

CIVIL MONEY PENALTY (CMP) FUNDED PROJECT FINAL REPORT



DEPARTMENT OF HEALTH SERVICES / DIVISION OF QUALITY ASSURANCE QUALITY ASSURANCE AND IMPROVEMENT COMMITTEE

This project report has been prepared by the author under a research grant from the Department of Health Services (DHS) Quality Assurance and Improvement Committee. The views expressed in the report/training are personal to the author and do not necessarily reflect the view of the Department of Health Services or any of its staff and do not bind the Department in any manner.

Grantee

TimeSlips Creative Storytelling

Phase II

Project Title

Creative Community of Care Training

Amount Spent

\$ 113,709.73

Grant Period

01/01/2019

To

12/31/2020

(MM/dd/yyyy)

(MM/dd/yyyy)

Additional Information and Resources



March 1, 2021

Patricia Benesh
Policy Advisor, Division of Quality Assurance
State of Wisconsin Department of Health Services (DHS)
1 West Wilson Street, Room 450
Madison, WI 53703
Patricia.Benesh@dhs.wisconsin.gov

Dear Ms. Benesh:

On behalf of TimeSlips Creative Storytelling, Inc., it is my pleasure to submit this final report on of the WI CCC Training Project – Phase II 2019-2020 which is funded by a grant of civil money penalty funds from the State of Wisconsin Department of Health Services' Quality Assurance and Improvement Committee.

The WI CCC Training Project – Phase II 2019-2020 project is managed by Sammy Goodrich, TimeSlips Project Manager, and she can be reached at sammy@timeslips.org or 800-220-1822 x 5.

There are 22 nursing homes that participated in this project. They include:

- Alexian Village of Milwaukee, WI
- Atrium Post Acute Care of Lancaster, WI
- Atrium Post Acute Care of Stevens Point, WI
- Bethany Home, Inc. in Waupaca WI
- Brewster Village in Appleton, WI
- Capitol Lakes Health Center in Madison, WI
- Cedar Crest Health Center in Janesville, WI
- Crest View Nursing Home in New Lisbon, WI
- Crossroad Care Center - Pewaukee in Waukesha, WI
- Fair View Nursing and Rehabilitation Center in Mauston, WI
- Gundersen Tri-County Care Center in Whitehall, WI
- Hayward Health Services in Hayward, WI
- Heritage Health Services in Port Washington, WI
- LindenGrove Communities in Waukesha, WI
- Milwaukee Catholic Home in Milwaukee, WI
- Montello Care Center in Montello, WI
- Oakridge Gardens Nursing Center in Menasha, WI
- Oakwood Health Services in Altoona, WI
- St. Paul Elder Services in Kaukauna, WI
- The Neighbors - East Neighborhood in Menomonie, WI
- Tomahawk Health Services in Tomahawk, WI
- Twin Ports Health Services in Superior, WI

TimeSlips is grateful for this opportunity and we appreciate your support and partnership as we seek to improve the well-being of nursing home residents by building social connections through meaningful, creative engagement activities.

We are pleased to provide this final summary to you on progress made during this two-year project. Should you have any questions or wish to discuss our grant activity, please do not hesitate to contact me at 800-220-1822 x 2 or via email: carol@timeslips.org.

Sincerely,

A handwritten signature in black ink, appearing to read 'Carol Varney', with a stylized, cursive script.

Carol Varney
Executive Director
TimeSlips Creative Storytelling

TimeSlips™

CONNECTING THROUGH CREATIVITY

Final Grant Report:

WI CCC Training Project – Phase II
January 1, 2019 - December 31, 2020

Submitted to:



WISCONSIN DEPARTMENT
of **HEALTH SERVICES**

State of Wisconsin Department of Health Services

Monday, March 1, 2021



Organization:	TimeSlips Creative Storytelling, Inc.
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CONNECTING THROUGH CREATIVITY

WI CCC Training Project – Phase II
Final Grant Report

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INTRODUCTION

The goal of this two-year project, or Phase II of the WI Creative Community of Care (CCC) Training Project, was to improve the well-being of residents by building social connections through meaningful, creative engagement activities that culminated in at least five high-quality regional creative festivals. TimeSlips planned to meet this goal by bringing our evidence-based creative engagement programming to 25 care communities through our online training, webinars, worksheets, Master Trainer coaching opportunities, and the involvement of three artists-in-residence. TimeSlips successfully began training 22 communities and was able to certify 10 as TimeSlips' "Creative Communities of Care". The sites that were unable to finish (due to Covid-19 constraints) were offered the opportunity to finish their certification with TimeSlips in 2021 at a time that is convenient for them.

Prior to Covid-19, TimeSlips was working with artists and Lead Facilitators to design and produce "regional creative festivals". TimeSlips was very successful in gaining community partner commitments and was excited to invite the broader community to celebrate the residents' creative work. Unfortunately, due to Covid-19, we had to pivot mid-project to meet the needs of staff and to share creative engagement materials that were safe and accessible to the community with minimal staff involvement. Artists transformed their regional festival ideas into creative workbooks that took the form of 'zines and could be used at the bedside. These three 'zines, as well as creative kits, were delivered to the care homes and were well received.

I am super busy, but I love TimeSlips. It has taught me new ways of engaging with our ladies with Dementia. TimeSlips has truly opened a new world for me, and I am grateful that you have let me do this with your company.

- Jesse Welch, Tomahawk Health Services

Despite challenges that care communities and TimeSlips faced over the duration of this project, we were still able to provide tools for meaningful, creative connections which helped reduce social isolation and bring a spark of joy in what was otherwise a dark time. TimeSlips was honored to have served this community in a time of real need.

RECRUITMENT SECTION

Recruitment of Certified Nursing Facilities and Outcomes

During Quarter 1 of the Wisconsin Creative Communities of Care (CCC) training project (Phase II), TimeSlips succeeded in recruiting and securing the commitment of 25 care communities across Wisconsin. We created [recruitment materials](#), held open houses to answer questions.

We believe we achieved our goal of reaching geographically diverse communities across rural Wisconsin and culturally diverse communities within greater Milwaukee, ultimately reaching 62 communities. With outreach to 62, the final number of participants was 22. They included:

- Alexian Village of Milwaukee
- Bethany Home, Inc. in Waupaca
- Brewster Village in Appleton
- Capitol Lakes Health Center in Madison
- Cedar Crest Health Center in Janesville
- Crest View Nursing Home in New Lisbon
- Crossroad Care Center - Pewaukee in Waukesha
- Fair View Nursing and Rehabilitation Center in Mauston
- Gundersen Tri-County Care Center in Whitehall
- Hayward Health Services in Hayward
- Heritage Health Services in Port Washington
- Lancaster Health Services (Formally known as Atrium Post Acute Care of Lancaster)
- Twin Ports Health Services in Superior
- LindenGrove Communities in New Berlin
- Milwaukee Catholic Home in Milwaukee
- Montello Care Center in Montello
- Oakridge Gardens Nursing Center in Menasha
- Oakwood Health Services in Altoona
- Stevens Point Health Services (Formally known as Atrium Post Acute Care of Stevens Point)
- St. Paul Elder Services in Kaukauna
- The Neighbors - East Neighborhood in Menomonie
- Tomahawk Health Services in Tomahawk

Organizational Turnover

In order to focus our work exclusively on community training, in August of 2019, after eight months, TimeSlips had to stop recruitment efforts. A summary of changes that occurred after the recruitment phase reduced our communities in training from 25 to 22.

