WI HAI in LTC 2017 Spring Conference

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Antibiotic Stewardship: Why it Matters in Nursing Homes & Where to Begin

Christopher J. Crnich, MD PhD

Associate Professor
Department of Medicine, Division of Infectious Diseases
University of Wisconsin School of Medicine and Public Health
Madison, WI



Disclosures



- R18HS022465-01A1
- R18HS023779-01



- PPO 16-188 (HSR&D Pilot)
- HX001091-01 (HSR&D CREATE)

Consultant Activities:

- Zurex Pharmaceuticals (Madison, WI): provide strategic advice on development and testing of the company's novel anti-septic platform (<\$5,000).
- 2. <u>Deb Group</u> (SC Johnson Subsidiary, Charlotte, NC): provide strategic advice on evaluating the company's automated hand hygiene monitoring technology (<\$5,000).

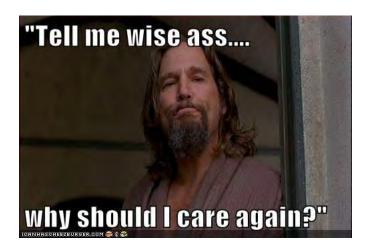




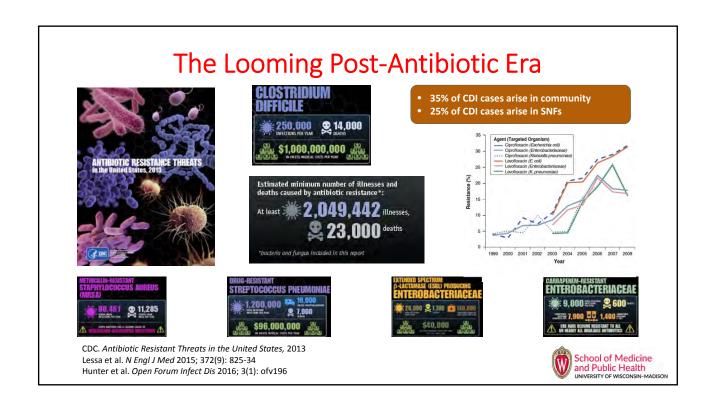
Objectives

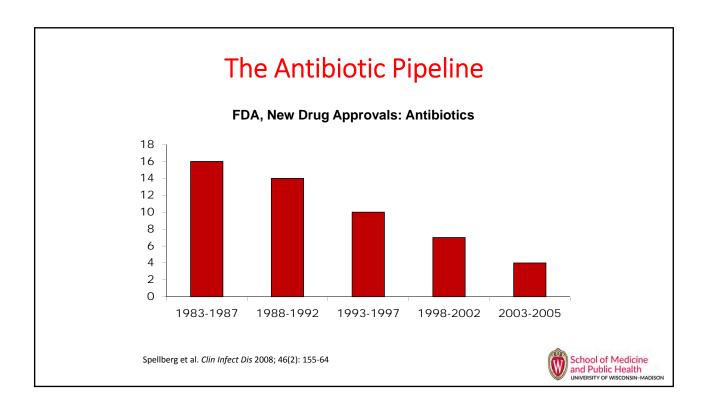
- Antibiotic resistance the big picture
- Effects of antibiotics on individuals, facilities & communities
- Patterns of antibiotic use in nursing homes
- What is antibiotic stewardship?
- Barriers to stewardship in NHs
- Where to start







