

Wisconsin Public Psychiatry Network Teleconference (WPPNT)

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WPPNT Reminders

How to join the Zoom webinar

- **Online:** <https://dhs.wi.zoomgov.com/j/1606358142>
- **Phone:** 669-254-5252
- Enter the Webinar ID: 160 635 8142#.
 - Press # again to join. (There is no participant ID)

Reminders for participants

- Join online or by phone by 11 a.m. Central and wait for the host to start the webinar. Your camera and audio/microphone are disabled.
- [Download or view the presentation materials](#). The evaluation survey opens at 11:59 a.m. the day of the presentation.
- Ask questions to the presenter(s) in the Zoom Q&A window. Each presenter will decide when to address questions. People who join by phone cannot ask questions.
- Use Zoom chat to communicate with the WPPNT coordinator or to share information related to the presentation.
- [Participate live to earn continuing education hours](#) (CEHs). Complete the evaluation survey within two weeks of the live presentation and confirmation of your CEH will be returned by email.
- A link to the video recording of the presentation is posted within four business days of the presentation.
- Presentation materials, evaluations, and video recordings are on the WPPNT webpage: <https://www.dhs.wisconsin.gov/wppnt/2024.htm>



Assertive Community Treatment (ACT)

How it works and who it serves

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A Transdisciplinary Team

- Professionals from multiple disciplines work together
 - Meeting the diverse needs of people with severe and persistent mental illnesses
 - Community-based
 - Comprehensive
 - As long as needed



Medical Staff

- 1 psychiatrist
 - Full time
 - Provides medical direction to the team
 - Supervises 4-5 nurses
 - Participates in treatment planning
 - Sees clients in the community as needed
 - Provides on-call services
 - Available for consultation to team members and in ACT training



Medical Staff

- 4-5 nurses
 - Help clients establish primary health care in the community
 - Schedule and accompany clients to primary and specialty appointments as needed
 - Provide consultation to the team and in ACT training
 - Review and set up medications
 - Provide medical assessment and triage



Rehabilitation Staff

- 3 psychology staff
 - Provide direction on behavioral and therapeutic interventions
 - Participate in treatment planning
 - See clients in the community as needed
 - Provide on-call services
 - Provide consultation to the team and in ACT training



Rehabilitation Staff

- 11 professionals from diverse disciplines
 - Have specialties in social work, vocational and substance use counseling, occupational therapy, housing, and peer support
 - Provide consultation to the team and in ACT training
 - Provide services and develop resources for assigned clients
 - Serve as the system-wide case manager



Administrative Staff

- 2 administrative staff
 - Manage the front desk
 - Answer phones
 - Complete data entry and billing
 - Help with organization
 - Provide triage



