaum 1978. Thaum twg qub lawm, nws tawg los sis ua hmoov uas paug rau cov khoom ua si, cov rooj tog zaum, cov pem teb, cov ntug qhov rai, thiab cov sam thiaj. Thaum

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Cov ncauj lus hauv tsab ntawv xov xwm yog tshaj tawm raws U.S. Department of Education (Teb Chaws Asmeskas Tuam Tsev Tswj Kev Qhia Ntawv), Individuals with Disabilities Education Act (Cov Tib Neeg Muaj Cov Kev Tsis Taus) (IDEA), Part C Regulations (Ntu C Cov Kev Tswj Ceev) Early Intervention Program for Infants and Toddlers with Disabilities (Txoj Kev Cuam Tshuam Ntxov rau Cov Me Nyuam Mos thiab Me Nyuam Me Muaj Cov Kev Tsis Taus).

twg tus me nyuam noj tau tej khoom no los sis chwv tau cov hmoov rau lawv cov tes thiab muab tes ntsaws qhov ncauj, lawv yuav raug hlau lead lom.

Puav leej nrhiav tau hlau lead ntawm:

- Cov dej haus hauv lub tsev los sis lub nroog uas muaj cov kav dej hlau lead
- Cov hmoov uas cov neeg laus coj tau los rau hauv tsev vim lawv ua hauj lwm muaj cov hlau lead, xws li kev pleev kob rau tsev los sis kev kho tshiab tej vaj tse
- Cov khoom tsim ua hauj lub teb chaws uas tsis tau txwv txiav tsis kheev siv hlau lead, xws li:
 - Cov khoom ua si
 - Cov qhws ntsej saw nyiaj saw kub
 - Tshuaj pleev ntsej muag zoo nkauj
 - Cov txuj lom
 - Cov hmoov pias siv ua kev cai dab qhuas

Kuv yuav ua li cas thiaj paub tias kuv tus me nyuam raug hlau lead lom?

Ntsuas ntshav yog tib txoj nrhiav seb koj tus me nyuam puas raug hlau lead lom xwb. Feem coob cov me nyuam uas muaj cov hlau lead hauv lawv cov ntshav yuav tsis muaj cov kev mob tshwm sim dab tsi. Koj tus me nyuam tus kws kho mob yuav pom zoo kev ntsuas hlau lead lom thaum mus ntsuam xyuas kev noj qab haus huv. Yog tias lawv tsis ntsuas, koj thov tau kom ntsuas. Wisconsin Medicaid thiab lwm cov chaw pov hwm pab them nqi kho mob yuav them duav txoj kev ntsuas ntshav.

Yuav Ua Li Cas yog tias Koj Tus Me Nyuam Poo Raug Hlau Lead

Yog tias koj tus me nyuam poo rau hlau lead, koj mus cuag tau kev pab los ntawm:

- **Kev sib tham nrog koj tus me nyuam tus kws kho mob**—Lawv yuav muab txoj kev ntsuas hlau lead, piav qhia txog cov kev ntsuas tau dab tsi thiab qhia rau koj paub yog yuav tau rhais cov kauj ruaj ruam tom ntej.
- **Kev hu cuag koj lub tuam pab laj mej pej xeem kev noj qab haus huv hauv zos**—Txhua lub cheeb koog yeej muaj lub tuam tsev pab kev noj qab haus huv uas muab cov kev pab thiab coj koj mus cuag cov chaw muaj kev pab nyob rau hauv koj cheeb tsam. Koj yuav nrhiav tau cov ncauj lus kev sib cuag nrog koj lub tuam tsev pab kev noj qab haus huv hauv zos ntawm www.dhs.wisconsin.gov/lh-depts/counties.htm.

Cov me nyuam uas raug hlau lead lom yuav tsism nyog tau Txoj Kev Pab Birth to 3 (Me Nyuam Yug Kiag txog 3 Xyoos).