- Four organization exited programming:
 - Brides of Milwaukee - Permanently Closed
 - Grace Lutheran - Did not return agreement
 - Ridgewood Care Center - Did not return agreement
 - LindenGrove Communities in Waukesha, WI - Staff turnover/timing issues, recommended LindenGrove New Berlin which took their place
- One organization added: LindenGrove New Berlin

Please see [Appendix A](#) for a list of the additional 38 communities to which we conducted outreach. While reasons for not applying varied, it did not necessarily reflect lack of interest in the opportunity. Seventeen of the recruited sites requested to be put on a waitlist for consideration in the future.

Recruitment of Artists

TimeSlips conducted outreach to 30 artists, and 18 applied for the five available positions. In an effort to increase diversity of the artists with whom we work, job descriptions were posted in multiple locations, and distributed through multiple artistic and cultural organization networks.

Recruitment Lessons Learned

This was TimeSlips' second Civil Monetary Penalty Fund (CMP) grant within Wisconsin and we are always cognizant of ways to improve our work. TimeSlips learned that for better recruitment, we needed to add more time for it. Better recruitment would lead to reaching a more diverse population (racial, geographic, economic) within Wisconsin and would allow time for internal conversations between administrators and activity staff to best align the program for artists, activities staff and administrators. TimeSlips rapidly adapted our approach to meet recruitment needs and created quality supporting materials for internal conversations and for virtual open houses so that anyone could learn more about the TimeSlips training and would have the opportunity to ask questions.

On a related note, we learned that in order to reach a more diverse artist candidate pool, we needed to strengthen our artist network across Wisconsin and increase the amount of time allotted to recruitment. We received multiple applications from diverse candidates, but each was based in Milwaukee county. In order to adequately support this project within the other geographic locations, we couldn't justify hiring more than one artist in Milwaukee. (This was pre-Covid-19, when we believed all engagement with artists would take place in person.) TimeSlips is actively broadening its network of artistic and cultural organizations throughout the state which will diversify our pool of future applicants.

TRAINING SECTION

Training of Staff and Outcomes

Individual Training

Lead facilitators at organizations began the training process by taking TimeSlips' evidence-based online training. The training taught them how to facilitate creative storytelling in groups or with individuals. Beyond storytelling, the core concepts that were shared provided communication tools, especially for those working with someone who experiences memory loss. These are tools that could be used beyond formal activity programming and could be infused into everyday interactions, making it valuable to all who worked with elders.

Once the online training was completed, facilitators were asked to take what they learned and put it to action in three TimeSlips sessions. The stories that resulted from these sessions were shared with their TimeSlips Master Trainer who provided them with feedback. In total, 91 stories were shared via our website or emailed directly to the project manager. Note that this is not a fair estimate of total story sessions led, as the documentation and sharing element takes additional time that facilitators may have lacked.

After they practiced the methodology, facilitators had the option of completing their certification online or via a coaching call. Through either option, they were asked to reflect upon their experience with the Master Trainer who reviewed their self-evaluation responses and provided

detailed feedback and insights. When each of these steps was complete, the trainee became a Certified Facilitator.

Through this combination of training and coaching, TimeSlips Certified Facilitators learned:

- The link between person-centered care and creative engagement.
- That late life is a time for growth, meaning, purpose, and expression.
- How to invite verbal and non-verbal creative expression.
- How to sustain TimeSlips programming by linking to our facilitator network, webinars and digital tools which support ongoing creative engagement practice.

Throughout the duration of this project, TimeSlips sought feedback from Lead Facilitators on how to improve the process. In addition to seeking program feedback, we requested feedback to ensure that our new website met their needs. For example, we revised the visual elements of our online self-evaluation form to improve communication between the trainees and Master Trainer.

[The Sessions] have all gone very well, it is such an enjoyable activity and so much fun! I love the imagination that people have and the open ended questions make the story endless! We laugh and have such a great time!

- Kathy Von Toll, Brewster Village

Organizational Training

TimeSlips training builds on the strengths that already exist within care communities and uses creative engagement in surprising, awe-inspiring, and ever-evolving ways to improve the well-being of residents and the outlook and motivation of staff. After the individual training is completed, each site is asked to complete additional tasks that are meant to help layer creative engagement into their entire community, thereby adding an important element of sustainability. This portion of the training included support from the Master Trainer through additional coaching calls.

More often than not the Lead Facilitators with whom we work directly are in “activities”, however, we believe that creativity can and should be infused in all areas of care. Knowing that staff in care communities might not have the time or resources to take the entire TimeSlips training, we created and distributed a short in-service video to be broadly shared. This video was meant to share a few of our core concepts and immediate takeaways for creative care techniques. Our original goal was to have an in-service distributed to at least 75% of staff. Since most of this effort occurred in year two, the added demands of Covid-19 made it difficult for staff to complete.

TimeSlips asked Lead Facilitators to complete a Creative Asset Map and Celebration Plan through a corresponding webinar and worksheet. With help from their Master Trainer, staff were guided through the Creative Asset Map to reimagine the creative engagement resources available to them both internally and within their broader community. This work influenced the

plan for a creative celebration. While many sites made progress with their asset mapping, the plans for a celebration were quickly halted after Covid-19 caused lockdowns across the state.

The final element of the organizational training was for one of the certified, Lead Facilitators to be trained as an “In House Trainer”. This portion of the training required the facilitator to attend a one-hour webinar with other participating sites and the Master Trainer. The facilitator learned how to invite others to the online training and how to certify others in TimeSlips methodologies. They also received supporting materials to help them continue to infuse this work into their community, both now in a moment where resources are slim and quarantine restrictions are still in place, and in the future, when group activities are allowed again and visitors from the community can freely enter their community.

Many of these deliverables were adjusted after Covid-19 caused mandatory lockdowns and drastically changed the daily responsibilities of the staff we were training. To help trainees complete the tasks necessary to become a TimeSlips’ Creative Community of Care, TimeSlips proposed a set of adjusted deliverables that considered the additional workload that staff experienced. To review the revised deliverables that apply to the training requirements, please see [Appendix B](#).

TimeSlips has been a gateway for our staff to interact better with their residents. We have learned that spending even a few minutes a day with a “Beautiful Question” can be so powerful in someone’s day for residents as well as the staff. We didn’t realize how important creativity and imagination can be.

- Dawn Vandre, Capitol Lakes

Throughout this program, 36 Lead Facilitators completed training, and we coached 27 Lead Facilitators through to certification. By the end of year two, 10 sites had completed the amended deliverables necessary to become certified TimeSlips Creative Communities of Care. In the fourth quarter of year two, TimeSlips offered an extension to sites that were eligible to take the “In House Trainer” training but were unable to fit it into their schedules. Two of those sites requested an extension and we are still in communication with them to help them complete the training in its entirety. The sites that completed the entire training include:

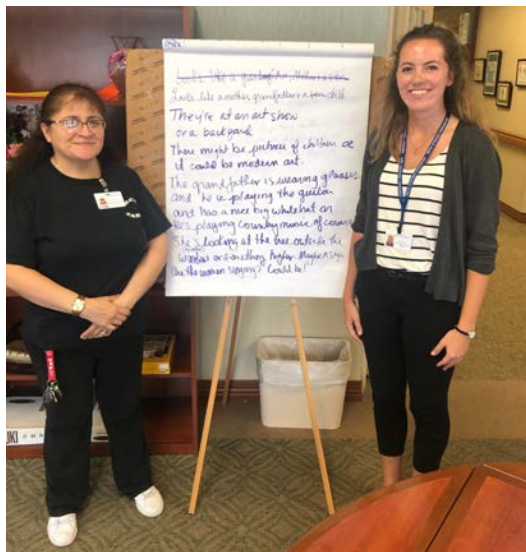
- Oakridge Gardens Nursing Center in Menasha
- St. Paul Elder Services in Kaukauna
- Milwaukee Catholic Home in Milwaukee
- Brewster Village in Appleton
- Heritage Health Services in Port Washington
- Oakwood Health Services in Altoona
- Capitol Lakes Health Center in Madison
- Montello Care Center in Montello
- LindenGrove Communities in New Berlin
- Tomahawk Health Services in Tomahawk

To review a summary of the outcomes from this training program, please visit [Appendix C](#).

