

IFISHE YO GUKURIKIRANA IBIJANYE NO GUFATA UMUTI

Ingero 12 z'umuti w'igituntu candukira (TB)

(MEDICATION TRACKER)

Amasango yo gufata umuti wawe

(Abaganga: Barerekana igitigiri c'ibinini kibereye hamwe n'umusi)

Umuti	Igitigiri c'ibinini ku ndwi	Incuro uwufata	Umusi
Umuti wa Isoniazid: ___ mg Umuti wa Rifapentine: ___ mg	Yose hamwe: _____ (Umuti wa Isoniazid: _____, Umuti wa Rifapentine: _____)	Rimwe mu ndwi mu gihe c'indwi 12 (amezi 3)	M T W Th F S Sun

Umuganga wawe arashobora kandi kwongeramwo Vitamin B6 mu nteguro y'umuti wawe.

Kubandanya gukurikirana ukugene ufata umuti

Ku gishushanyo kiri hepfo, shira akamenyetso mu gakwadarato hanyuma wandike igenekerezo kugira werokane igehe wafatye umuti wawe.

INDWI	Ku Wambere	Ku Wakabiri	Ku Wagatatu	Ku Wakane	Ku Wagatanu	Ku Wagatandatu	Ku Wamungu
AKARORERO 5/7 - 5/13	<input type="checkbox"/> _____	<input checked="" type="checkbox"/> 5/8	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
Indwi 1	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
Indwi 2	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
Indwi 3	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
Indwi 4	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
Indwi 5	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
Indwi 6	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
Indwi 7	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
Indwi 8	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
Indwi 9	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
Indwi 10	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
Indwi 11	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
Indwi 12	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____



Centers for Disease
Control and Prevention
National Center for HIV/AIDS,
Viral Hepatitis, STD, and
TB Prevention

www.cdc.gov/tb

CS292853BRN

URUTONDE RW'IBIMENYETSO

Ingero 12 z'umuti w'igituntu candukira (TB)

Izina ry'umurwayi: _____

Ingaruka z'umuti zisanzwe

Abantu benshi barashobora gufata umuti wabo w'igituntu TB ata ngorane na zimwe bagize. Umuti wa rifapentine urashobora gutuma amasobe yawe (umwanda muto), amate, amarira, canke icuya bisa n'ibara ry'umucungwe uhiye. Ibi ni ibisanzwe kandi iryo bara rirashobora guhera inyuma y'igihe runaka.



HAGARIKA gufata umuti wawe hanyuma **WAKURE** umuganga wawe w'igituntu TB canke umuforoma buno nyene mu gihe ugize ingorane iyo ariyo yose mu ziri hepfo:



- | | |
|--|--|
| <input type="checkbox"/> Kudirira canke gucika intege mu gihe wicaye canke uhagaze | <input type="checkbox"/> Umubiri canke ibice vyera vy'amaso yawe bihinduka umuhondo |
| <input type="checkbox"/> Kugira akayabagu gake, canke kubura akayabagu k'ibifungurwa | <input type="checkbox"/> Gufurutirwa canke kuribwa k'umubiri |
| <input type="checkbox"/> Kuribwa mu mushishito, iseseme, canke kudahwa | <input type="checkbox"/> Gufurutirwa, canke kugira uduhere dutukura canke tubenje ku mubiri wawe udashobora gusigura icaduteye |
| <input type="checkbox"/> Kubabara mu mushishito canke kuribwa mu mushishito | <input type="checkbox"/> Kuva amaraso mu mazuru, canke kuva amaraso mu binyigishi canke iruhande y'amenyo |
| <input type="checkbox"/> Kubabara hepfo mu gikiriza canke kwaka mu mutima | <input type="checkbox"/> Guhema bigoranye |
| <input type="checkbox"/> Ibimenyetso bisa n'ivyibicurane harimwo umuriro canke ata wurimwo | <input type="checkbox"/> Ububabare canke kwunva utuntu tukuzibura mu biganza, amaboko, canke mu mavi |
| <input type="checkbox"/> Kuruha bikomeye canke gucika intege | <input type="checkbox"/> Kwunva utameze neza canke guta umutwe |
| <input type="checkbox"/> Umuriro canke gushinga ubwoya bwo k'umubiri | |
| <input type="checkbox"/> Ugucibwamwo bikomeye canke amavyi afise ibara ridasanzwe (umwanda mukuru) | |
| <input type="checkbox"/> Amasobe afise ibara risa n'ivu, ibara risa n'icayi, canke ibara risa na Coca cola | |

Urasabwa kubibwira umuganga wawe canke umuforoma mu gihe ufise ibibazo ivyo arivyo vyose canke impungenge zerekeye umuti w'igituntu c'andukira TB.

Amakuru yaho woronderera muganga/Ibitaro

Izina ry'umukozi ajejwe kukwitaho: _____

Inomero ya terefone: _____

Aderese: _____

Amasaha: _____



Centers for Disease
Control and Prevention
National Center for HIV/AIDS,
Viral Hepatitis, STD, and
TB Prevention

www.cdc.gov/tb