Kev Pab Txo Tsawg Hlau Lead hauv Cov Tsev Qub Dua

Koj puas nyob rau hauv ib lub tsev qub dua uas muaj cov kob law los sis cov qhov rai qub? Wisconsin Txoj Kev Pab Lead-Safe Homes Program (Hlau Lead Nyab Xeeb) (LSHP) yuav muaj peev xwm pab tau cov kev kho rau koj lub tsev, kom nws nyab xeeb dua rau koj lub tsev neeg. Kawm ntxiv txog txoj kev pab no ntawm www.dhs.wisconsin.gov/lead/lshp.htm. ♦

NCAUJ LUS RAU KOJ

Koj yuav nrhiav tau ncauj lus ntxiv txog txoj kev ntsuas kab mob ntawm: www.dhs.wisconsin.gov/lead/index.htm. Xav paub cov kev tiv thaiv hlau lead lom, mus rau www.dhs.wisconsin.gov/lead/prevention-intervention.htm.

Cov Kev Pab Txhawb Koj Tus Me Nyuam Cov Txuj Ci Sib Txuas Lus

Kev sib txuas lus yog txoj kev peev xwm thiab txoj kev xav muaj kev sib cuag nrog lwm cov neeg los ntawm txoj kev sib qhia tswv yim thiab cov kev xav. Qee cov kev sib txuas lus yuav siv lus hais los sis tes piav. Lwm cov kev sib txuas lus yuav yog kev tsis ua lus hais, xws li ua ntsej muag los sis yoj lub cev. Feem coob cov me nyuam yuav xyaum sib txuas lus kom tau cov kev pab rau lawv los sis muaj kev sib tham nrog ib tug neeg nws tshua. Kev txhawb tus me nyuam cov txuj ci sib txuas lus yuav pab txhawb tau lawv:

- Kev ua siab ntev
- Kev txawj xav (muaj peev xwm nkag siab thiab hhub tshua lwm tus neeg txoj kev xav ntawm siab ntsws)
- Muaj peev xwm nyeem thiab sau ntawv rau yav tom ntej mus

Cov txuj ci no tseem ceeb heev rau cov me nyuam cov kev sib raug zoo thiab lawv txoj kev vam meej hauv kev kawm ntawv thiab hauv kev ua lub neej laus.

Tam ib tug niam txiv los sis neeg zov tu, koj yuav pab txhawb tau koj tus me nyuam cov txuj ci sib txuas lus. Ntawm no yog qee cov tswv yim qhia:

- **Teb rau koj tus me nyuam mos cov kev yoj cev, kev saib, thiab cov suab lus**—Thaum twg koj tus me nyuam mos hais nkwg saib ntsoov koj, hais nkwg rov qab. Yog tias koj tus me nyuam mos ncav caj npab rau koj, khaws lawv puag thiab hais los sis piav tes rau tej lo lus yooj yim xws li “Koj xav kom puag.”
- **Sib tham nrog koj tus me nyuam**—Hais lus los sis piav tes nrog koj tus me nyuam thiab muab sij hawm rau lawv teb rov qab. Sib saib qhov muag nrog lawv. Qhov no qhia tau tias yog koj xav paub koj tus me nyuam cov kev xav thiab cov tswv yim. Cov lus nug yog cov kev pib sib tham zoo heev. Nov yog qee cov tswv yim:
 - Hnub cov nqe lus uas teb tau ntawm uas tsis yog teb tau yooj yim li “yog” los sis “tsis yog.” Piv txwv, “Tus miv nyob twg?”
 - Nug koj tus me nyuam txog lawv hnub zoo li cas. Txhawb kom lawv nug koj txog koj hnub zoo li cas thiab! Kev nug lus thiab kev mloog lawv cov lus teb yuav txhawb koj tus me nyuam txoj kev peev xwm tias lawv yog ib tug neeg txawj sib tham.
- **Piav qhia cov dej num koj ua hauv txhua hnub**—Qhov no pab kom koj tus me nyuam paub muab cov lo lus txuas nrog cov khoom los sis cov yam nttxwv. Piv txwv, thaum caij da dej, koj yuav tau hais los sis piav tes tias, “Koj nce mus rau hauv lub dab dej! Koj ob sab caj npab, ob sab ceg thiab lub plab yuav ntub tag nrho. Tus os yas yuav da dej thiab.” Los sis thaum neb ua si ua ke, koj hais los sis piav tes tias, “Koj ntsis koj tus roj hmab cov plaub hau. Nws cov plaub hau ntev kawg. Puas ua lauj vaub?”
- **Qhia kev sib txuas lus uas tsis ua lus hais rau koj tus me nyuam**—Qhov no yuav pab kom koj tus me nyuam txawj xav thiab sib tham zoo nrog lwm cov. Piv txwv, “Saib seb koj cov phooj ywg npog lawv ntsej muag li cas thaum koj ntov dej? Lawv tsis nyiam dej txaws rau lawv lub ntsej muag.”