TimeSlips worked hard throughout the project to ensure sustainability of the TimeSlips Creative

Community of Care approach with both the Phase I and Phase II participants by offering our In-House Trainer program to all Lead Facilitators. TimeSlips successfully certified In House Trainers in seven sites from Phase I allowing them to train staff that have joined the organization since the training completed in 2017. Communication proved to be challenging with the turnover that occurred from the completion of Phase I to now, though we attempted to remain involved.

Staff turnover in care communities is inevitable. Over the duration of the Phase II training, 10 Lead Facilitators left their organization. In some cases this affected the progress of that organization's training. Conversely, four new staff members joined their organization's online training dashboard and did take TimeSlips training.



Extra components of this grant: Site visits & Artists in Residence

This grant included funding for a TimeSlips Master Trainer to visit five sites in person to support training, certification and development of regional celebrations in conjunction with the artists in residence. The team led 10 site visits with 13 participating organizations, including at least one in each of the five regions of the project. Inviting nearby sites to come together for joint site visits enabled the team to make the most of its time and to visit with multiple sites.

During these visits, Project Manager, Sammy Goodrich, co-facilitated story sessions with the Lead Facilitators and met with staff to review certification

questions and to certify all Lead Facilitators present. The sites that attended or hosted an in-person visit included:

- Oakridge Gardens Nursing Center in Menasha
- Bethany Home, Inc. in Waupaca
- Brewster Village in Appleton
- Capitol Lakes Health Center in Madison
- St. Paul Elder Services in Kaukauna
- Montello Care Center in Montello
- Crest View Nursing Home in New Lisbon
- Fair View Nursing and Rehabilitation Center in Mauston
- Milwaukee Catholic Home in Milwaukee
- LindenGrove Communities in New Berlin
- Crossroad Care Center - Pewaukee in Waukesha
- Heritage Health Services in Port Washington
- Oakwood Health Services in Altoona

Artist Training

Following a kick-off call, the Artists-in-Residence (AIRs) completed TimeSlips training and certification and each led a minimum of three creative engagement sessions at their sites -- all completed before Covid-19 lockdowns began. Certification was completed over an individual

coaching call with the project manager. During additional coaching calls and artist meetings, their understanding of how to use their unique artistic skills to foster meaningful engagement grew.

Training Lessons Learned

Through the two year training program, TimeSlips recognized that the sites that received an in-person site visit early on in the process had much stronger follow-through with training and maintained better communication with the project manager. The same was true of sites that were connected with an AIR. All of the sites that completed their training and became certified Creative Communities of Care were either working with an AIR or received a site visit.

These outcomes are a testament to the value of a more hands-on approach by TimeSlips. With the demands that activities personnel face (before and during Covid-19), having an in-person visit helped them gain a thorough understanding of the training, and also showed other staff and administrators the importance of the training they were receiving. Once the Lead Facilitators had a strong understanding and were able to observe it in action, they were able to more confidently explain the work to other staff. In those cases, the organizations made better use of the resources and opportunities provided to them.

Part of their success was also due to the general progress they were able to make before the pandemic struck. Sites that did not make significant progress before lockdowns began were much harder to reach after lockdowns began.

CELEBRATION SECTION

At TimeSlips, we strongly believe in sharing the stories that are created within communities, and encourage all facilitators to host celebrations for their community of storytellers. We do this to honor the work that the residents have done and to showcase them as artists and creative people, taking them out of their role of “patient”. It also allows for an opportunity to engage with family members and community partners in a way that they otherwise might not.

As is true in our storytelling sessions, there are “no wrong answers” when it comes to hosting a celebration. Some are small, like printing out the stories that were created and making a booklet of them, while others are larger, like transforming a room into a gallery space that displays the images and stories, or having the local high school drama club put on short skits of the stories the elders created. When you add an artist to the planning of these celebrations, celebrations can be even bigger, which was our hope for this grant and the regional festivals that we had planned as the concluding portion of this programming.

Attempted

Early in the year, prior to the full rollout of Covid-19 restrictions and lockdowns, TimeSlips made significant progress on this project, including identifying Artists-in-Residence for each of the five regions served by the project. These artists included:

Appleton / Fox Valley Region - Elyse-Krista Mische

Madison - Stephanie Appleton

Tomahawk - Norma Dycus-Pennycuff

Milwaukee - Michael Snowden

Port Washington - Allie Eichenhofer



Our five artists in residence were hired to support eight nursing homes in their creative practice and help them develop community partners in preparation for a regional festival. Despite the changes that occurred due to Covid-19, they were able to provide much-needed support and useful materials that helped staff maintain engagement with residents.

One especially noteworthy celebration was being developed prior to COVID-19: a community-wide, intergenerational parade. The Appleton area creative council (which included AIR Elyse-Krist Mische,

previous TimeSlips board member and founder of Fox Valley Memory Project, Susan McFadden, and Project Manager Sammy Goodrich), worked with Fox River Mall who agreed to host a large public, intergenerational celebratory event featuring the community partners, and the three area CCC sites. TimeSlips Artist Elyse-Krista Mische devised a plan for a parade featuring the seniors and their work. Students would pass out [Beautiful Questions](#) to engage community members and mall goers. The parade was to end with a reveal of a house structure. The house would follow ADA guidelines so that people could walk or wheel through and observe sensory interactive objects that were done by and/or inspired by the seniors at the three sites.

Revised

'Zines

In response to Covid-19, TimeSlips and our Artists-in-Residence (AIRs) for this project continued to reimagine the culminating events or creative celebrations that were originally planned as in-person events in the spring. As challenges related to Covid-19 persisted, our AIRs made a collective effort to create an interactive 'zine that included exercises inspired by the TimeSlips method and influenced by each artist's unique skill set.

This approach was appealing because it required little additional effort from staff who were overburdened due to extra assignments and responsibilities resulting from the pandemic. It responded to the need for more engagement and creative opportunities for elders. As we have repeatedly learned throughout the pandemic, we are stronger when we work together. By combining resources and joining forces, the 'zines were distributed to all participating sites, not just the ones that the AIRs were assigned to, thereby providing a greater impact on more elders in a time where there was a dire need for more connections and meaningful activities.

'Zines 1-3

['Zine 1: Outside My Window](#)

['Zine 2: Meet Me Here](#)

['Zine 3: Space For Me](#)

Virtual Celebration

In the absence of the opportunity to lead in-person celebrations, the team decided to lead a celebration virtually. The TimeSlips celebration for the Wisconsin sites took place online as part of our Creative Care Fall Festival, a link to which is available [here](#). TimeSlips program manager Sammy Goodrich and all five Artists-in-Residence led the presentation and shared ideas for engaging creatively with elders when we could not do so in person. Participating training sites were invited to the webinar, and the link was made available to them afterwards.