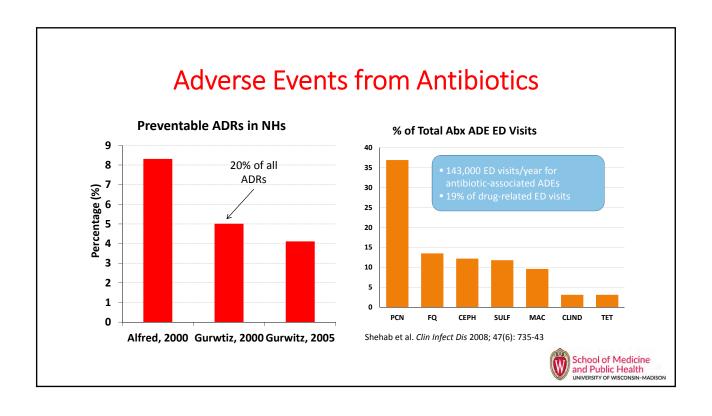


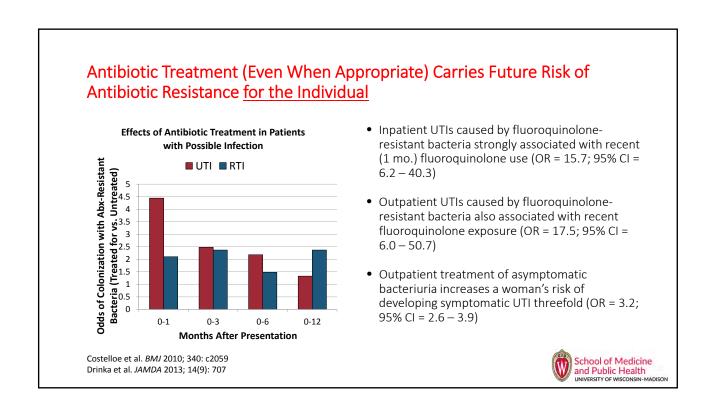


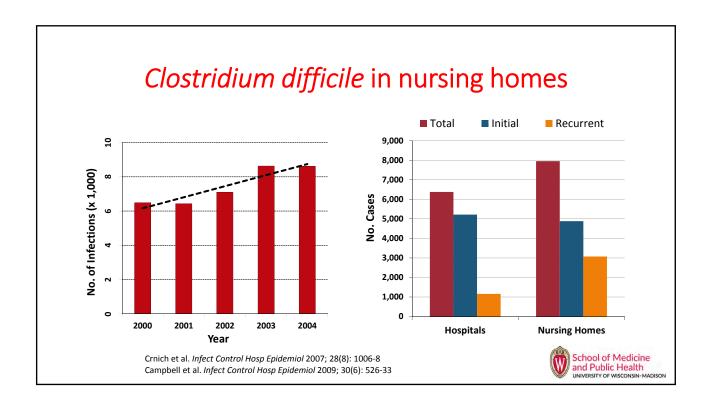
Harmful Effects of Antibiotics: Individual Level

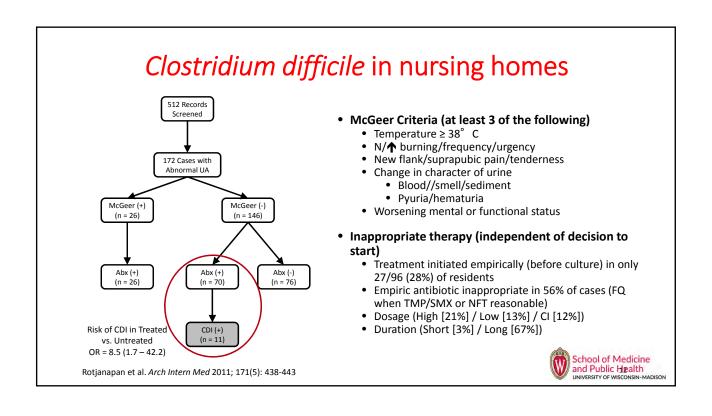
- Adverse drug events (ADEs)
- Antibiotic resistance
- Clostridium difficile











Harmful Effects of Antibiotics: Facility Level (clinical)

Frequency of adverse events among residents <u>not</u> exposed to an antibiotic 10 9.5 8.5 8.5 Low Use Medium Use High Use

Daneman et al. *JAMA Intern Med* 2015; 175(8): 1331-9 Mody & Crnich et al. *JAMA Intern Med* 2015; 175(8): 1339-41

Setting:

- 607 NHs in Ontario; categorized into tertiles of antibiotic use (low, medium, high)
- 110,000 NH residents followed for 2 years.

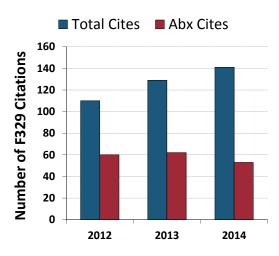
<u>Study Endpoint</u>: Combined rate of *C. difficile*, diarrhea/gastroenteritis, infection with antibiotic-resistant bacteria and adverse drug event (ADE)

Results:

- ~83,000 NH residents received an antibiotic & ~27,000 residents did not receive an antibiotic
- Risk of experiencing the combined endpoint was 24% higher in high-use NHs, even if the resident never received an antibiotic (Figure)

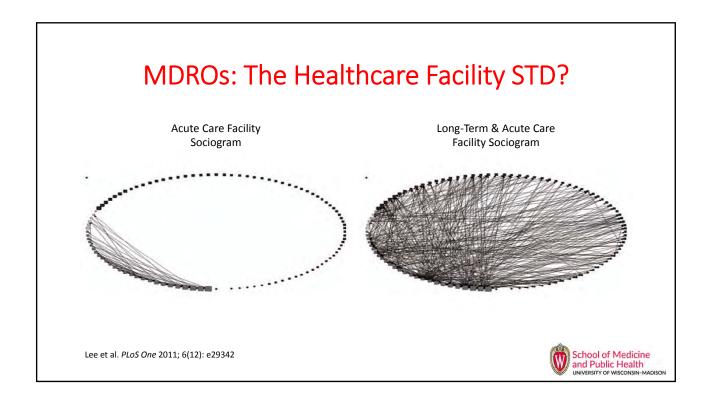


Harmful Effects of Antibiotics: At the Facility Level (regulatory)

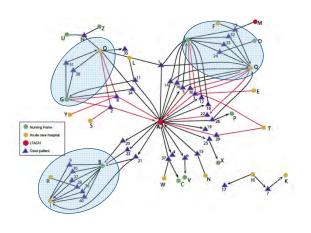


- Inappropriate antibiotic use is a common survey citation in Wisconsin.
- In November 2018, nursing homes will be required to have an antibiotic stewardship program which will likely influence the survey process.