KOOM KOM TXAIS TAU PEB COV NTAWV EMAIL

Kom tau txais ceev dua, rau npe kom tau tsab ntawv xov xwm hauv tshuab hluav taws xob thiab lwm cov ntawv email txog Birth to 3 Program (Txoj Kev Pab Rau Me Nyuam Yug Kiag txog 3 Xyoos). Mus rau www.dhs.wisconsin.gov/aboutdhs/alerts.htm, ces rub rov hauv thiab nias rau qhov chaw txuas ntawm sab laus mus rau “Birth to 3 Program Information for Families (Ncauj Lus Txog Txoj Kev Pab Birth to 3 rau Cov Tsev Neeg)”.

- **Ras paub thiab hwm koj tus me nyuam cov kev xav**—Cov me nyuam yuav muaj feem qhia lawv cov kev xav ntau dua yog lawv paub tias tsis muaj tus xav phem los sis thuam lawv. Koj yeej qhia tau tias koj nkag siab txog tej uas koj tus me nyuam tau ntsib tiam sis tsis pom zoo nrog lawv txoj kev coj yam ntxwv. Piv txwv, “Kuv paub tias pw ib leej yeej txaus ntshai, tiam sis koj yeej nyab xeeb. Cia wb ua ke pab kom koj pw tau saum koj lub txaj. Koj puas xav kom qhib suab paj nruag yau?”
- **Pab koj tus me nyuam qhia txog lawv cov kev xav**—Ras paub thiab qhia koj tus me nyuam cov kev xav. Piv txwv, “Zoo li koj tu siab tias peb tsum tsis ua si lawm thiab tu tsev. Puas yog koj xav li ntawd?” Thaum twg ib tug me nyuam paub tias koj nkag siab txog lawv cov kev xav, lawv yuav txav dhau txoj kev tu siab, npau taws los sis ntxhov siab yooj yim dua.
- **Nyeem ntawv ua ke**—Kev nyeem ib phau ntawv yog ib yam dej num zoo ua heev nrog cov me nyuam txhua qib hnub nyog. Cov me nyuam mos heev nyiam sib puag nrog koj thiab saib cov duab. Cov me nyuam mos loj zog yuav tig tau cov nplooj ntawv thiab taw rau tej yam lawv pom. Nrog tus me nyuam yaus, koj yuav nug tau tias tus moj zeej hauv phau ntawv xav li cas los sis ua ke xav seb yuav tshwm sim li cas rau tom ntej.❖

Kev Txawj Xav thiab Me Nyuam Me

Txoj Kev Pab Birth to 3 (Me Nyuam Yug Kiag txog 3 Xyoos) txhawb koj tsev neeg los ntawm txoj kev pab cov me nyuam loj hlob thiab xeeb meej txhua fab, nrog rau kev xeeb meej ntawm lub siab lub ntsws. Ib feem ntawm txoj kev xeeb meej ntawm lub siab lub ntsws yog muaj peev xwm nkag siab txog kev xav. Kev nkag siab txog kev xav yog muaj peev xwm nkag siab thiab hlub tshua lwm tus neeg txoj kev xav ntawm siab ntsws.

