

CCS Statewide Conference

Presents

*Engaging Persons with Mental Illness and
Substance Use Disorder in the Recovery
Process*

Presenter

Mark Sanders, LCSW, CADDC

Slipping Through the Cracks



**Intervention
Strategies for Clients
with Multiple
Addictions and Disorders**

Mark Sanders, LCSW, CADC

Relationship Detox:

***A Counselor's Guide to Helping
Clients Develop Healthy
Relationships in Recovery***



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Slipping Through the Tracks

Going back and forth between chemical dependence, mental health, criminal justice and child welfare systems without recovering. This can also include multiple medical hospitalizations and periods of homelessness.

*Primary reasons clients slip
through the cracks*

The background features a series of horizontal, wavy bands in various shades of blue, ranging from light to dark. A large, dark blue, curved shape overlaps the lower right portion of the wavy bands. The text 'Unresolved Trauma' is centered in the upper half of the image.

Unresolved Trauma

"Superb journalism and thrilling storytelling." —NAOMI KLEIN

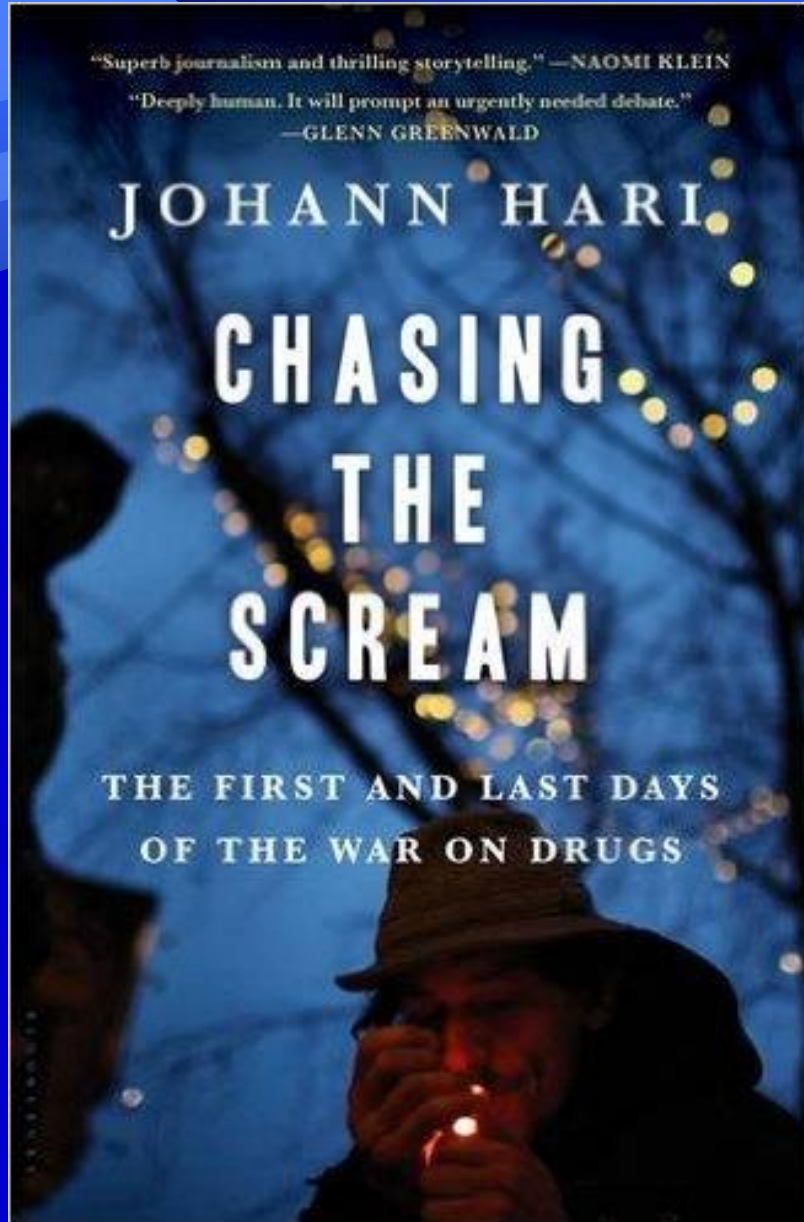
"Deeply human. It will prompt an urgently needed debate."

—GLENN GREENWALD

JOHANN HARI

CHASING
THE
SCREAM

THE FIRST AND LAST DAYS
OF THE WAR ON DRUGS



The Trauma of Unemployment

- *Crack* *1986*
- *Meth* *1990's*
- *Heroin* *Today*
- *Are we losing a generation?*
- *STEM*

Unresolved Grief

- *Unspeakable losses*
- *Unacknowledged losses*
- *Ambivalent losses*

A Hidden Psychiatric Disorder

A. Phobia

B. ADD

C. Depression

D. Personality Disorders

E. Traumatic Stress Disorders

An untreated process addiction

*Emersion into a drug
sub-culture*

Memory

Inadequate service dose

*90 days of continuous recovery
support*

The background is a solid blue color with several curved, overlapping bands of varying shades of blue. A dark blue, almost black, shape is positioned in the upper right quadrant, partially overlapping the lighter blue bands. The text is centered in the upper half of the image.

*Loneliness and addictive
relationships*

Addictive Relationships

- *Lots of drama*
- *Smothering*
- *Extreme jealous*
- *Abuse*

*Lack of recovery capital which
leads to feelings of inadequacy
and hopelessness*

Recovery Capital

- *Success prior to addiction*
- *A good education*
- *Reading comprehension*
- *Vocational Skills*
- *Good communication skills*
- *Stable relationships*
- *Leadership*
- *Hope for the future*

A lack of integrated services

*Engagement Strategies to help
clients avoid slipping through
the cracks*

Initial Contact

- *Create a welcoming environment*
- *Minimize confrontation*
- *Role with resistance*
- *Have an effective opening statement*

Opening Statement

I know I can't make you stop getting high. I will honor whatever decision you make concerning your drug use.

Initial Contact Continued

- *3 sessions at a time*
- *Use incentives*

Does a better quality of life lead to recovery or does recovery lead to a better quality of life?

- *Housing first*
- *Community*
- *Distance from destructive peer groups*

Increase Recovery Capital

- *Educational*
- *Vocational*
- *Relational*
- *Occupational*

Provide longer term monitoring similar to how cancer and diabetes are addressed

Effectively Utilize Peers

- *Pre-treatment - 75%*
- *In treatment - 50%*
- *Post-treatment - 80% of relapses*

Anchor Recovery in the Client's Natural Environment

- *The use of peers*
- *Recovery drop in centers*
- *Churches*
- *Libraries*
- *Colleges*

Become

- *Trauma informed*
- *Dual diagnosis capable*
- *Address process addictions*

Strive to Create Seamless systems of collaboration

- *Treatment and peers*
- *Treatment and child welfare, criminal justice, mental health and medical communities*