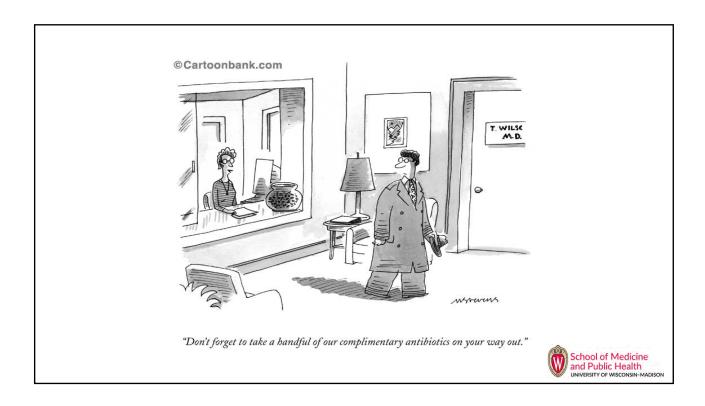
Harmful Effects of Antibiotics: Community Level



Won et al. Clin Infect Dis 2011; 53(6): 532-40

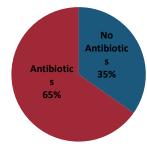
- NH residents prescribed antibiotics are more likely to be colonized with antibiotic-resistant bacteria which can be spread to other.
- The high rate of transfers between NH and hospitals creates opportunities for the regional spread of resistant bacteria
- FIGURE: a recent study in Chicago demonstrated that NHs (green circles) played an important role in the spread (shaded areas) of a highly antibiotic-resistant bacteria* between city hospitals (orange circles).
 - * carbapenem-resistant *Klebsiella pneumonia*, a bacteria that commonly causes urinary tract infections.





Antibiotics are Commonly Prescribed in Nursing Homes

2/3rds of residents who stay in a NH for at least 6 months will be prescribed at least 1 course of antibiotics.

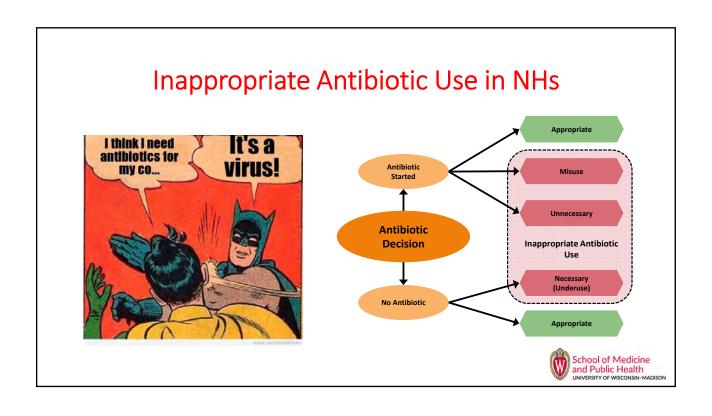


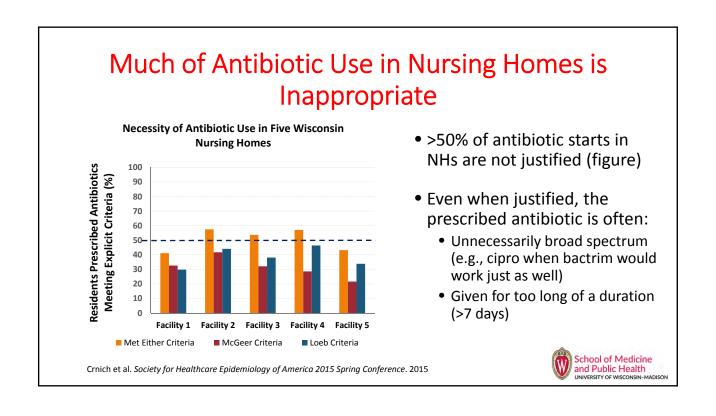
Crnich et al. ID Week 2012, San Diego, CA

Many residents are prescribed multiple courses of antibiotics during their NH stay.

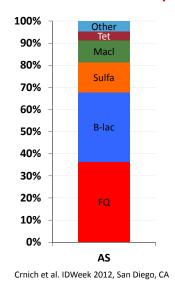
- 60% of all antibiotics prescribed in NHs are administered to 20% of the residents
- In one of our studies, we observed that a single resident received 14 courses of antibiotics over 12 months







Broad-Spectrum Antibiotic Use in NHs



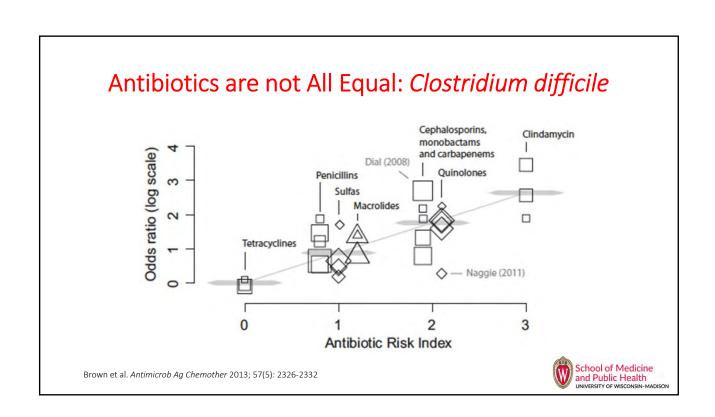
Pickering et al. J Am Geriatr Soc 1994; 42(1): 28-32

