Wisconsin Public Psychiatry Network Teleconference (WPPNT)

- This teleconference is brought to you by the Wisconsin Department of Health Services (DHS), Division of Care and Treatment Services, Bureau of Prevention Treatment and Recovery and the University of Wisconsin-Madison, Department of Psychiatry.

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WPPNT Reminders

• Call 877-820-7831 before 11:00 a.m.
• Enter passcode 107633#, when prompted.
• Questions may be asked, if time allows.
• To ask a question, press *6 on your phone to un-mute yourself. *6 to remote.
• Ask questions for the presenter, about their presentation.
• The link to the evaluation for today’s presentation is on the WPPNT webpage, under todays date: https://www.dhs.wisconsin.gov/wppnt/2019.htm
Welcome!
INTRODUCTION TO SAMHSA’S TECHNOLOGY TRANSFER CENTERS
Laura A. Saunders,
Wisconsin State Coordinator
Great Lakes Addiction, Mental Health and Prevention Technology Transfer

Areas of interest:
Motivational interviewing
SBIRT
Technology Transfer Centers (TTC)
Purpose

The purpose of the Technology Transfer Centers (TTC) program is to **develop and strengthen** the *specialized behavioral healthcare and primary healthcare workforce* that provides substance use disorder (SUD) and mental health prevention, treatment, and recovery support services.

Help people and organizations incorporate **effective practices** into substance use and mental health disorder prevention, treatment and recovery services.
Great Lakes TTC Goals

- Accelerate the **adoption and implementation** of evidence-based substance abuse, mental health and prevention practices
- Heighten the **awareness, knowledge, and skills** of the workforce
- Develop **strategies for delivering culturally-informed care** with diverse practitioners, researchers, policymakers, family members, and consumers
- Increase **access** to publicly available, free of-charge training and technical assistance for the addictions, mental health prevention services field.
Based on the ATTC Network Model

• The Great Lakes PTTC and the Great Lakes MHTTC are part of the National TTC Network that SAMHSA has created, following the success of the ATTC Network.

• The ATTC Network is celebrating 25 years of service to the addiction treatment and recovery services field!
Each TTC Network Includes 13 Centers*

- Network Coordinating Office
- National American Indian and Alaska Native Center
- National Hispanic and Latino Center
- 10 Regional Centers (aligned with HHS regions)

*ATTC Network also includes 4 international HIV Centers funded by the President’s Plan for AIDS Relief
The UW-Madison: 3 TTCs

- The Great Lakes is one of two regions in the country that has all three TTCs under one umbrella at the UW-Madison

- The Center for Health Enhancement Systems Studies (CHESS) is home to the Great Lakes ATTC, MHTTC, and PTTC

- Serving HHS Region 5: IL, IN, MI, MN, OH, & WI
WHO WE ARE

THE COLLABORATIVE SYSTEMS
SAMHSA’s Vision for TTC
Operation: Network Coordinating Offices

- Network wide coordination
- Nationwide activities coordination
- Main platform for training access
- Liaison for national and international focused activities
SAMHSA’s Vision for TTC Operation: National Centers

- Serve as subject matter experts for specific populations nationally
- Support national stakeholders/entities that focus on specific populations
- Provide support for regional TTCs on issues related to specific populations
- Collaborate with NCO for nationwide activities
SAMHSA’s Vision for TTC Operation: Regional Centers

- Develop and implement regional approach for workforce development activities
- Coordinate with NCO for nationwide activities
- Coordinate with National TTCs to support specific populations in regions
- Collaborate with SAMHSA Regional Administrators to support the region
WHAT WE DO

We provide Preventative, Intervenotional, Informational, and Process Improvement training through four instructional strategies geared toward four types of educational needs through Culturally and Linguistically Appropriate Services (CLAS).

A. Universal Training
   - Mass mailings, publications, social media, websites to untargeted heterogeneous groups.

B. Targeted Training
   - Online courses, webinar series, and one day trainings

C. Process Improvement Training
   - Evidence-based model that helps behavioral health organizations improve service

D. Intensive Training Assistance
   - On-going consultation in specific communities, states and systems
Who do the TTCs Serve?*

• All practitioners
• All Organizations
• All Systems

*According to regional needs

TTCs serve everyone regardless of whether or not they are SAMHSA grantees.
Great Lakes ATTC

• Great Lakes ATTC
• Nov. 7: Recovery Leadership Symposium
• Nov. 7: Peer Support Echo (PS ECHO)
• Nov. 15: Invitation to Change Professional Training
• Nov. 22: Supervision in Peer-based Recovery Support Services: ED2Recovery
• Nov. 22: UW Project ECHO Webinar: Addiction & Co-Morbid Conditions: Enhancing Prevention & Treatment
• Visit the Great Lakes ATTC Training & Events Calendar

WHAT ELSE?