Vim Li Cas Kev Txawj Xav Thiaj Li Tseem Ceeb

Kev nkag siab yog lub hauv paus ntawm txoj kev sib raug zoo nrog lwm cov neeg. Nws yog lub ntsiab ntawm cov kev sib raug zoo khov kho. Tus me nyuam nkag yuav muaj peev xwm tswj tau lawv cov kev xav ntawm siab ntsws zoo dua, daws tau teeb meem yam muaj kev sib hwm thiab kev thaj yeeb, thiab lees paub txog lawv cov kev coj yam ntxwv. Qhov no yuav muaj txiaj ntsim rau tus me nyuam, lub tsev neeg thiab lub zej zog.

Cov Tswv Yim Pab Me Nyuam Kom Txawj Xav

Li ntawm hnub nyog 2 xyoos, kev xeeb meej ntawm tus me nyuam lub hlwb yuav pom nws muaj peev xwm txawv xav. Cov niam txiv thiab cov neeg zov tu yuav pab tau tus me nyuam xyaum qhov txuj ci no. Qee cov kev pab rau tus me nyuam txoj kev txawj xav muaj xws li:

- Kev pab kom tus me nyuam ras paub thiab qhia tau cov kev xav xws li kev zoo siab, kev tu siab, kev ntxhov siab thiab kev npau taws. Koj nrhiav tau cov caij nyog los ua qhov no txhua hnub, xws li “Koj tus muam tu siab vim nws tus koom ua si ploj lawm.”
- Ua tus qauv zoo coj lub siab zoo rau lwm cov neeg. Piv txwv li, qhib qhov rooj rau lwm tus uas tes tsis koom thiab piav qhia rau tus me nyuam paub tias vim li cas koj thiaj li qhib.

Cov ncauj lus hauv tsab ntawv xov xwm yog tshaj tawm raws U.S. Department of Education (Teb Chaws Asmeskas Tuam Tsev Tswj Kev Qhia Ntawv), Individuals with Disabilities Education Act (Cov Tib Neeg Muaj Cov Kev Tsis Taus) (IDEA), Part C Regulations (Ntu C Cov Kev Tswj Ceeb) Early Intervention Program for Infants and Toddlers with Disabilities (Txoj Kev Cuam Tshuan Ntxov rau Cov Me Nyuam Mos thiab Me Nyuam Me Muaj Cov Kev Tsis Taus).

- Kev siv cov lus txawj xav nrog koj tus me nyuam, xws li “Kuv nkag siab tias qhov no yeej nyuab kawg rau koj” los sis “Koj chim siab tias peb mus ua si tsis tau tom tiaj ua si vim ntuj los nag.”
- Kev pab koj tus me nyuam kawm saib Yam ntxwv coj ntawm lub cev los sis kev ua ntsej muag kom paub ib tug neeg txoj kev xav. Koj yuav pab tau tus me nyuam xyaum cov kev coj yooj yim no xws li kev txiav tawm cov ntsej muag hauv phau ntawv xov xwm thiab tham qhia los sis piav tes qhia txog cov kev xav uas lawv pom, los sis ua ntsej muag rau ntawm daim iav thiab qhia seb lub ntsej muag ua qhov kev xav dab tsi.
- Kev nyeem cov phau ntawv nrog koj tus me nyuam txog cov kev xav, xws li “How Are You Peeling (Koj Laws Li Cas)?” uas yog sau los ntawm Saxton Freymann los sis saib cov duab viv dis aus xws li ib daim ntawm Sesame Street: wisconsin.pbslearningmedia.org/resource/sesame-mark-ruffalo-empathy/mark-ruffalo-empathy-sesame-street/.