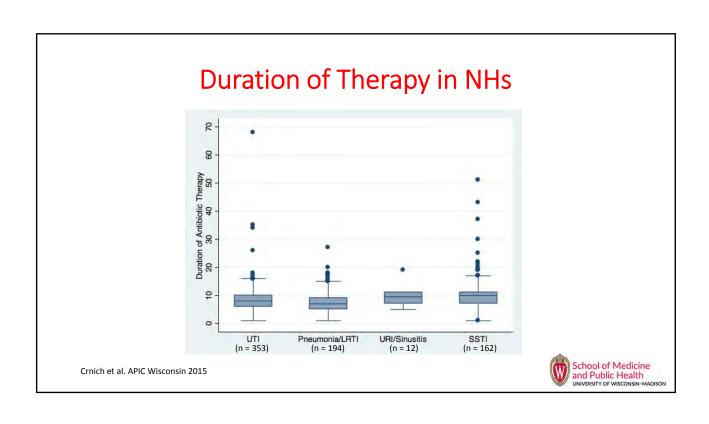
- Random chart review of a sample of all ciprofloxacin orders (100 of 323)
- 72/100 orders deemed inappropriate by implicit review
 - 23/72 due to indication
 - 49/72 due to better alternative

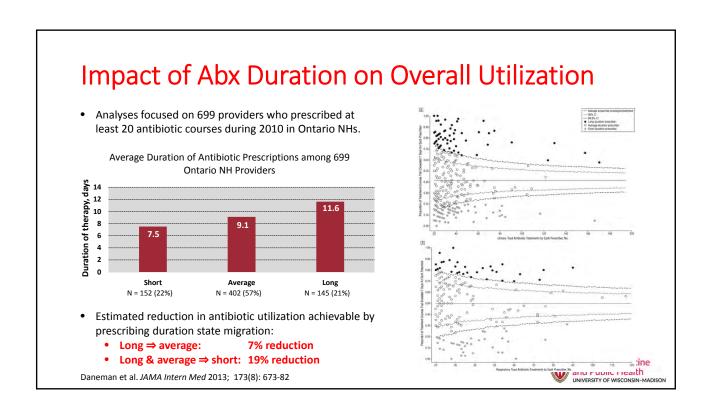
Rotjanapan et al. Arch Intern Med 2011; 171(5): 438-43

- Treatment initiation often delayed until culture results available (69/96 starts [72%])
- 56% of starts involved an unnecessarily broad antibiotic (e.g., FQ when TMP/SMX or NFT active)
- Duration: too short [3%] / too ong [67%])









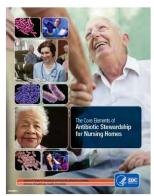


Putting antibiotic stewardship into practice



CDC. Core Elements of Hospital Antibiotic Stewardship Programs. Atlanta, GA: US Department of Health and Human Services, CDC; 2014. Available at

http://www.cdc.gov/getsmart/he althcare/ implementation/coreelements.html.

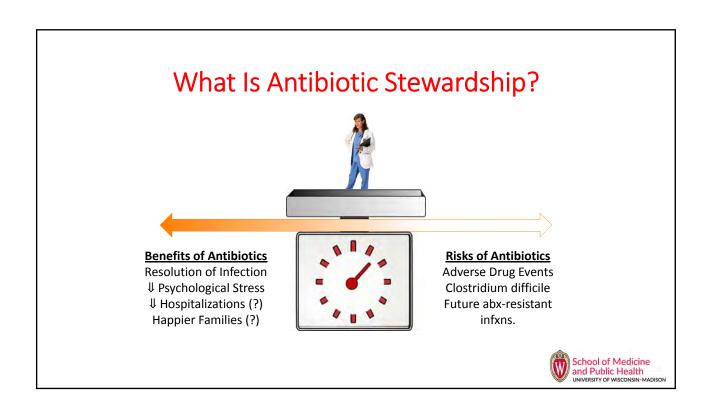


CDC. The Core Elements of Antibiotic Stewardship for Nursing Homes. Atlanta, GA: US Department of Health and Human Services, CDC; 2015. Available at: http://www.cdc.gov/longtermcar e/index.html



Sanchez, G.V., Fleming-Dutra, K.E., Roberts, R.M., Hicks, L.A. *Core Elements of Outpatient Antibiotic Stewardship*. MMWR Recomm Rep 2016;65(No. RR-6):1–12.





