

Reducing the Risk of SSI Using a Collaborative, Evidence Based Process

Darrell A. Campbell, Jr MD Wisconsin SSI Prevention Summit V Sept 29, 2017 A NEW YORK TIMES BUSINESS BESTSELLER

"As entertaining and thought-provoking as *The Tipping Point* by Malcolm Gladwell. . . . *The Wisdom of Crowds* ranges far and wide." —*The Boston Globe* 

THE WISDOM OF CROWDS JAMES SUROWIECKI

WITH A NEW AFTERWORD BY THE AUTHOR







**Marquette General Hospital** Northern Michigan Regional Hospital **Musson Medical Center** Mercy Hospital Cadillac McLaren - Central Michigan Sparrow Hospital Mercy Health Partners Holland Hospital Saint Mary's Health Care 🦡 Metro Health Hospital McLaren – Greater Lansing 🏎 Spectrum Health Hospitals -Borgess Medical Center . Lakeland Hospitals -Bronson Methodist Hospital . Allegiance Health System • **Bronson Battle Creek** • ProMedica Bixby Hospital

> University of Michigan Health System St. Joseph Mercy Hospital St. Mary Mercy Hospital, Livonia Garden City Hospital Oakwood Annapolis Hospital Beaumont Hospital, Grosse Pointe Botsford Hospital Henry Ford Wyandotte Hospital

**Covenant Medical Center** McLaren - Bay Region St. Mary's of Michigan Medical Center **Genesys Regional Medical Center** McLaren - Hint McLaren - Lapeer Region **Hurley Medical Center** St. Joseph Mercy Oakland **Crittenton Hospital Medical Center** McLaren - Oakland **Henry Ford Macomb Hospital** St. John Macomb Oakland Hospital St. Joseph Mercy Port Huron **Port Huron Hospital Beaumont Hospital, Troy Henry Ford West Bloomfield Hospital Beaumont Hospital, Royal Oak Providence Hospital** McLaren - Macomb Huron Valley Sinai Hospital **Sinai-Grace Hospital Henry Ford Hospital** St. John Hospital and Medical Center **Detroit Receiving Hospital and Medical Center Harper University Hospital Oakwood Hospital And Medical Center** 

Members/affiliates as of March, 2012

#### For more information about MSQC, please visit our website WWW.MSQC.Org



#### Michigan Stadium

# 107,501





#### 425,000 cases: 137 data elements/ case



- Prospective
- Standardized definitions
- trained nurse reviewers
- interrater reliability
- defined endpoints
- 30 day mortality
- 30 day morbidity
- RISK ADJUSTMENT





#### Michigan Surgical Quality Collaborative

#### A Patient Safety Organization













#### Close collaboration with BCBSM/BCN

#### **2011 Blue Works Award**









#### 90 day episode cost vs Quality Composite

#### Figure . Composite Score and Total Episode Payment with 95%CI for Regression Fit



# BCBSM pays less as quality improves







# MSQC

# Celebrating 12 Years of Collaboration

#### 2005-2017















# Data driven, hands on

- Develop a positive culture
- Establish a Learning Health System
- Prioritize
- Standardize definitions, endpoints, collect data
- Use data to inform strategy
- Feedback data on implementation
- Determine best practices for implementation
- Evaluate results







# Develop a positive culture







#### Why we do what we do

Autonomy Mastery Purpose

"The best use of money as a motivator is to pay people enough to take the issue of money off the table" (Pay for participation)



"Provocative and fascinating." — MALCOLM GLADWELL

#### Daniel H. Pink

author of A Whole New Mind







ue Care Network



# Culture is important

# FRIENDLY

- Collegial
- Non-competitive
- Evidence-based









- We will not use the data for competitive advantage (no billboards)
- Information shared at working group meetings is confidential
- There are no secrets among our group







#### Site Visits to MSQC Hospitals







Blue Cross Blue Shield Blue Care Network of Michigan



## The site visit fills an important gap

- Team building!
- Validate quantitative information- does it have "face value"
- Identify barriers to implementation
- Collect new qualitative info

- **Troy-Beaumont**
- Allegience
- Genesys
- Marquette
- Hurley
- Sparrow
- St Joseph-AA
- Oakwood







## "Best Practice" Colectomy Panel







Blue Cross Blue Shield Blue Care Network of Michigan



# Establish a Learning Health System





### MSQC is a Learning Health System

• Routinely and efficiently study and improve itself

Celebrating 10 Years of Collaboration

- Develop data and analytics
- Feedback of knowledge
- Change behavior to improve health outcomes