Thaum cov tsev neeg qhia kev nkag siab, cov me nyuam xyaum:

- Cov kev sib raug zoo.
- Coj Yam ntxwv siab zoo thiab kev to taub.
- Xav txog cov zoo sib xws ntawm tib neeg txhua haiv, txhua hom thiab txhua qib nyiaj tau.
- Txiaj txim siab thawm lub neej kom coj zoo sib xws rau txhua tus.

Txoj Kev Pab Birth to 3 (Me Nyuam Yug Kiag txog 3 Xyoos) yuav txhawb koj lub tsev neeg thiab tus me nyuam raws li cov kev tu ncuu muaj. Sib tham nrog pab neeg muab kev pab yog tias koj xav kawm ntxiv txog kev xyaum kom txawj xav. ♦♦

QHIA KOM SAWY DAWS PAUB

Yog tias koj paub ib tug me nyuam uas Txoj Kev Pab Birth to 3 (Me Nyuam Yug Kiag txog 3 Xyoos) yuav pab tau, qhia rau! Qhia rau lwm cov niam txiv txog txoj kev pab, muab tsab ntawv xov xwm no pub rau, los sis qhia qhov vas sab rau lawv.

Txoj Kev Pab Birth to 3 (Me Nyuam Yug Kiag txog 3 Xyoos) Xav Tau Koj Lub Tsev Neeg Cov Dab Neeg thiab Duab!

Tsab ntawv xov xwm All in for Kids (Tag Nrho Rau Me Nyuam) yog rau cov tsev neeg, thiab peb xav nthuav qhia koj cov duab thiab cov kev tau muaj rau lwm cov neeg nyeem ua kev zoo siab! Koj qhia tej Yam Zoo xws li:

- Ib txoj kev sib ntsib zoo nrog Txoj Kev Pab Birth to 3 (Me Nyuam Yug Kiag txog 3 Xyoos) los sis ib qho qauv qhia tias nws tau pab koj los sis tus me nyuam li cas.
- Ib daim duab los sis ib zaj dab neeg txog ib qho kev uas koj tau ua nrog koj tus me nyuam.
- Ib daim duab ntawm ib Yam Zoo nkauj los sis lwm Yam uas koj tus me nyuam tau ua.

Xa koj zaj dab neeg ntawm koj lub tsev neeg los sis daim duab hauv email mus rau dhsbirthto3@dhs.wisconsin.gov nrog “All in For Kids” rau ntawm kab teev lus qhia. Koj puav leej xa tau cov tswv yim dab neeg uas koj xav pom sau rau hauv daim ntawv xov xwm. Peb npaj siab xav hnov ntawm koj! ♦♦

Cov ncauj lus hauv tsab ntawv xov xwm yog tshaj tawm raws U.S. Department of Education (Teb Chaws Asmeskas Tuam Tsev Tswj Kev Qhia Ntawv), Individuals with Disabilities Education Act (Cov Tib Neeg Muaj Cov Kev Tsis Taus) (IDEA), Part C Regulations (Ntu C Cov Kev Tswi Ceev) Early Intervention Program for Infants and Toddlers with Disabilities (Txoj Kev Cuam Tshuam Ntxov rau Cov Me Nyuam Mos thiab Me Nyuam Me Muaj Cov Kev Tsis Taus).