Kits

Each of the five artists made 10 project kits for each site with which they were working. Kits included supplies (for each individual, not shared), and directions for an interactive art project. Survey results revealed that our current programming could have the most impact if TimeSlips provided supplies for individuals, and directions for a project. Each artist was in direct contact with their sites to determine what art supplies were needed most, what ability level they should cater to, and what Covid-19 restrictions were in place for dropping off packages at each site. Prototypes of each project were completed and shared during the TimeSlips Creative Care Fall Festival webinar on October 29, 2020. Physical kits were delivered in November 2020.



Postcard Initiative in Appleton

As an organization, TimeSlips added a page on our website shortly after lockdowns began that encouraged care communities to sign up to receive postcards from our network. What started as a small effort became a huge success. Currently, over 31,000 postcards have been sent since April 2020. This was a popular initiative with Wisconsin CCCs and many sites from Phase I and Phase II took advantage of this free opportunity.



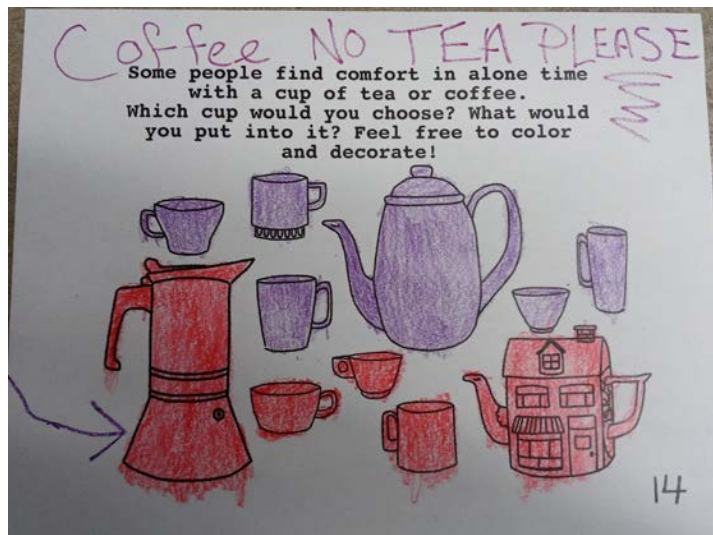
Last spring, participating site Oakridge Gardens experienced a fire in their community which displaced residents to other area care communities, including the other two sites that were actively a part of our training program. In response, local AIRs, Elyse-Krista Mische, created a postcard initiative to support displaced seniors in these communities. As a part of this initiative she included a PDF with detailed directions for how to make a postcard, as well as a video showing the process, both of which were shared in [this news post](#).

Outcomes

'Zines

The responses TimeSlips received to the 'zines that the artists created were ones of heartfelt excitement. One Lead Facilitator from a participating site told us, "Thank you, thank you, thank you to you and your artists! I am printing it right now! It is a challenging time for all, but we carry on!"

Documentation of engagement with the 'zines was hard to cultivate with the added time it required of site staff, however, we did receive some images of completed pages. Below is one example:



Kits

Each artist created beautiful and unique kits to meet the unique needs of the sites with which they worked. We are delighted to share some images of the creative kits from each artist below:



Allie Eichenhofer put together craft boxes for her site. She used cigar boxes and included paints, a palette, a canvas, brushes, a small prompt for mindful writing, and a handful of puzzle pieces that will all go together as a community project for the seniors.



More images of the kits and some finished products completed by residents are Heritage Health Services.



Elyse Krista-Mische's kits included a house shaped photo frame with a slit in the back to interchange photos, drawings etc., and a hook to hang on the wall. The front of the house is white for the recipient to decorate and the opening looks like a window for the theme "Outside My Window". The kit also included a pack of crayons to decorate the front, coloring pages and drawing prompts that can be placed inside the window, and a set of instructions with other art project ideas for placement in the window and a sheet of "Beautiful Questions".

Michael Snowden created kits that included supplies and prompts to make flowers. The flowers by each resident would then be added together in a communal space to make a garden.



Stephanie Appleton put together music memory boxes. The boxes included items to decorate the boxes, and had some lyrics/music to cut and paste on the box. She wanted to give something to them that could be fun to make, and useful afterwards.

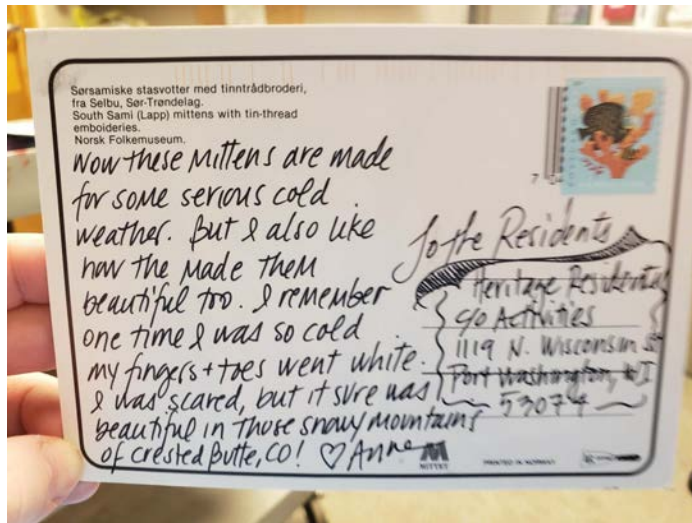
Norma Dycus-Pennycuff donated a typewriter stand to her site, Tomahawk Health Services. The typewriter was nostalgic to residents and easy to sanitize. The goal was that elders would respond to "Beautiful Questions" and type them out. Afterwards, the writing would be cut out and added to a house (as pictured above).



Postcards

As mentioned above, the postcard initiative was a huge success. Our network reach is global and people from all over the country and world sent cards to staff and residents in care communities.

Many sites from Phase I and Phase II took advantage of this project and in return have received thousands of postcards with encouraging messages on them. A recent count showed that 1,821 postcards were sent to Phase I sites, and 2,546 were sent to Phase II sites, for 4,367 in total. These numbers continue to grow as more people sign up to send cards.



"Hi Anne, I loved the postcard that you sent!! I chuckled at a lot of things you said! Thanks for thinking of your friend here in Wisconsin! Talk to you soon, Bruce"

EVALUATION SECTION

While program evaluation proved difficult to quantify with obstacles of technology in year one and the added stressors and demands of Covid-19 interventions in year two, TimeSlips was able to get important information from the Lead Facilitators that influenced how we served them while navigating uncharted territory.

The initial plan for programmatic evaluation was to send a bi-monthly survey to Lead Facilitators, beginning two months after they became certified, and to then continue this throughout the remainder of the program. The survey was short and succinct, asking questions that would help TimeSlips gauge how often creative sessions were being led, how the sessions were received by participants, what percentage was engaged versus not, and so forth. We began to send these surveys out in mid-October of 2019 to the first group of newly certified Lead Facilitators.

During Quarter 4 of Year 1, we began receiving survey responses from the first group of certified facilitators. These 14 Lead Facilitators reported having completed anywhere from 2-15 creative engagement sessions during those two months. Survey respondents estimated the average number session participants was 4-12. One home (Oakwood Health Services) noted

that (pre-Covid) quarantine / illness had negatively impacted resident attendance at their sessions during this timeframe. Respondents estimated that they observed positive facial expressions during their creative engagement sessions an average of 73% of the time and positive movement an average of 62% of the time. Conversely, they observed participants looking withdrawn (i.e. sleeping, cross-talking, leaving) only 14% of the time.

