

In the News *(continued)*

Method Finds Patterns in Patients with Multiple Chronic Conditions

Researchers have proposed an innovative way to identify patterns in the cost and prevalence of multiple chronic conditions. The team examined Medicaid claims data for 190,000 patients in the Mount Sinai Health System between 2012 and 2014. In this cohort, 61% of patients had multiple chronic conditions (MCC), a level far higher than in the general US population, which is 42%. Researchers used a segmented methodology and found that high blood pressure, high cholesterol, and diabetes were the most common combination of chronic diseases, and women aged 50 to 65 with high blood pressure and high cholesterol were the costliest segment overall. The most surprisingly common disease pair was lung disease and heart attacks. [Read more.](#)



Conference, Educational, and Grant Opportunities

Community Health Workers (CHWs): Strong Evidence-Base for Embracing CHWs into the Public Health and Healthcare Workforce

Webinar • December 11 • 12-1 p.m. CT • CE Credits Available

Community health workers (CHWs) are trusted, knowledgeable frontline public health workers who typically come from the communities they serve. The American Diabetes Association's Standards of Medical Care in Diabetes highlights the importance of CHWs in diabetes prevention and management, especially among underserved communities. This webinar will focus on integrating CHWs into the public health care workforce as a strategy for increasing health equity and access and improving population health, while decreasing costs. [Learn more and register.](#)



Resources in this newsletter are compiled by the Wisconsin Chronic Disease Prevention Program.

Journal Articles and Reports of Interest

Thiazide Use and Cardiovascular Events in Type 2 Diabetic Patients with Well-Controlled Blood Pressure. Tsujimoto T, et al. *Hypertension*. 2019 Dec;74(6):1541-1550. [Epub ahead of print]

Association Between Antidiabetic Medications and Prostate-Specific Antigen Levels and Biopsy Results. Beckmann K, et al. *JAMA Netw Open*. 2019 Nov 1;2(11):e1914689.

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