

Wisconsin Diabetes Weekly

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In the News

40% of People with T2D Initially Avoid Insulin Therapy

A significant portion of people with type 2 diabetes (T2D) often initially decline insulin therapy, according to new research. The study found that more than 40% of people with T2D turn down their doctor's recommendation of insulin therapy. Those who delay insulin therapy face challenges: compared with those who began insulin therapy, people who refused had worse glycemic control, and took a longer to reach healthier blood sugar levels. [Read more.](#)

Mobile Patient Portal Access Can Improve Diabetes Care

Patient access to portal self-management tools through mobile devices may help significantly improve diabetes care, according to a new study. The study evaluated whether the addition of mobile portal access is associated with adherence to oral diabetes medications and glycemic levels for patients with diabetes. The cohort included 111,463 patients with diabetes treated at Kaiser Permanente Northern California from April 1, 2015 to December 31, 2017. All patients in the study had an oral diabetes prescription at baseline with no insulin use. [Read more.](#)

www.preventdiabeteswi.org



Important News

Order DHS Diabetes Resources Before March 25

A construction project in the Department of Health Services (DHS) Forms Center will impact their ability to fill publication orders from April through August. If you have a need for diabetes resources before the end of August, please [order materials](#) before March 25.

You can preview available materials by going to the DHS [diabetes webpage](#) and looking at the "Diabetes and self-care" tab in the "What You Can Do" section.

URGENT



Important News

Liquid Metformin Now Available in U.S.

The only U.S. Food and Drug Administration (FDA)-approved liquid formulation of extended-release metformin is now available in the United States, according to a press release from Sun Pharma. Liquid metformin (Riomet ER) was approved by the FDA in August as an adjunct to diet and exercise to improve glycemic response for patients with type 2 diabetes aged at least 10 years. [Read more.](#)

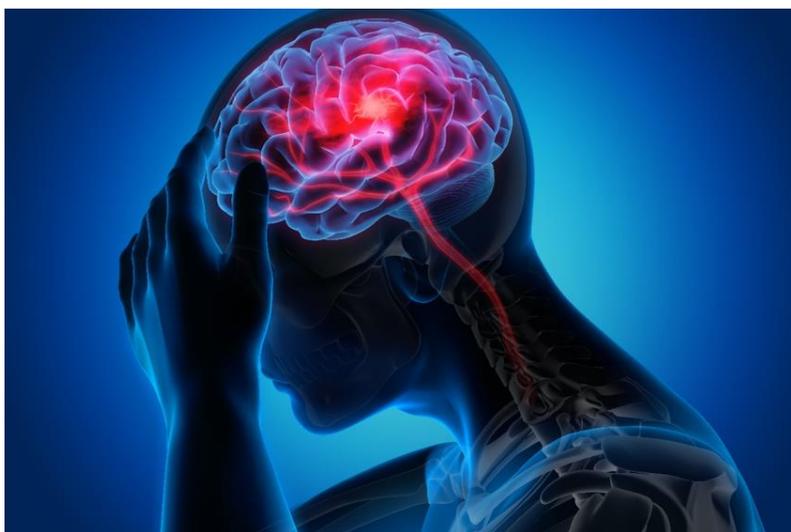
Conference, Educational, and Grant Opportunities

WCHQ Assembly:

Innovations in Behavioral Health Access and Treatment

April 21 • Madison • 10 a.m. to 3 p.m.

Wisconsin Collaborative for Healthcare Quality (WCHQ) will host a spring assembly meeting focused on behavioral health access and treatment featuring national, state, and local speakers. There is a registration fee for individuals who are not WCHQ members and there are web-based participation options for both members and nonmembers. [Learn more and register.](#)



In the News *(continued)*

Mealtime Choices Could Affect Odds for Stroke

A new European study of more than 418,000 people found that what you eat can influence your risk for different types of stroke. "The most important finding is that higher consumption of both dietary fiber and fruit and vegetables was strongly associated with lower risks of ischemic stroke," said study lead author. [Read more.](#)

Shingles Vaccine May Also Reduce Stroke Risk

Shingles, a viral infection caused by the chickenpox virus, is linked to an increased risk of stroke. A new study found that one type of shingles vaccination may prevent some older adults from having a stroke, according to preliminary research. Researchers reviewed the Medicare health records of more than one million Medicare fee-for-service beneficiaries age 66 or older who had no history of stroke and who were vaccinated between 2008 and 2014 and followed them for an average of almost four years. [Read more.](#)



Resources in this newsletter are compiled by the Wisconsin Chronic Disease Prevention Program.

Journal Articles and Reports of Interest

Paradox of Glycemic Management: Multimorbidity, Glycemic Control, and High-Risk Medication Use Among Adults with Diabetes. McCoy RG, et al. *BMJ Open Diabetes Res Care.* 2020 Feb;8(1). doi: 10.1136/bmjdr-2019-001007.

Association of Cumulative Multimorbidity, Glycemic Control, and Medication Use with Hypoglycemia-Related Emergency Department Visits and Hospitalizations Among Adults with Diabetes. Chodick G, et al. *JAMA Netw Open.* 2020 Jan3;3(1):e1919099. doi: 10.1001/jamanetworkopen.2019.19099.

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For More Information

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WISCONSIN DEPARTMENT
of HEALTH SERVICES

State of Wisconsin
Division of Public Health
Chronic Disease Prevention Program
1 West Wilson Street

www.dhs.wisconsin.gov/disease/chronic-disease.htm