One Lead Facilitator shared that, “During the sessions, everyone is open to sharing their thoughts, even people who don’t normally have input during activities,” and others echoed this sentiment. Another shared, “One of the ladies that attends engagement sessions stated that she was surprised that she could be creative and that the sessions make her feel ‘worthwhile’ and ‘happy’.” Elder engagement and satisfaction was increasing, but we learned that the staff was also being positively impacted. “Overall, staff relationships with residents with dementia are becoming more engaging. The floor staff’s ability to create beautiful moments while also providing care is an added benefit,” one Lead Facilitator shared with us.

TimeSlips used Google Forms to collect this data. Unfortunately, several sites were unable to access this link due to restrictions of Google products on their server. The sites that were unable to access the survey online were sent copies of the questions via email. This gave us information that was helpful in reviewing outcomes and needs, but was not as efficient for collection and analysis as we had planned. This was an important lesson for us to learn as we continue our pursuit for easy and accessible data collection from staff. Two rounds of these surveys were sent prior to before Covid-19.

Once Covid-19 lockdowns began, all recreational activities were put on hold, which halted the collection of information. After seeking feedback from a wide selection of our CNF partners, TimeSlips became keenly aware that due to the necessary limitations put into place as a result of Covid-19, CNF staff were simply overburdened with work. Many of our Certified Facilitators had to serve in additional or other roles and, as a result, had significantly less time to devote to creative engagement activities and additional correspondence from us. This was especially true for the less well-resourced CNFs among our project participants.

In this context, TimeSlips determined that asking our Certified Facilitators to complete bi-monthly surveys was not feasible. TimeSlips did seek input in the form of a short, five-question survey that was delivered over the phone in quarter three of year two. These questions were to help TimeSlips gauge what additional responsibilities Lead Facilitators were taking on, what sort of physical distancing regulations they were adhering to, and what, if anything, they were able to use from the TimeSlips training. These responses were insightful and helped us determine what they could do to help support their creative engagement programming efforts under these unexpected circumstances.

TimeSlips attempted to connect with all active sites, however, we were only able to engage with five. We believe that the lack of responses to these short questions is also telling.

After sites had completed the entirety of their CCC training, they were asked to share some general feedback about their experience. This request was sent at the end of Quarter 4 in Year 2, and only four sites provided feedback. We want to share their responses within the body of the report, versus the appendix, because we are so grateful these four sites took the time to respond during what was likely one of the most difficult points of their career.

Would you recommend this training to others? (yes / no)	On a scale from 1-5, how meaningful would you rate this training program? (1 being not meaningful at all, 5 being extremely meaningful)	Has the TimeSlips methodology and/or the resources we provided you help you to better connect with your residents during quarantine surrounding Covid-19? (Yes / No) If yes, how?	Is there anything else you'd like to add?
Yes	5	YES – Its helped by giving us engagement with our villagers with endless opportunities for conversation with no wrong answers	My greatest take away from this training is learning that letting my villagers have conversation with open ended questions gives them the opportunity to engage without pressure, it usually ends up with laughter and smiles sometimes stirring up special memories that get shared with others. It has taught me of the importance that contact and conversation about anything and everything is SO VALUABLE with people with Alzheimer's. It brings happiness
Yes	5	Yes, because it provides an additional resource in our 1:1 arsenal and extra ways to connect to our residents.	Not at this time
Yes	5	YES. Creates more meaningful "Room Visits." Especially enjoyed the 'Zines.	I find it especially valuable to pass on to the families some of the interventions I have learned and use!
Yes	5	It allowed us to create meaningful engagement in a 1:1 setting. It gave us more content to use for 1:1 visits and also gave a way to provide emotional support during hard times.	TimeSlips has been a gateway for our staff to interact better with their residents. We have learned that spending even a few minutes a day with a beautiful question can be so powerful in someone's day for residents as well as the staff. We didn't realize how important creativity and imagination can be. It is just as important to include programming for creative engagement activities as it is to include Bingo!

Conclusion

It is always a joy to bring TimeSlips creative engagement programming to care communities and to work with staff and volunteers who care so deeply about our elders. But this last year in particular, TimeSlips is really proud that we were able to work with our partners in our home state of Wisconsin to contribute meaningfully to support them and their communities in this time of need. We listened deeply and found innovative ways to provide creative engagement to residents that required as much or as little staff effort as they had time to provide. We learned what worked, including the three interactive 'zines, the Weekly "Dose of Creative Engagement" e-newsletter, postcards containing "Beautiful Questions" and story prompts, and much more. We will take what we have learned from our partners and continue to develop and share ideas for making remote connections as the pandemic continues.

TimeSlips is grateful for the generous support of the State of Wisconsin Department of Health Services' Quality Assurance and Improvement Committee and we appreciate your leadership, partnership, and support as we worked hard to implement our CCC training for 22 certified nursing facilities (CNFs) across Wisconsin in 2019 and 2020. Thank you.

Appendix

A: Recruitment list of 38 homes not trained

B: Revised Deliverables

C: Training outcomes

D: Evaluation

Part 1 & 2: Summary of two bi-monthly surveys

Part 3: COVID Response Survey

Part 4: Post CCC Training Survey

Care Community Name	County	Region
ANNA JOHN RESIDENT CENTERED CARE COMMUNITY	BROWN	Northeastern
ATRIUM POST ACUTE CARE OF LITTLE CHUTE	OUTAGAMIE	Northeastern
CROSSROAD CARE CENTER - EAST GREEN BAY	BROWN	Northeastern
EVERGREEN HEALTH CENTER	WINNEBAGO	Northeastern
GOOD SAMARITAN SOCIETY- SCANDIA VILLAGE	DOOR	Northeastern
MANORCARE HEALTH SERVICES	FOND DU LAC	Northeastern
PEABODY MANOR	WINNEBAGO	Northeastern
RENNES HEALTH AND REHAB CENTER-APPLETON	OUTAGAMIE	Northeastern
RENNES HEALTH AND REHAB CENTER-DEPERE	BROWN	Northeastern
RENNES HEALTH AND REHAB CENTER-EAST	MARINETTE	Northeastern
RENNES HEALTH AND REHAB CENTER-WEST	MARINETTE	Northeastern
SHEBOYGAN PROGRESSIVE CARE CENTER	SHEBOYGAN	Northeastern
STURGEON BAY HEALTH SERVICES	DOOR	Northeastern
ASHLAND HEALTH AND REHABILITATION CENTER	ASHLAND	Northern
Avanti Health and Rehab	ONEIDA	Northern
COURT MANOR HEALTH SERVICES	ASHLAND	Northern
Northern Lights Nursing Home	BAYFIELD	Northern
RENNES HEALTH AND REHAB CENTER - WESTON	MARATHON	Northern
RENNES HEALTH AND REHAB CENTER-RHINELANDER	ONEIDA	Northern
RIB LAKE HEALTH SERVICES	TAYLOR	Northern
WATERS EDGE	SAWYER	Northern

Care Community Name	County	Region
CROSSROADS CARE CENTER OF MILWAUKEE	MILWAUKEE	Southeastern
HIGHLANDS AT NEWCASTLE PLACE	OZAUKEE	Southeastern
LASATA CARE CENTER	OZAUKEE	Southeastern
MAPLE RIDGE HEALTH SERVICES	MILWAUKEE	Southeastern
OAK RIDGE CARE CENTER	RACINE	Southeastern
SARAH CHUDNOW CAMPUS	OZAUKEE	Southeastern
WHEATON FRANCISCAN HC - TERRACE AT ST FRANCIS	MILWAUKEE	Southeastern
MANORCARE HEALTH SERVICES- PLATEVILLE	GRANT	Southern
SOLDIERS GROVE HEALTH SERVICES	CRAWFORD	Southern
VERNON MANOR	VERNON	Southern
CHIPPEWA MANOR NURSING AND REHABILITATION	CHIPPEWA	Western
CLEARWATER CARE CENTER	EAU CLAIRE	Western
COLFAX HEALTH & REHABILITATION CENTER	DUNN	Western
DIVINE HEALTH CARE -ST CROIX VALLEY	POLK	Western
HAMMOND HEALTH SERVICES	SAINT CROIX	Western
MARINUKA MANOR	TREMPEALEAU	Western
ST CROIX HEALTH CENTER	SAINT CROIX	Western



TimeSlips Creative Storytelling, Inc.
WI CCC Training Project – Phase II 2019-2020
Covid-19 Grant Deliverable Adjustment Proposal
Submitted: August 31, 2020

Due to Covid-19, we propose the following adjustments to our grant deliverables. We have created a plan to come as close as possible to meeting the intent of our program while requesting as little time of the staff as possible.