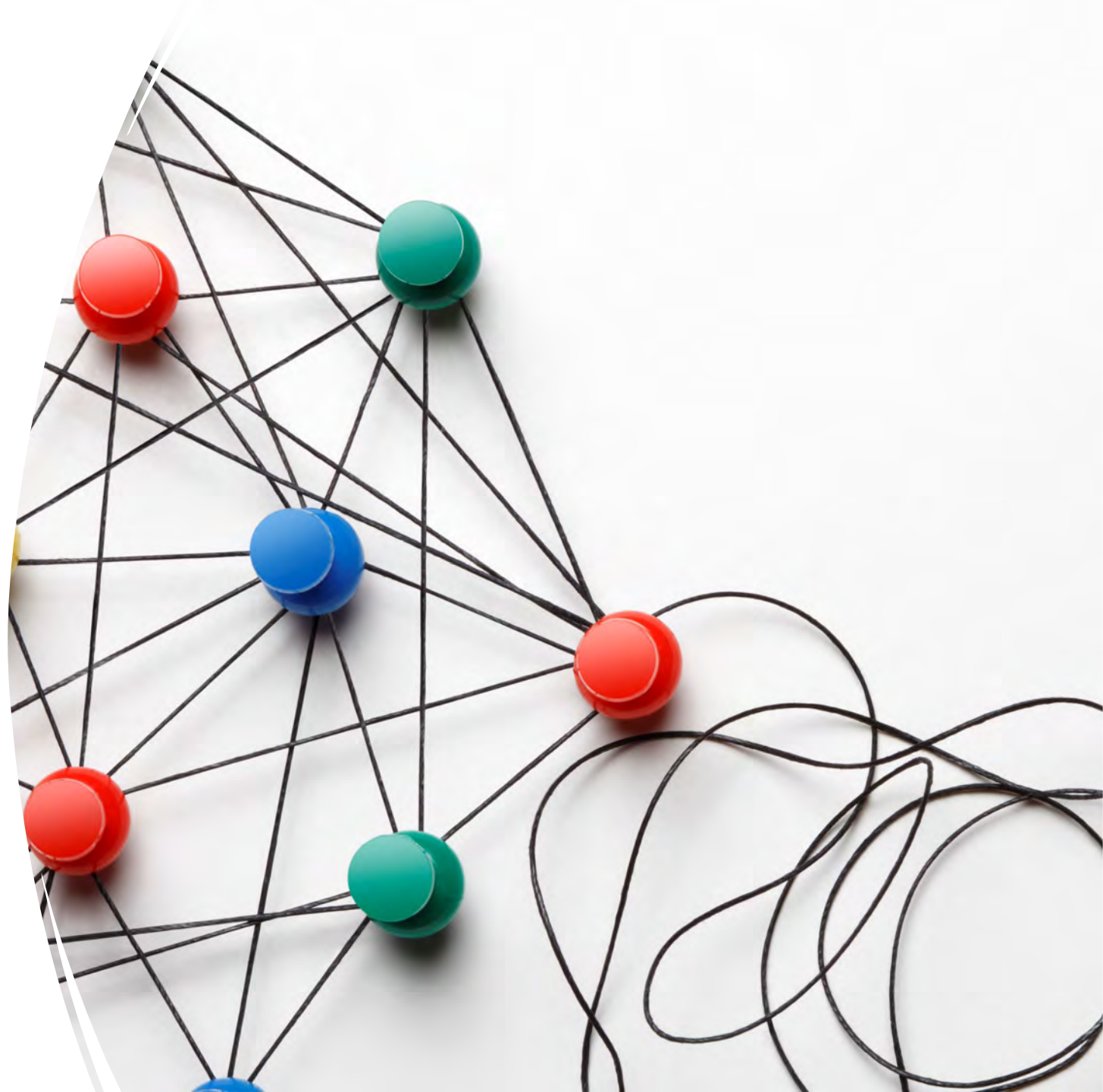


All Staff

- Collaborate to provide 24/7 care
 - Serve generalist and specialist functions on the team
 - Provide in-vivo assessment
 - Balance planned and crisis interventions
 - Contribute to
 - Diversity and perspective
 - Continuity of services
 - Problem solving

All Staff

- Coordinate services in a daily, structured meeting
 - Review and assign all tasks
 - Convey necessary information between team members and across shifts
 - Address emergent situations
 - Integrate approaches from specialty consultation
 - Provide/receive case-based supervision



A photograph of four hands, two from adults and two from children, cupped together to hold a small, glossy red heart. The hands are positioned in a way that they form a protective, circular shape around the heart. The background is a solid, light blue color.

All Staff Members

- Work together in multiple permutations to form mini-teams based on individual client needs
- Convey a unified treatment message
- Provide consistency

Diagnostic Categories

- Help with communication among
 - Providers
 - Insurance
- Limitations
 - Oversimplification
 - Reduced options
 - Cause for fear and hopelessness





The transdisciplinary team is equipped to address complexity

- On-going
- Comprehensive
- Adaptable
- Anticipatory and responsive

Who We Serve

- Up to 150 people with severe and persistent mental illness
 - Need and can benefit from comprehensive medical and rehabilitation services
 - Able to live in the community
 - Most are diagnosed with schizophrenia





Referrals

- Centralized
- Select for people who
 - Use multiple services
 - Have treatment-resistant symptoms
 - For whom other models of care have been unsuccessful

Services

- Address a broad range of bio-psycho-social needs
 - Side-by-side life coaching
 - Help clients assume valued social roles
 - Age-appropriate



Independent Living

- Represents autonomy and privacy
- Requires skills to maintain
- Presents an avenue for learning and coaching
- Promotes responsibility



Employment

- Community integration
- Income
- Structure
- Meaning



Other valued social roles

Driving

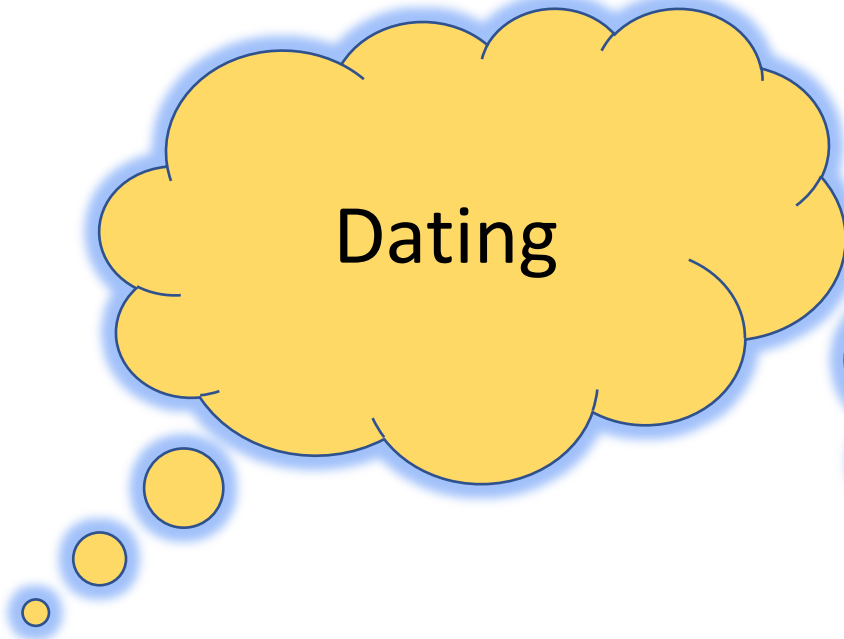
Going to
church

Having
friends

Dating

?

Earning a
degree



Evidence Base

- Short-term study on Training in Community Living established the evidence base for ACT
- Reduced need for hospitalization
- Improvements in adult role functioning
- Improvements were lost when support was discontinued



Recognition

This 14-month study won the prestigious American Psychiatric Association Gold Award in 1974





Prospective Longitudinal Research



- The largest prospective study of services for people with severe and persistent mental illness; 1978 to 1988
- Led to the Continuous Treatment Team (CTT) approach

Effectiveness

- Patient Outcomes Research Team (PORT)
Studies support efficacy and cost effectiveness
- Surgeon General's report addresses Mental Health and recommends ACT for the most severely ill
- International replications





Expansion in Services to Diverse Populations

- Dual diagnosis
- Rural areas
- Homelessness
- Corrections involvement
- Early intervention



PACT Recovery Logo

- Designed by clients
- Used in Facebook anti-stigma campaign

PACT: Proud Past, Promising Future