SAMHSA
Substance Abuse and Mental Health Services Administration
• Nov. 7: Youth Mental Health First Aid Training
• Nov. 7: Assertive Community Treatment (ACT) 101 Training
• Nov. 8: NIATx Change Leader Academy-Chicago
• Nov. 18: Youth Mental Health First Aid Training, Mt. Vernon, IL
• Nov. 19: Youth Mental Health First Aid Training, Springfield, IL
• Nov. 19: Masters Series-Cultural Elements: Implementation Science and Cultural Adaptation
• Nov. 20: Masters Series-Culture and Clinical Application
• Visit the Great Lakes MHTTC Training & Events Calendar

WHAT ELSE?
• Nov. 5: Gotta Have Faith: Engaging the Faith Community in Substance Use Prevention, Part 2
• Nov. 14: The Role of Prevention Practitioners in Addressing and Reducing Stigma
• Nov. 15: Invitation to Change Professional Training
• Dec. 3: Sustaining Your Positive Prevention Outcomes
• Dec. 12: Selecting and Implementing Evidence-based Practices to Address Substance Misuse Among Young Adults
• Visit the Great Lakes PTTC Training & Events Calendar

WHAT ELSE?
In Addition:

NIATx Change Leader Academy

• A one-day face-to-face workshop on the NIATx model of process improvement, followed by three months of peer networking and support from a NIATx coach
NIATx Change Leader Academy

A structured, team-based approach to change management that relies on the power of making small changes that produce results quickly.

Participants learn how to:

• Select a change project
• Set a project aim
• Engage teams in the change process
• Achieve measurable, sustainable improvements
Provide ANYONE who asks with the resources and technical assistance you need to address the opioid crisis in your communities.

Examples:

- Restoring roots
- Opioid treatment courts/MAT for incarcerated persons
- SBIRT for Care WI

WHAT ELSE?
How to Access TA from the Great Lakes TTCs

- Attend in-person and virtual Great Lakes TTC events
  - Trainings
  - Meetings
  - Learning Communities
- Participate in TTC online courses and webinars
- Utilize free, publicly available TTC resources
Connect with us

• Join our list serve

• Follow us on Twitter

• Subscribe to our quarterly newsletter

• *We love hearing from you!*
What’s not possible

• TA/training specific to an organization’s unique needs on demand, especially if the activity is not already part of our workplan

• Purchase TA from the TTCs

*Note:* We may be able suggest where you CAN purchase TA
Questions?
For more info

If you have more questions or would like to discuss TA or training needs, please reach out to me here, at our exhibit table or via email.

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https://attcnetwork.org/centers/great-lakes-attc/home
https://pttcnetwork.org/centers/great-lakes-pttc/home
https://mhttcnetwork.org/centers/great-lakes-mhttc/about-us
https://attcnetwork.org/centers/global-attc/taking-action-address-opioid-misuse
THE DUNNING-KRUGER EFFECT


Designed by @YLMSportScience
Things to consider if you want to be good at Motivational interviewing…

**top 10**
#10: Control

Do I remind myself that this patient is capable of making their own choices?

I’ll do it My Way
#9: Patient’s opinion

Do I value this patient's opinion more than my own?
#8: Reflect

Do I reflect and summarize for this patient what I am hearing?
#7: Understand

Do I seek to understand this patient?
#6: Normal

Do I reassure this patient that ambivalence to change is normal?
#5: Collaborate

Do I ask permission to give my information, feedback, advice?

APPROVED
#4: Own reasons for change

Do I encourage this patient to talk about their reasons for change?
#3: Own ideas for change

Do I invite this patient to talk about and explore their own ideas for change?
#2: Be Curious

Do I keep myself sensitive and open to the patient's issues whatever they may be?
#1: Listen
Do I listen more than I talk?
Learning MI

- Readings
- Attend 1-2 day booster workshops
- Review practitioner Guides before sessions
- Self-review audio tapes
- Find an MI coach
- MI in supervision
- MI peer support group
- Rosengren’s workbook
- Once you’ve learned about it and practiced, your clients, consumers, patients will be good teachers
We’re glad you joined us today!

We’re excited to work with you!