Comparing ASP in Hospitals and NHs

	Hospitals	Nursing Homes
External pressure for ASP	(Increasingly) Yes	(Increasingly) Yes
ASP cost savings accrue to facility	Yes	Context-dependent
Strong IT infrastructure	(Mostly) Yes	No
In-house pharmacy support	Yes	Context-dependent
Access to ID expertise	(Usually) Yes	(Usually) No
Prescribers directly perform the initial assessment	Yes	Context-dependent
Prescribers <u>able</u> to perform direct reassessments	Yes	Context-dependent

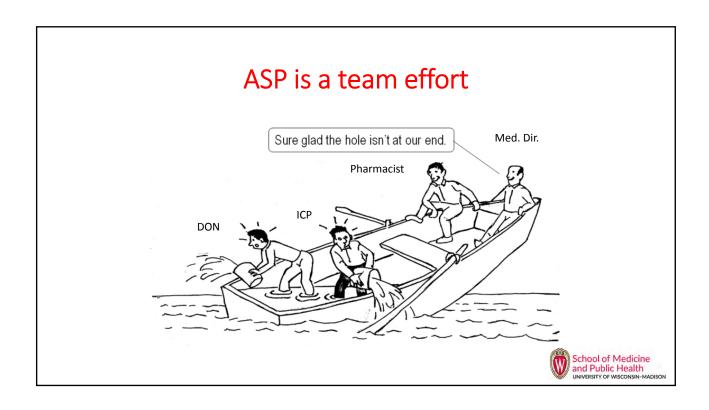




Identify an individual to be responsible for leading the ASP team







ASP team tasks

Pre-Prescribing

- Policy/procedure development (Core)
- Education & promotion (Core)
- Facility utilization reports (Core)
- Development of facility antibiogram (Advanced)
- Facility-specific prescribing guideline (Advanced)
- Provider feedback reports (Advanced)

Post-prescribing

Audit & feedback (Advanced)

Nursing Practice

- SBAR (Core)
- Avoiding unnecessary urine testing (Core)
- Antibiotic timeout (Core)

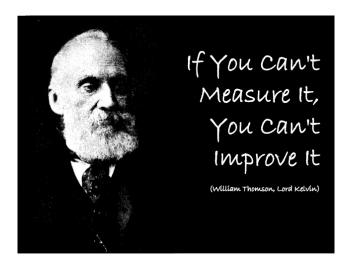


Policies for Infection Diagnosis and Treatment Etiquette

- Eliminate reagent strip testing of urine for the evaluation of resident change-in-condition
- Carefully assess unintended consequences of testing delegation protocols
- Process & tools for assessing and communicating resident change-incondition
- All antibiotic orders should stipulate an indication, drug, dose, & duration.
- Eliminate test-of-cure urine cultures
- Discourage use of prophylactic antibiotics



Measure antibiotic utilization





Objectives of Measurement

	Internal Measurement	External Measurement
Where are we?	+	+++
Where do we need to be?	+	+++
What needs to change?	+++	+
Should we change?	++	+++
Is the change working?	+++	++
		and Public Hea

Issues Related to Measurement of Antibiotic Use in SNFs

- What should be measured?
- How do we obtain these measures?
- Do we risk adjust these measures?



Which Measures?

Utilization	Appropriateness	
Antibiotic start (event)	• Necessity	
 Days of therapy (DOT/AUR) 	• % of courses exceeding "X" days	
• Length of therapy (LOT)	Appropriateness of spectrum	
 Defined daily dose (DDD) 	Appropriateness of dose	
• Costs (per a-day/r-day)		

Mylotte J. J Am Med Dir Assoc 2016; 17(7): e13-8



Antibiotic Starts

- Pros
 - Many facilities are already doing this (typically counts only)
 - Aligned with current 24-hour report & infection log processes
 - Relatively easy to marry with treatment indication
 - Not influenced by prophylactic therapy
 - Can be easily modified to exclude hospital-initiated antibiotics
- Cons
 - Current data systems dictate reliance on manual data abstraction methods
 - If automated, could be inflated by intermittent therapy (fosfomycin, vancomycin), treatment interruptions and treatment modifications
 - Suboptimal reliability of 24-hour report/infection logs
 - Does not address prophylactic antibiotics
 - Does not address dimensions of appropriateness (necessity, duration, spectrum)



Days of Therapy (DOT)

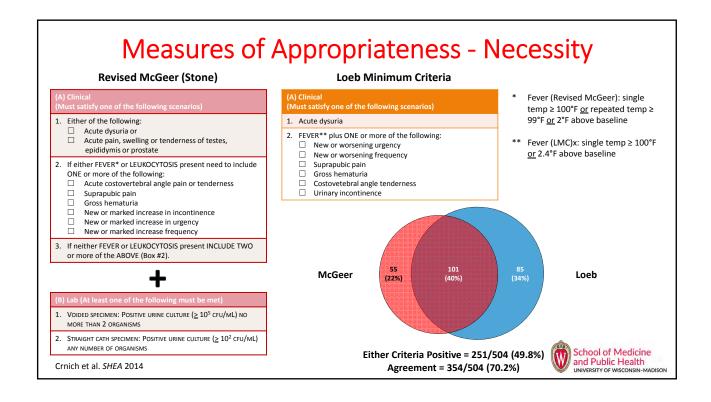
Pros

- Identical to the hospital AU measure
- Does provide indirect information on length of therapy (not the case in hospitals)
- More amenable to automation than antibiotic starts

Cons

- · May be difficult to parse out hospital-initiate antibiotics
- May be difficult to parse out prophylactic antibiotics
- May be difficult to parse out relative contribution of different treatment indications
- Only captures information on one dimension of appropriateness (duration)