Met deliverables pre-Covid-19

- We recruited 22 Nursing Home
- 35 staff members have completed our online training
- 27 staff members have become TimeSlips Certified Facilitators
- We began the development of strong community partnerships planning for celebrations

Adjusted deliverables due to Covid-19

- Our 5 artists in residence have pivoted and are now working with TimeSlips staff to create tools that can be used to connect with the elders remotely.
- The format that has been determined to be the best fit for the artists and LTC staff is that the elders will receive a group of creative activities bundled into an interactive workbook. We have called these 3 different workbooks “Zines.” They will be sent to the care homes August - September. See Appendix A for an example.
- The staff at the care homes will be encouraged to submit creative output from their care communities throughout August-October. We have provided multiple methods to receive this creative output. This staff can choose the method that serves them best and saves them time. The artists and TimeSlips staff will create a celebration worthy of the elders’ contribution that will be presented as a webinar during our Creative Care Fall Festival on October 29th.
- Program Manager, Sammy Goodrich, will continue to work with staff to help them complete their full CCC training through the end of the year through a series of coaching calls. During these calls Sammy will review the remaining training elements for our organizational training: Creative Asset Mapping, Celebration Planning, and In-House Trainer training. Each of these core elements is also available for trainees to view on their TimeSlips training dashboard via recorded training. They will continue to have access to this content after this program ends this year. We will provide them an overview of the training tools they have access to and an explanation of how to access each module and what they will learn.
- Our evaluation will no longer be a series of bi-monthly surveys. Instead evaluation information will be requested only once and submitted in a format that’s easiest for the staff. Either via email or during a coaching call.

Appendix A: The First Zine that the artists created. It was shared with the sites in August.

Appendix B: TimeSlips Training Summary describing what they have access to this year and beyond

Unmet Deliverables & Proposed Adjustments

Deliverable	Adjustment
Phase One: Recruitment & Training	
Minimum 75% of all staff from participating nursing home watch In-service video **	This 15 minute in-service video has been shared with staff. Pre-Covid the care communities were sharing this video with their colleagues during team meetings working to meet this goal. Since COVID-19 we know they are too busy to share this information. We will continue to remind them they have access to this video and have added this information to the Training Summary Guide as a resource for future use.
Complete online creative engagement training	We sought to train and certify 44 staff members & volunteers, 2 from each nursing home. There has been turnover at some sites and of the remaining staff we have been able to train 35 and certify 27. We will continue to reach out and remind trainees that we are available to coach them through to certification when they have time. Additionally, we will remind them they have access to share training for free with family & volunteers who may be looking for ways to connect with loved ones. We will add an explanation for how to share this training to the Training Summary Guide as a resource for future use.
Each LF completes bi-monthly 5 minute survey**	We will now offer one survey that will be delivered via email & by phone. They may respond in whichever format is easier for them to respond to. The questions will be revised to match the current time we are living in as the previous survey assumed in person, group sessions.
Coaching sessions for each of the 50 Lead Facilitators	We had always planned to offer coaching sessions to all lead facilitators and now have expanded the content we will provide during these calls. We have already been offering remote creative engagement tools and ideas throughout the pandemic and will offer coaching sessions as often as staff would like to meet now through the end of the year. We hope to meet with all lead facilitators, but know that may not be possible for all sites.
Phase 2: Creative Generations	
Complete 25 online Creativity Asset Maps Webinar 1: Sustaining and Implementing Creative Engagement Programming **	We will complete the remaining site training by incorporating this content into coaching calls so they do not have to view the webinar or do the worksheet if they prefer to do this over the phone. They will continue to have access via a recording and worksheet available in their toolkit after the project ends. This will be explained in their Toolkit Summary Guide.
Webinar 2: Building Community through Partnership and Creative Celebration **	We will complete the remaining site training by incorporating this content into coaching calls so they do not have to view the webinar or do the worksheet if they prefer to do this over the phone. They will continue to have access via a recording and worksheet available in their toolkit after the project ends. This will be explained in their Toolkit Summary Guide.
Development of 100 creative products ("stories"),	We have gathered over 87 stories as a result of the training and certification process and will continue to gather creative output inspired by the Zines. These will take the

approximately 5 from each participating nursing home	place of the remaining stories that would have been created during TimeSlips group story sessions.
In-House Trainer component offered to 50 Lead Facilitators as well as Lead Facilitators from the previous year	We seek to train the 22 In-House Trainers from this project and 39 from phase I and were able to train. We have trained 7 from phase 1 so far. We will complete the remaining site training by incorporating this content into coaching calls so they do not have to view the webinar or do the worksheet if they prefer to do this over the phone. They will continue to have access via a recording and worksheet available in their toolkit after the project ends. This will be explained in their Training Summary Guide.
Phase 3: Event Development	
Artist Collaborators to develop support materials for Creative Festivals	<p>As referenced above, we are sending all sites access to 3 creative workbooks, or Zines, to inspire their residents' creativity without requiring much work from staff. The first one was sent in August and the next 2 will be sent out in September.</p> <p>FYI there was an incredible creative response to support the elders and staff of Oakridge Gardens that were dislocated due to a fire. A creative project called Send a Little Piece of your Heart was inspired by our artist in the Appleton area. She created a how to video & pdf demonstrating how to make a homemade heart postcard to send to the nursing home. The Oakridge staff will share these hearts with their displaced elders so they may feel a bit more at home in this challenging time. We have shared this project's request throughout our network for all to participate.</p>
Phase 4: Creative Culminating Event/Community-Building	
Production of 5 Creative Festivals (photo documentation included)	This will be reduced to one Creative Festival. We will share content from all the sites who are able to participate during our Creative Care Fall Festival on October 29th. The artists will help shape the content and tell the story of the incredible creativity of the residents during this time.
Phase 5: Reflection and Final Evaluation	
Semi-structured interviews with every 5th facilitator, and those who request to be interviewed	Since we do not know how many people will have time to talk, these interviews will now be done with anyone who is able to have a conversation with Project Manager, Sammy Goodrich.