## Success factors for the MSQC

#### STRUCTURE

- Financial support
- Flexible to user needs
- Reliable data (doctors believe it)
- Quality data (robust IRR audit schedule)
- Regional rather than national organization
- 24/7 web-based , risk-adjusted reporting & data entry
- Multidisciplinary & interdisciplinary
- Academically-based
- Nurses as data reviewers
- Site visits



#### CULTURE

- High standards
- Non-threatening
- Non-competitive
- Engagement
- Exceptional customer service
- Commitment to discovery and innovation







# Prioritize

Dangerous Frequent Costly









# Society of Actuaries 2010

# Claims data 24 million cases

- Pressure ulcers 3.9\$ billion
- Post op infections 3.7\$ billion
- Mechanical complications of devices, implants or grafts 1.1\$ billion
- Postlaminectomy syndrome 1.1\$ billion
- Hemorrhage complications .96\$ billion









#### How to prevent SSI in Michigan

#### A Major MSQC Initiative











# Evidence base not followed

- SCIP 1 82% overall compliant (57%) for emergent)
- SCIP 2 80% overall compliant (53% for emergent)
- Weight based dosing 55% compliant
- Redosing at 3 hours 7% compliant
- Oral antibiotic w bowel prep 39%







# Standardize definitions and endpoints, collect data







# Use data to inform strategy 420,000 cases in MSQC database 137 variables per case What factors are independently associated with low infection rates?







#### The Colectomy Bundle

- Commonly performed procedure
- Surgical technique changing rapidly
- High incidence of complications









Derived from multivariable logistic regression analysis

- Use of appropriate parenteral antibiotics
- Oral non absorbable antibiotics also
- Maintenance of temperature during surgery
- Control of blood glucose level
- Use of laparoscopic approach to surgery
- Short duration of surgery



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# How many bundle elements per case?







#### **SSI-Total Rate by Bundle Score**



**Bundle Compliance** 









**Bundle Compliance** 







### Feedback data on implementation





## **Colectomy Composite Score**

#### DOMAIN D: SSI COLECTOMY BUNDLE\*

Adjusted and Rescaled Average with 90%, 95% and 99% CIs by Hospital and Star Rating\*\* Elective Colectomy\*\*\*, MSQC 2012-2014 (50 hospitals, 4,042 cases)



Star Rating (95%Cl) 🛛 \* 🗆 \*\* 🔲 \*\*\*

\*Calculated as the sum of point values for six components: 1) Appropriate IV prophylactic antibiotics, 2) Postoperative normothermia (temp>96.8°F), 3) Oral antibiotics with mechanical bowel prep, 3) Postoperative day 1 glucose =140mg/dl, 4) Minimally invasive surgery, 5) Short Operative Duration (<100min).

\*\*Reliability adjusted for hospital as a Bayesian random effect. Scaling on a 0 to 1 range. Star rating is determined by non-overlap of 95%CIs with the overall average.

\*\*\*CPT code in 44140, 44160, 44204 and 44205.



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#### SSI Bundle Colectomy









#### SSI Bundle Colectomy

SSI Bundle Component	Portion of Explained Variation (%)
Minimally Invasive Surgery	10.2
Oral Antibiotics w. Mech. Bowel Prep	6.3
Appr. IV Prophylactic Antibiotics	5.6
Post-op day 1 Glucose<=140mg/dl	3.5
<b>Operative Duration &lt;100min</b>	3.0
Post-op Normothermia	0.4






## A Statewide Assessment of Surgical Site Infection Following Colectomy

The Role of Oral Antibiotics

Michael J. Englesbe, MD,\* Linda Brooks, RN,\* James Kubus, MS,\* Martin Luchtefeld, MD,† James Lynch, MD,‡ Anthony Senagore, MD,† John C. Eggenberger, MD,§ Vic Velanovich, MD,¶ and Darrell A. Campbell, Jr., MD\*

#### Oral Antibiotics with a Bowel Preparation Prior to Elective Colon Surgery



\* P < 0.05

FIGURE 3. Surgical site infection rates among propensity matched cohorts of patients who either did or did not receive oral nonabsorbable antibiotics at the time of mechanical bowel preparation prior to elective colon surgery. Patients that received oral antibiotics were observed to have significantly lower rates of organ space infections, superficial surgical site infection, and overall surgical site infection rates.