Cov Chaw Muaj Kev Pab rau Cov Tsev Neeg

Qhov Tshiab! Tau pom zoo txhaj cov tshuaj tiv thaiv kab mob COVID-19 rau txhua tus muaj hnub nyog 6 hlis thiab loj dua lawm. Xav tau cov ncauj lus tshiab tshaj txog COVID-19, nrog rau cov ncauj lus txog cov tshuaj tiv thaiv kab mob rau cov me nyuam, cov koob tshuaj txhaj txhawb, thiab kev ntsuas kab mob, mus rau:

www.dhs.wisconsin.gov/covid-19/index.htm

Cov tswv yim rau kev sib tham txog cov tshuaj tiv thaiv kab mob COVID-19 nrog lub tsev neeg thiab cov phooj ywg:

www.dhs.wisconsin.gov/covid-19/vaccine-talk.htm

Muaj cov tswv yim tu tub kis rau thaum cov caij ntxhov siab los ntawm Wisconsin Office of Children's Mental Health (Cov Kev Kho Puas Siab Ntsws Puas Hlwb Rau Me Nyuam), nrog rau cov viv dis aus luv pab tswv yim los ntawm cov kws kho kev puas siab ntsws tshaj lij thiab cov niam txiv thiab cov ntawv tshaj xo sau ua Lus Askiv thiab Lus Mev:

children.wi.gov/Pages/TrainingsVideos/Parenting.aspx

Puas Yog Tuaj Tshiab Koom Txoj Kev Pab Birth to 3 (Me Nyuam Yug Kiag txog 3 Xyoos)? Xyuas cov chaw muaj kev pab no:

Phau Ntawv Qhia Txog Kev Pab Txhawb Thaum Ntxov pab koj nkag siab tias kev pab txhawb thaum ntxov pab koj tsev neeg thiab tus me nyuam kawm thiab loj hlob ua ke li cas:

www.dhs.wisconsin.gov/library/p-03022.htm

Phau ntawv coj qhia Ib Muag txog Cov Kev Pab hauv Txoj Kev Pab Birth to 3 (Me Nyuam Yug Kiag txog 3 Xyoos) yuav piav qhia txog cov kev txhawb thiab kev pab uas muaj:

www.dhs.wisconsin.gov/library/p-03011.htm

Cov ntawv xov xwm All in for Kids (Tag Nrho Rau Me Nyuam): Txoj Kev Pab Birth to 3 (Me Nyuam Yug Kiag txog 3 Xyoos) sau dhau los:

www.dhs.wisconsin.gov/birthto3/family/index.htm (rub mus rau tsem

Publications (Cov Luam Tawm) nram qab nplooj ntawv)

All in for Kids (Tag Nrho Rau Me Nyuam) yog ib tsab ntawv xov xwm sau tawm los ntawm Wisconsin Department of Health Services (Tuam Tsev Tswj Xyuas Cov Kev Kho Kab Mob Kev Nkeeg) cov me nyuam thiab cov tsev neeg nyob rau hauv Wisconsin Txoj Kev Pab Birth to 3 (Me Nyuam Yug Kiag txog 3 Xyoos).

Wisconsin Birth to 3 Program (Txoj Kev Pab Rau Me Nyuam Yug Kiag txog 3 Xyoos) yog ib txoj kev pab cuam tshuam ntxov rau cov me nyuam tsis nto hnub nyog 3 xyoos uas muaj cov kev cob pob thiab cov kev tsev taus thiab lawv cov tsev neeg. Txoj kev pab sib koom tes nrog cov tsev neeg los pab tus me nyuam txoj kev loj hlob thiab txhawb rau lub tsev neeg cov kev peev xwm, kev txuj ci thiab kev rab peev xwm thaum lawv ua ub no nrog thiab tu tus me nyuam. Xav paub ntxiv, mus xyuas www.dhs.wisconsin.gov/children/index.htm.

Para leer este boletín en español, visite www.dhs.wisconsin.gov/library/akidsb-3-2022.htm.

Xav nyeem tsab ntawv xov xwm no ua Lus Hmoob, mus xyuas www.dhs.wisconsin.gov/library/akidsb-3-2022.htm.

For other languages (繁體中文, 简体中文, Deutsch, ئېبرىخ, русский, 한국어, Tiếng Việt, Deitsch, ພາສາລາວ, Français, Polski, हिन्दी, Shqip, Tagalog, Soomaali): 608-266-8560.