Org Name	Region	Trainee 1	Certification	Trainee 2	TRAINED? or CERTIFIED?	Trainees that left org	Artist In Residence	Attended In House Trainer Webinar (IHT)?
TIMESLIPS CREATIVE COMMUNITY OF CARE CERTIFIED								
Brewster Village	Northeastern	Kathy Von Toll	CERTIFIED	Tina Coulthard	CERTIFIED		Elyse-Krista Mische	Yes, Tina is IHT
Oakwood Heath Services - Eau Claire	Western	Robert Harrington	CERTIFIED	Michelle Cebula	TRAINED			Yes, Rob is IHT
LindenGrove - New Berlin	Southeastern	Nancy Charles	CERTIFIED	Shelby Thurber	CERTIFIED			Yes, Nancy is IHT
Montello Care Center	Southern	Melissa Stalker	CERTIFIED	Sarah Miner	TRAINING INCOMPLETE	Sandy Cross		Yes, Mel is IHT
Oakridge Gardens	Northeastern	Lori VanNess	CERTIFIED	Amber Hockers	CERTIFIED		Elyse-Krista Mische	Yes, Lori is IHT
Heritage Healthcare	Southeastern	Judy Pecher	CERTIFIED			Melanie Kaster - completed certification	Allie Eichenhofer	Yes, Judy is IHT
St. Paul Elder Services	Northeastern	Jessica Smith	CERTIFIED			Carrie Esselman - completed certification	Elyse-Krista Mische	Yes, Jessica is IHT
Tomahawk Health Services	Northern	Jesse Welch	CERTIFIED				Norma Dycus-Pennycuff	Yes, Jesse is IHT
Capitol Lakes	Southern	Dawn Vandre	CERTIFIED	Haleigh Carter	CERTIFIED		Stephanie Appleton	Yes, Dawn is IHT
Milwaukee Catholic Home	Southeastern	Ana Greer	CERTIFIED			Emma Howell - completed certification	Michael Snowden	Yes, Ana is IHT
ASKED FOR EXTENSION TO COMPLETE								
Gunderson Tri-County Hospital and Clinics	Western	Susan Howard	CERTIFIED			Shirley Melby - completed certification		Asked for an extension to complete
Twin Ports Health Services	Northern	Tina Anderson	TRAINED	Brenda Kessler	TRAINING INCOMPLETE			Asked for an extension to complete
DID NOT COMPLETE ORGANIZATIONAL TRAINING								
Hayward Health Services	Northern	Linda Badagliacco	TRAINED	Heather Andrews	CERTIFIED			N/A
Crest View Nursing Home	Southern	Amy Cass	CERTIFIED	Ashley Oswald	CERTIFIED			N/A
Fair View Nursing and Rehab	Southern	Miranda Culotta	CERTIFIED	Monica Day	CERTIFIED			N/A
Bethany Home	Northeastern	Casey Brown	TRAINED			Chloe LeBouf - completed certification		N/A
CCC Pewaukee	Southeastern	Jennifer Rieflens	TRAINED			Vanessa Wade - completed certification , Angela Kermy - completed certification		N/A
Cedar Crest	Southern	Tammy Fala	TRAINED			Sarah Popian - Training completed		N/A
Steven's Point Health Services (Atrium Post Acute Care - SP)	Northern	Amy Kezeske	TRAINED			Veronica Mertes		N/A
Alexian Village of MKE	Southeastern	Melissa Nennig	TRAINING INCOMPLETE					N/A
Lancaster Health Services (Atrium Post Acute Care - Lancaster)	Southern	Megen Kinyon	TRAINING INCOMPLETE	Elizabeth White	TRAINING INCOMPLETE			N/A
The Neighbors - East Neighborhood	Western	Sally Rocque	TRAINING INCOMPLETE					N/A
DID NOT START								
Grace Lutheran	Northern							N/A
Ridgewood Care Center	Southeastern							N/A
Bridges of MKE - CLOSED PERMANENTLY	Southeastern	Pa Der Lor						N/A

Phase One Sites that Completed In House Trainer Webinar	
Org Name	Region
EASTCASTLE PLACE	Southeastern
CLEMENT MANOR HEALTH CARE CENTER	Southeastern
FELICIAN VILLAGE (ST MARY'S HOME FOR THE AGED)	Northeastern
BRIDGES OF APPLETON	Northeastern
SHEBOYGAN SENIOR COMMUNITY	Northeastern
PORTAGE COUNTY HEALTH CARE CENTER	Northern
NORTH CENTRAL HEALTH CARE	Northern

Bi-Monthly Survey #1 (Q1V Y1)

Where are you using TimeSlips in your community? (select all that apply)	Please estimate how many GROUP creative engagement sessions you've held over the last two months. Please only list 1 number.	Please estimate, on average, how many people would attend a group session over the last two months.	Were there any special circumstances that affected attendance over the last two months? (select all that apply)
Skilled Nursing, Memory Care	5	4	None
Skilled Nursing, Assisted Living	5	10	Quarantine/Illness
Skilled Nursing, Memory Care	5	5	
Skilled Nursing, Memory Care	5	5	
Skilled Nursing	5	6	None
Skilled Nursing, Memory Care, Adult Day, Assisted Living, Independent Living	9	6	None
Skilled Nursing, Memory Care	3	7	None
Skilled Nursing	3	5	
Skilled Nursing	3	12	None
Skilled Nursing, Memory Care	2	7	Staff Turnover
Skilled Nursing	6	8	Appointments
Skilled Nursing, Memory Care	3	5	Special Programming (Ex: Holidays)

If you have selected "Other," please specify.	Please estimate how many ONE-ON-ONE creative engagement sessions you facilitated/observed over the last two months.	Please estimate HOW COMMONLY you observed POSITIVE FACIAL EXPRESSIONS during the creative engagement sessions in the last two months. (% of participants in a session)
	1	60%
	2	90%
other programmes happening at the same time; folks resting, when asked to join they decline; staff interrupting.	5	50%
other activities are being held, people sleeping and staff interruptions	5	50%
	2	60%
	4	90%
	0	90%
Many at this time are end stage dementia	0	50%
	0	90%
	1	70%
Appointments	0	80%
	0	100%

Please estimate HOW COMMONLY you observed the POSITIVE MOVEMENT during creative engagement sessions in the last two months. Positive movements may include toe or finger tapping, dancing, gestural expression, nodding in agreement, etc. (% of participants in a session)	Please estimate HOW COMMONLY you observed people WITHDRAWN during creative engagement sessions in the last two months. This may include sleeping, cross-talking, leaving, etc. (% of participants in a session)	Where did most of the creative engagement sessions take place in the last two months? (Ex: dining room, activity room, etc.)
30%	20%	Library
90%	10%	lounge / common area
50%	10%	Family room or Sun room
50%	10%	our family room , sun room
50%	10%	dining room
80%	0%	Dining room
90%	10%	Activity Room
50%	20%	Activity/dayroom
90%	10%	dining room/activity room
50%	30%	dining room
80%	30%	Dining room
40%	20%	Activity room

If there is one thing you wish you could change about the TimeSlips creative engagement sessions over the last two months, what would it be?	People with Alzheimer's and related dementia can be creative.	With regards to family members' level of participation (e.g., involvement and/or enthusiasm in participating) in TimeSlips creative engagement sessions over the last two months, I've noticed: (select all that apply)	Approximately how many volunteers (estimated number) participated in TimeSlips creative engagement sessions over the last two months?
Having more residents to participate	Agree	About the same participation	0
not sure	Strongly Agree	About the same participation, Less participation (Ex: family members observe rather than participate)	1
Find a spot where staff wouldn't interrupt.	Strongly Disagree	About the same participation	0
less interruptions	Strongly Disagree	About the same participation	0
na	Agree	About the same participation	0
Less distraction from care staff	Strongly Agree	About the same participation	2
No changes at this time	Strongly Agree	Less participation (Ex: family members observe rather than participate)	3
Nothing	Agree	About the same participation	0
clearer photos	Strongly Agree	About the same participation	0
that I had the time to do more of them	Strongly Agree	About the same participation	0
More engagement with other residents.	Strongly Disagree	About the same participation	0
	Strongly Agree	About the same participation	0