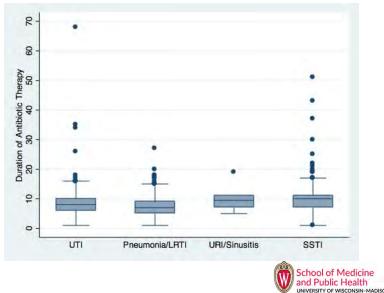




Measures of Appropriateness - Duration

- 50% of facility-initiated Abx treatment courses exceed 7 days
- 20% of antibiotic utilization can be eliminated by shortening treatment courses to 7 days or less
- Measures
 - DOTs
 - % of facility-initiated treatment courses exceeding 7 days

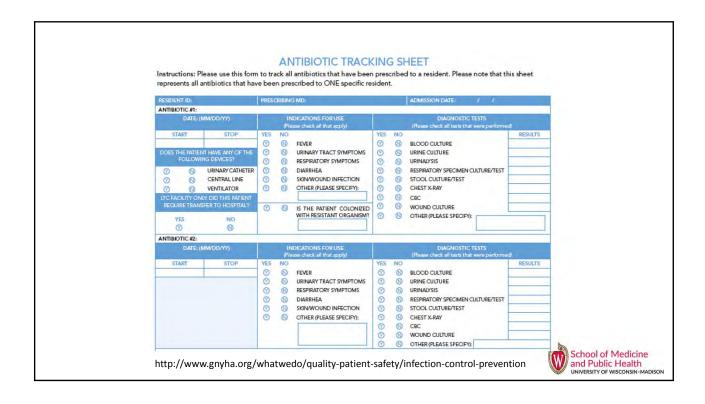
Crnich et al. APIC Wisconsin 2015 Daneman et al. *JAMA Intern Med* 2013; 173(8): 673-82



Other Measures of Appropriateness

- % of facility-initiated treatment courses that are guideline concordant
- % of facility-initiated treatment courses in which specific classes of antibiotics utilized (e.g., fluoroquinolones)
- Spectrum Score
- Medication appropriateness index





Suggestions for developing tracking workflows

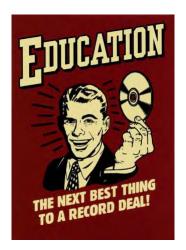
- Start having conversations with facility pharmacy
 - Most pharmacy services maintain a database that details drug, dispense date and days of therapy that was dispensed
 - They will not often have data on indication or appropriateness
- Offload primary data collection to frontline staff
 - Every facility uses a 24-hour board that can potentially be adapted to capture discrete resident information
 - Can get information on antibiotic starts, duration of therapy and indication
 - Will be difficult to incorporate appropriateness (duration being an exception)
- Integrate into infection surveillance activities
 - IP is required to maintain line-list of infections in the facility
 - It is minimal effort to capture data on antibiotic use
 - Can assess appropriateness



Other suggestions

- Use cross-sectional approaches to identify problem areas
- Design prospective tracking efforts with your improvement activities in mind
 - Focus on tracking UTI treatment if your efforts are only focused on UTI
 - Make sure you have some tool for assessing diagnosis shifting (everyone who used to have UTI now has respiratory tract infection)
- Trend your data using incidence densities (e.g., events per 1,000 resident-days) rather than count data
- Be careful when comparing your data to external data









https://www.coursesites.com/webapps/Bb-sitescourse-creation-BBLEARN/courseHomepage.htmlx?course_id=_348 931_1







Articles

Effects of internet-based training on antibiotic prescribing rates for acute respiratory-tract infections: a multinational, cluster, randomised, factorial, controlled trial