#### Trends



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### **Bundle Implementation**

Bundle Elements	2012	2015	% Change
Appropriate Antibiotics	87.4%	89.1%	+ 2
Normothermia	94.8%	96.3%	- 3
Oral Antibiotics	54.9%	67.4%	+ 23
Glucose < 150	57.2%	66.1%	+ 16
Weight Based Dosing	87.1%	95.4%	+ 10
Redosing > 3 Hours			
Minimally Invasive Surgery	44.0%	56.2%	+ 28
Operative Duration < 100 min	33.4%	27.9%	- 16
Ave. Bundle Elements/Case	3.56%	3.95%	+ 11







### **Evaluate results**















#### **Core Cases**









### **Elective General Surgery**



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### **Elective Colectomy**



\*CPT codes 44140, 44204, 44207, 44208, 44141, 44143, 44144, 44146, 44206, 44145, 44147, 44160, 44205, 44150, 44151, 44210, 44155, 44156, 44157, 44158, 44211, 44212.

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### Open vs lap SSI



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### **Elective Colectomy**



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#### **Total SSI After Colectomy\***

Hospitals in Michigan vs Hospitals Outside of Michigan, 2008-2014









# What about parenteral antibiotics?







• 121 different antibiotic combinations for the same operation

• SCIP-2 compliant 2,431

• SCIP-2 non-compliant 389 (16%)







- cefoxitin (n=602),
- cefazolin and metronidazole (n=554),
- ertapenem (n=506),
- ampicillin/sulbactam (n=215), and
- cefotetan (n=206)
- ciprofloxacin and metronidazol (n=121)
- cefazolin (n=193)





Intervals

Sleave on SSI Logistic HLM SCIP2 Drug Model: Odds Ratios and Confidence





# Determine best practices for implementation

### Bundle Elements Antibiotic Choice (Parenteral)









### SSI Bundle Colectomy

#### **Trends for Non-actionable Bundle Items**



<sup>\*</sup>Elective colectomy with a principal procedure CPT of 44140, 44160, 44204, or 44205 and an operation date between 1-jul-2012 and 31-mar-2016. MsqcStatsTicket: t1030e3721v6\_fig4







**Appropriate SCIP-2** prophylactic intravenous antibiotics Postoperative normothermia (temperature of >96.8F) Oral antibiotics with mechanical bowel preparation ("Nichols prep") Minimally invasive surgery

Postoperative day-1 glucose < 140 mg/dL

Short operative duration

Process Measures Actionable

Cefazolinmetronidazole

Oral antibiotics with mechanical bowel preparation

Postoperative day-1 glucose < 140 mg/dL









### SSI Bundle Colectomy

#### Trends for SSI-Total and SSI Bundle (3-items)



<sup>\*</sup>Elective colectomy with a principal procedure CPT of 44140, 44160, 44204, or 44205 and an operation date between 1-jul-2012 and 31-mar-2016. MsqcStatsTicket: t1030e3721v6\_fig1







### SSI Bundle Colectomy

#### Trends for SSI-Total and SSI Bundle (3-items)



<sup>\*</sup>Elective colectomy with a principal procedure CPT of 44140, 44160, 44204, or 44205 and an operation date between 1-jul-2012 and 31-mar-2016. MsqcStatsTicket: t1030e3721v6\_fig2





#### Greater Colectomy Bundle Compliance Associated with Decreased Rates of Complications







### SSI Bundle Colectomy

#### **Antibiotic Choice Trends**



\*Elective colectomy with a principal procedure CPT of 44140, 44160, 44204, or 44205 and an operation date between 1-jul-2012 and 31-mar-2016. MsqcStatsTicket: t1030e3721v6\_fig4







### **Evaluate Progress**





Adapted from IHI Process Improvement Model



Blue Cross Blue Shield Blue Care Network of Michigan



## Hysterectomy Bundle

#### GYNECOLOGY

Are perioperative bundles associated with reduced postoperative morbidity in women undergoing benign hysterectomy? Retrospective cohort analysis of 16,286 cases in Michigan

John A. Harris, MD, MSc; Anne G. Sammarco, MD, MPH; Carolyn W. Swenson, MD; Shitanshu Uppal, MD; Neil Kamdar, MA; Darrel Campbell, MD; Sarah Evilsizer, RN; John O. DeLancey, MD; Daniel M. Morgan, MD AJOG 2016

- Surgical approach
- Antibiotics
- Avoidance of hemostatic agents
- Operative time







#### **Outcomes with Hysterectomy Bundle**









## Hysterectomy Bundle

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- Surgical approach
- Antibiotics
- Avoidance of hemostatic agents
- Operative time







