

Fall 2023 • 2023-03





A CLTS Program Family Newsletter





## Learn About Support and Service Coordinators

Support and service coordinators (SSCs) are here to help! These professionals are your family's main contacts in the Children's Long-Term Support (CLTS) Program. SSCs work with your family to help decide what services and supports will help achieve your family and child's unique goals. The SSC will meet with you and your family to learn about your child's needs, strengths, and goals. The SSC will also learn about your family's traditions, values, and what the child in your care needs to be most successful.

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dhs.wisconsin.gov/clts/index.htm

You will work together as a team to develop a plan for your child that will focus on meeting the needs that you and the team identified. You will use an approach called **Deciding Together**, which includes your family's perspectives and the best way to support the child in your care and your family.

#### How do SSCs help families?

SSCs:

- Help your family decide what the goals are for your child and your family together.
- Work with you to help decide on supports and services that will help meet your child's and family's goals.
- Find providers to work with your child and family.
- Make sure the services and supports are helping. If not, SSCs can help you make changes if necessary.
- Support your family in keeping the child safe and healthy in your home and community.
- Move through your child's and family's life changes and transitions, such as finding a job or transitioning out of the CLTS Program when appropriate.
- Direct you to resources and programs offered through CLTS and other community programs and resources.

## **CLTS Program Service Highlight**

The CLTS Program has many supports and services to help children stay safe and healthy, build new skills, and develop more independence. In this newsletter, we'll learn more about two of these services: daily living skills and personal supports.

#### **Daily Living Skills**

Daily living skills training helps children build different skills, so they can do everyday activities more independently. They also help children build confidence in themselves. Examples of daily living skills could include:

- Money management, such as learning how to save money or opening a savings account
- Food preparation, such as setting the table, washing fruits and vegetables, or helping to make lunch



What is Deciding Together? The CLTS Program uses a team approach called Deciding Together to make decisions. In this approach, you are a key team member and the expert on your family's goals, strengths, and needs. Deciding Together considers your family's experiences when making an Individual Service Plan (ISP), which is the unique plan of supports and services for your family and child. Learn more at www.dhs.wisconsin.gov/ library/collection/p-02246.

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#### **Personal Supports**

Personal supports help children do daily activities that meet their needs. They help with independence and the child's safety. For example, personal supports can help your child:

- Learn how and when it is time to take their medication
- Use different types of transportation, such as buses or other county transportation
- Do household tasks, such as making their bed, putting laundry in a basket, or folding clothes.

Reach out to your SSC to find out if these services would be a good fit for your family.

# Check Your Mailbox for Details on the End of COVID-19 Policies

The Wisconsin Department of Health Services (DHS) is mailing letters to families enrolled in CLTS and other programs providing more information about the end of COVID-19 policies. Families need to make sure their children remain covered under Wisconsin Medicaid to continue being enrolled in the CLTS Program.

Here's what families in the CLTS Program will need to do:

#### Renew Medicaid coverage for your child.

You should receive a renewal packet in the mail with instructions on how to complete that process. Don't forget to follow the steps in that packet! If you have not received a renewal packet or letter with information about these requirements, reach out to your Support and Service Coordinator for help.

#### Redo your child's functional screen.

Your child will need to have a CLTS functional screen completed within one year (June 2023–May 2024). The SSC will contact you to set up a **functional screen**. This screen is a tool that helps determine eligibility for the CLTS Program. Learn more at <u>www.dhs.wisconsin.gov/library/</u> collection/p-03061.

You can prepare for these tasks by gathering medical, school, and other documents.



#### Learn more about CLTS services

An overview of supports and services that the CLTS Program can provide is listed at <u>www.dhs.wisconsin.gov/</u> library/collection/p-02570.

This document may be helpful to families during the Deciding Together process.

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# The CLTS Program Wants Your Family Stories and Photos!

The All in for Kids newsletter is for families. We want to feature your photos and experiences for other readers to enjoy! You can share things like:

- A positive interaction with the CLTS Program
- An example of how the CLTS Program has helped your family or child.
- A photo or story of an activity you did with your child.
- A photo of artwork or something else your child has made.

Email your family story or photo to <u>dhsclts@dhs.wisconsin.gov</u> with "All in for Kids" in the subject line. You can also send ideas for stories you would like to read in the newsletter. We look forward to hearing from you!

## Join our email list!

For faster delivery, sign up to receive the electronic version of this newsletter and other emails about the CLTS Program. Go to <u>www.</u> <u>dhs.wisconsin. gov/dms/ltc-email-signup.htm</u> and then scroll down and click the "CLTS Information for Families and Participants" link on the left side. Don't forget to tell your family and friends in the program to sign up as well!

## **Other Resources for Families**

Latest information about COVID-19 in Wisconsin, including information about vaccinations for children, vaccine booster doses, and testing: www.dhs.wisconsin.gov/covid-19/index.htm

DHS and the Centers for Disease Control and Prevention (CDC) recommend the following steps to protect yourself and your community from the spread of COVID-19:

# FAMILIES CAN

We all want the best care and support for your child, and at times, people can disagree on the best way to provide that care and support. If you disagree with a decision about a support or service in the CLTS Program, you have the right to formally appeal with the Division of Hearings and Appeals (DHA). You can request a hearing using the form at doa.wi.gov/ Pages/LicensesHearings/ **DHAWorkandFamily** ServicesUnit.aspx or by letter. Mail your form or letter to DHA, P.O. Box 7875, Madison, WI 53707-7875.

Filing an appeal is not seen as a negative action. It is simply one way to work through differences.

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- Stay up to date on recommended COVID-19 vaccinations for the best protection: <u>www.cdc.gov/coronavirus/2019-ncov/vaccines/</u> stay-up-to-date.html
- Know the level of COVID-19 in your community and follow appropriate guidance, including masking in public places when levels are high: <a href="http://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html">www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html</a>
- Know the symptoms, get tested, and stay home if you're sick:
  - www.cdc.gov/coronavirus/2019-ncov/symptomstesting/ symptoms.html
  - www.dhs.wisconsin.gov/covid-19/testing.htm
- Seek treatment as soon as you develop symptoms: www.dhs. wisconsin.gov/covid-19/telehealth.htm

Previous issues of All in for Kids: CLTS Program: www.dhs.wisconsin. gov/library/collection/AKids22\*

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All in for Kids: CLTS Program is a newsletter published by the Wisconsin Department of Health Services for children and families in the CLTS Program.

The CLTS Program makes Medicaid funding available to support children with substantial limitations due to developmental, physical, or severe emotional disabilities who are living at home or in the community. Funding may be used to support a range of services based on an assessment of the child's and family's specific needs and identified goals or outcomes. For more information, visit <u>www.dhs.wisconsin.gov/children/index.htm</u>.

Para leer este boletín en español, visite <u>www.dhs.wisconsin.gov/library/akids22.htm</u>. Xav nyeem tsab ntawv xov xwm no ua Lus Hmoob, mus xyuas <u>www.dhs.wisconsin.gov/library/akids22.htm</u>. For other languages (繁體中文, 简体中文, Deutsch, قيبرعك, русский, 한국어, Tiếng Việt, Deitsch, ພາສາລາວ, Français, Polski, हदी, Shqip, Tagalog, Soomaali): 608-266-8560.