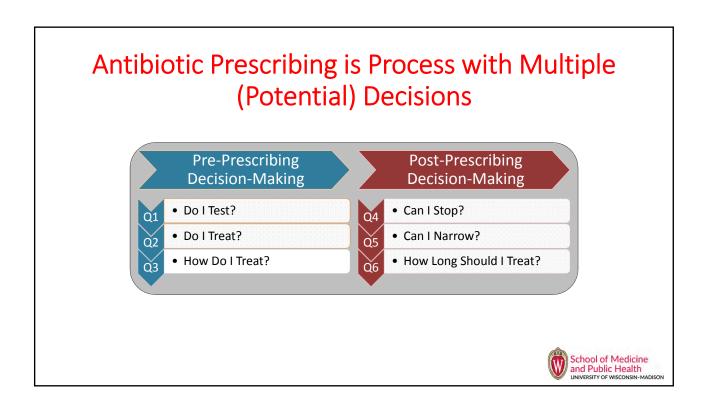


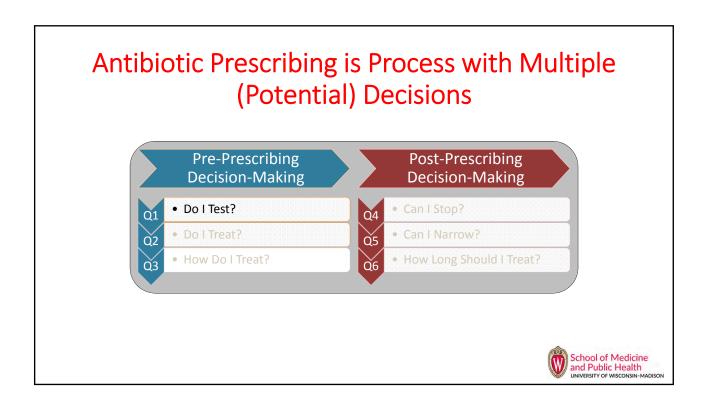
Paul Little, Beth Stuart, Nick Francis, Elaine Douglas, Sarah Tonkin-Crine, Sibyl Anthierens, Jochen W L Cals, Hasse Melbye, Miriam Santer, Michael Moore, Samuel Coenen, Chris Butler, Kerenza Hood, Mark Kelly, Maciek Godycki-Cwirko, Artur Mierzecki, Antoni Torres, Carl Llor, Melanie Davies, Mark Mullee, Gilly O'Reilly, Alike van der Velden, Adam W A Geraghty, Herman Goossens, Theo Verheij, Lucy Yardley, on behalf of the GRACE consortium

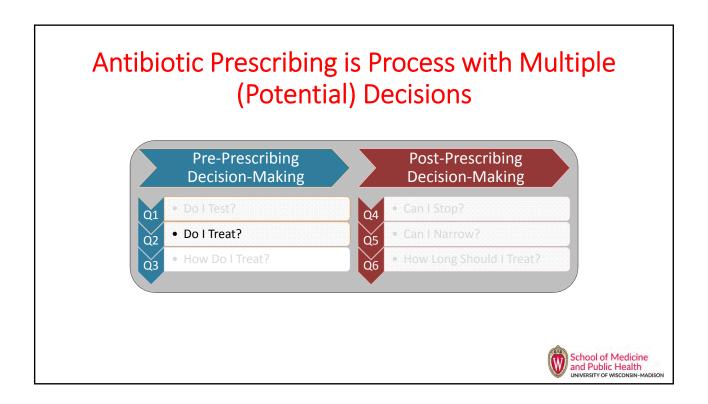
Little et al. Lancet 2013; 382(9899): 1175-82
AHRQ Antibiotic Stewardship Toolkit – available at https://www.ahrq.gov/nhguide/index.html

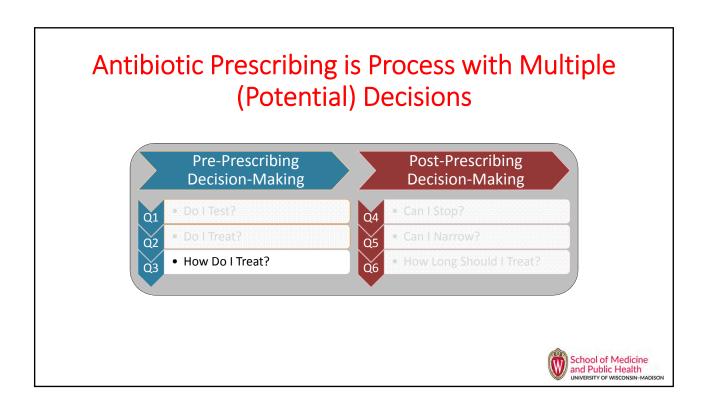
RRR = 32%; ARR = 9%
School of Medicine
and Public Health
university of Wisconsin-Madison