#### **Appropriate Antibiotic Choice & Timing**

#### Antibiotic choices

## 1. Cephalosporins equivalent to Gentamicin and Clindamycin?

#### 2. Cefazolin equivalent to 2<sup>nd</sup> generation (cefoxitin)?

#### 3. Cefazolin versus Cefazolin + Flagyl?





### Prophylactic Antibiotic Choice and Risk of Surgical Site Infection After Hysterectomy

Shitanshu Uppal, MBBS, John Harris, MD, Ahmed Al-Niaimi, MD, Carolyn W. Swenson, MD, Mark D. Pearlman, MD, R. Kevin Reynolds, MD, Neil Kamdar, MS, Ali Bazzi, MS, Darrell A. Campbell, MD, and Daniel M. Morgan, MD

Beta-lactam antibiotics (n=17,827; 79.1%) Cephalosporins, 1<sup>st</sup> generation: 15,178; 85% Cephalosporins, 2<sup>nd</sup> generation: 2,415; 13.5% Ampicillin and sulbactam: 213; 1.2% Ertapenem: 21; 0.3% Beta-lactam alternatives (n=2,878; 12.8%) Clindamycin and gentamicin or quinolone or aztreonam: 2,404; 83.0% Metronidazole and gentamicin or quinolone: 450; 15.6% Others<sup>†</sup>: 24; 0.8%

Nonstandard antibiotics (n=653; 2.8%) Clindamycin alone: 438; 67.0% Gentamicin alone: 53; 8.1% Aztreonam alone: 36; 5.5% Metronidazole alone: 30; 4.6% Others<sup>†</sup>: 96; 14.7%

79% Beta Lactam 13% Beta Lactam Alternatives





### Prophylactic Antibiotic Choice and Risk of Surgical Site Infection After Hysterectomy

Shitanshu Uppal, MBBS, John Harris, MD, Ahmed Al-Niaimi, MD, Carolyn W. Swenson, MD, Mark D. Pearlman, MD, R. Kevin Reynolds, MD, Neil Kamdar, MS, Ali Bazzi, MS, Darrell A. Campbell, MD, and Daniel M. Morgan, MD (Obstet Gynecol 2016;127:321–9)



#### GYNECOLOGY

#### Reducing surgical site infections after hysterectomy: metronidazole plus cefazolin compared with cephalosporin alone

Sara R. Till, MD, MPH; Daniel M. Morgan, MD; Ali A. Bazzi, MD; Mark D. Pearlman, MD; Zaid Abdelsattar, MD, MSc; Darrell A. Campbell, MD; Shitanshu Uppal, MBBS

Risk adjusted\* rates of surgical site infection











# "Non traditional" approaches to reducing SSI

Linkage to anesthesia Local anesthesia Prehabilitation Minimally invasive surgery









### Kheterpal et al

Anesthesiology Performance Improvement and Reporting Exchange



#### www.aspirecqi.org





#### Integration of Surgery and Anesthesia

#### Anesthesia management profoundly influences "surgical" outcomes and resource utilization



#### At present non-standardized

- Use of Nerve block vs GA
- Epidural vs GA
- Transfusion threshold
- Volume of resuscitation
- BP mgt w Neosynephrine
- Mgt of Post op Nausea and Vomiting
- Mgt of Post op pain
- Intra op glycemic control
- Maintenence of Normothermia
- Discontinuation of pre op ASA
- Use of pre op Beta blockers, statins







#### Local Anesthesia: A Strategy for Reducing Surgical Site Infections?



Jay S. Lee • Awori J.Hayanga • James J.Kubus •Henry Makepeace • Max Hutton • Darrell A. Campbell, Jr. Michael J.Englesbe





Blue Cross Blue Shield Blue Care Network of Michigan


## 

#### Michigan Surgical Home and Optimization Program

CMS Innovation Center 2014: \$6.4 million to place MiSHOP in 40 MSQC Hospitals









Stop smoking-incentive spirometer **Progressive ambulation** (pedometer) HgbA1c for diabetics Correct anemia (hct <30%) Nasal culture for Staph Evaluate for sleep apnea Antibacterial soap X 3 days Consider starting a Beta blocker Consider starting a statin Nutritional Counseling







# Open vs lap SSI



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# DAC at 10









#### DAC at 65









### Even older







 $\mathbf{\Lambda}$ 

2005 2015

# Success

#### ... is a relative term

Age 4	Not peeing in your pants	Age 80
Age 12	Having friends	Age 75
Age 18	Having a drivers license	Age 70
Age 20	Having Healthy sex life	Age 60
Age 35	Having money	Age 50







### MSQC Team