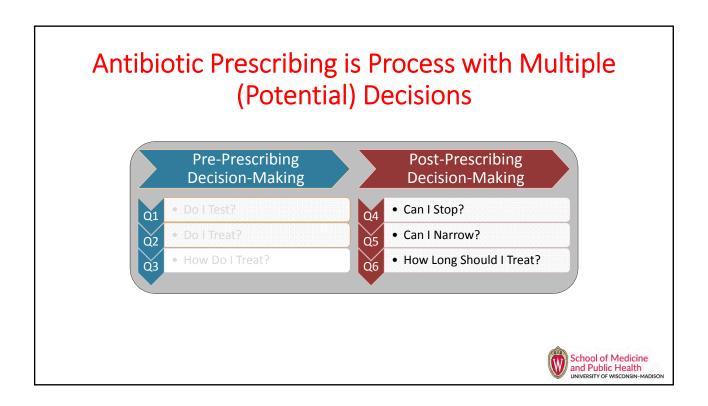










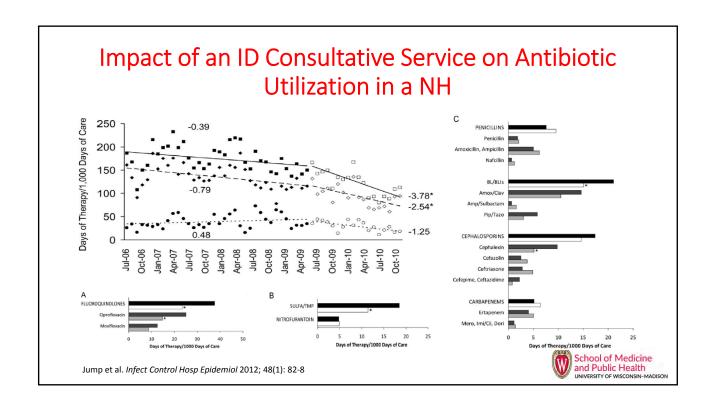


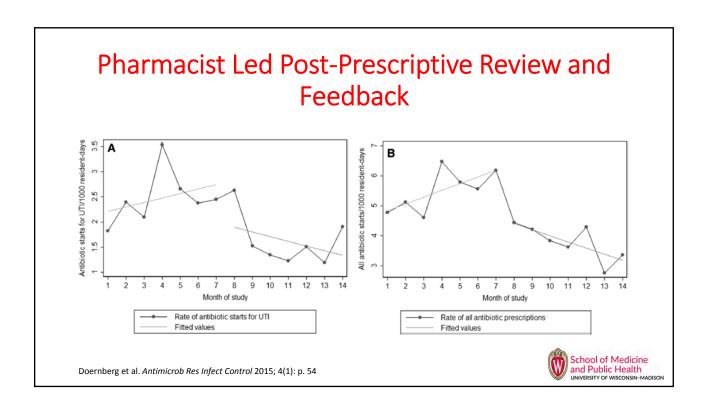
Frequency of Opportunities to Modify Antibiotic Therapy

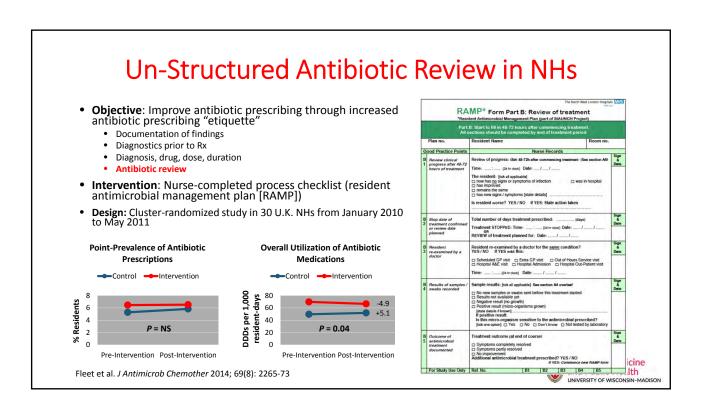
- 162 antibiotic starts for UTI in 3 Wisconsin NHs were examined in detail.
- Almost 50% of the antibiotic courses initiated for UTI were amenable to change
 - STOP OPPORTUNITY: 4/12 (33%) of antibiotic courses initiated for a UTI indication were continued despite negative culture results.
 - CHANGE (ESCALATE) OPPORTUNITY: 8/25 (32%) of antibiotics were not modified despite a
 culture result demonstrating resistance to the empirically-initiated antibiotic regimen.
 - CHANGE (DE-ESCALATE) OPPORTUNITY: 36/60 (60%) of the cases treated with a fluoroquinolone (i.e., cipro) could be changed to another antibiotic with a lower risk of side effects and resistance (e.g., nitrofurantoin)
 - SHORTEN OPPORTUNITY: 80/162 (49%) of the cases were treated for more than 7 days even though data suggests treatment durations for UTI should rarely exceed this duration.

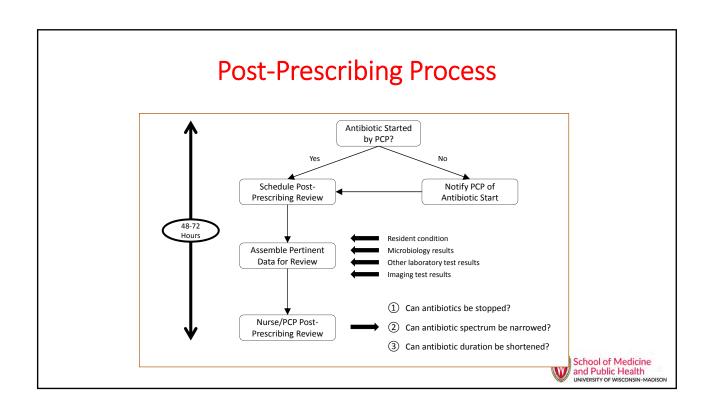
Crnich et al., unpublished data

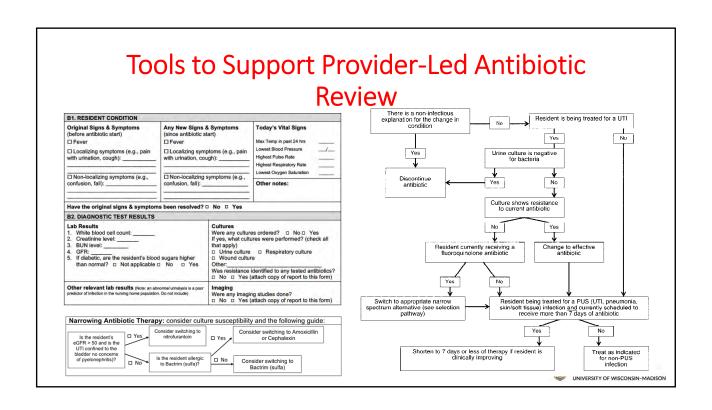












Thank You