In the last two months, approximately how many non-activities staff participated in any aspect of the TimeSlips creative engagement project?	Do you have a story of impact regarding a TimeSlips creative engagement session? For example, have you observed a relationship that changed over the last 2 months (Ex: a resident's relationship with staff or a family member that has strengthened, residents relationships with each other, something else you've observed or experienced)?	Anything else you would like to let us know about TimeSlips sessions from the past 2 months?
0	I have seen participants enjoy the echoing part of the stories...where they seem to be proud of their participation.	I just love me a good timeslips session!
0		
1	not at this time.	not at this time
2		0
0	no	no
2	We have seen residents who do not normally participate, join in on the laughter.	
3		
0	No	No
2	During sessions, have noticed good conversations between residents - some agreeing with others and some positive disagreeing - seeing something different going on in the photo - adding to the fun.	Hopefully after the holidays, will do more timeslips monthly.
0	N/A	No
1	Sometimes they will bring up the story they created at a later time.	
0	Time slips is one of the only activities one of my residents is willing to participate in	

	Where are you using TimeSlips in your community? (select all that apply)	Please estimate how many GROUP creative engagement sessions you've held over the last two months. Please only list 1 number.	Please estimate, on average, how many people would attend a group session over the last two months.	Were there any special circumstances that affected attendance over the last two months? (select all that apply)
Skilled Nursing		3	7	Quarantine/Illness; Special Programming (Ex: Holidays)
Skilled Nursing, Memory Care, Assisted Living		15	4	Special Programming (Ex: Holidays), Volunteer Turnover
Skilled Nursing, Memory Care		2	10	None

		Please estimate how many ONE-ON-ONE creative engagement sessions you facilitated/observed over the last two months.	Please estimate HOW COMMONLY you observed POSITIVE FACIAL EXPRESSIONS during the creative engagement sessions in the last two months. (% of participants in a session)
If you have selected "Other," please specify.			
		2	50%
		10	90%
		0	80%

Please estimate HOW COMMONLY you observed the POSITIVE MOVEMENT during creative engagement sessions in the last two months. Positive movements may include toe or finger tapping, dancing, gestural expression, nodding in agreement, etc. (% of participants in a session)	Please estimate HOW COMMONLY you observed people WITHDRAWN during creative engagement sessions in the last two months. This may include sleeping, cross-talking, leaving, etc. (% of participants in a session)	Where did most of the creative engagement sessions take place in the last two months? (Ex: dining room, activity room, etc.)
30%	10%	Dining room which is the activity room
90%	10%	Dining Room table, Resident's room, activity room
50%	0%	activity room

If there is one thing you wish you could change about the TimeSlips creative engagement sessions over the last two months, what would it be?	People with Alzheimer's and related dementia can be creative.	With regards to family members' level of participation (e.g., involvement and/or enthusiasm in participating) in TimeSlips creative engagement sessions over the last two months, I've noticed: (select all that apply)	Approximately how many volunteers (estimated number) participated in TimeSlips creative engagement sessions over the last two months?	
More opportunities	Strongly Agree	Less participation (Ex: family members observe rather than participate)		2
	Strongly Agree	More participation (Ex: being more involved while there)		5
having more time to schedule them :)	Strongly Disagree	About the same participation		1

In the last two months, approximately how many non-activities staff participated in any aspect of the TimeSlips creative engagement project?	Do you have a story of impact regarding a TimeSlips creative engagement session? For example, have you observed a relationship that changed over the last 2 months (EX: a resident's relationship with staff or a family member that has strengthened, residents relationships with each other, something else you've observed or experienced)?	Anything else you would like to let us know about TimeSlips sessions from the past 2 months?
1	One of the ladies that attends engagement sessions stated that she was surprised that she could be creative and that the sessions make her feel "worthwhile" and "happy".	Just wish I had more opportunities. I work full time and also volunteer at the facility I work at. My new year resolution is to try to do at least 2-4 sessions monthly.
3	Overall, staff relationship with residents with dementia becoming more engaging. The floor staff's ability to create beautiful moments while also providing cares is an added benefit.	Our staff is realizing that creativity is still available within a person with dementia that may not be able to make their needs known as well anymore. Also that creativity can be a wonderful way to engage to engage those residents.
1	no	We look forward to getting sessions scheduled more regularly!

Bi-Monthly Survey #2 (Q1 Y11)

Where are you using TimeSlips in your community? (select all that apply)	Please estimate how many GROUP creative engagement sessions you've held over the last two months. Please only list 1 number.	Please estimate, on average, how many people would attend a group session over the last two months.	Were there any special circumstances that affected attendance over the last two months? (select all that apply)	Please estimate how many ONE-ON-ONE creative engagement sessions you facilitated/observed over the last two months.
Skilled Nursing	10	4	Quarantine/Illness, Special Programming (Ex: Holidays)	2
Skilled Nursing, Assisted Living, Long Term Care	3	8	None	1
Skilled Nursing, Memory Care	5	6	None	3
Skilled Nursing, Memory Care	1	1	Quarantine/Illness, Special Programming (Ex: Holidays)	1
Skilled Nursing	2	10	None	1
Skilled Nursing	4	6	None	2
Skilled Nursing	2	12	None	0
Skilled Nursing	6	6	I was off for 3 weeks.	10

Please estimate HOW COMMONLY you observed POSITIVE FACIAL EXPRESSIONS during the creative engagement sessions in the last two months. (% of participants in a session)	Please estimate HOW COMMONLY you observed the POSITIVE MOVEMENT during creative engagement sessions in the last two months. Positive movements may include toe or finger tapping, dancing, gestural expression, nodding in agreement, etc. (% of participants in a session)	Please estimate HOW COMMONLY you observed people WITHDRAWN during creative engagement sessions in the last two months. This may include sleeping, cross-talking, leaving, etc. (% of participants in a session)	Where did most of the creative engagement sessions take place in the last two months? (Ex: dining room, activity room, etc.)
70%	70%	30%	Library
90%	70%	10%	chapel and lounge
80%	60%	10%	family room
50%	10%	10%	dining room
70%	60%	50% (same room)	Dining/activity room
100%	100%	10%	Common area/dining
90%	90%	10%	dining room
70%	70%	20%	Activity room

If there is one thing you wish you could change about the TimeSlips creative engagement sessions over the last two months, what would it be?	People with Alzheimer's and related dementia can be creative.	With regards to family members' level of participation (e.g., involvement and/or enthusiasm in participating) in TimeSlips creative engagement sessions over the last two months, I've noticed: (select all that apply)	Approximately how many volunteers (estimated number) participated in TimeSlips creative engagement sessions over the last two months?	In the last two months, approximately how many non-activities staff participated in any aspect of the TimeSlips creative engagement project?
Have more participants and volunteers	Strongly Agree	About the same participation	0	0
nothing	Strongly Agree	Less participation (Ex: family members observe rather than participate)	0	0
I would like to try to do them more often	Strongly Agree	About the same participation	1	0
There would be more time to do the program	Agree	About the same participation	0	1
Would have been nice to have more families and staff involved in the sessions we have held.	Strongly Agree	About the same participation	1	0
Environment	Strongly Agree	About the same participation	3	0
am thinking about dividing group in half and giving each group a different picture to make their story out of. smaller group may give everyone more opportunity to contribute	Agree	About the same participation	0	1
need more staff	Agree	Less participation (Ex: family members observe rather than participate)	0	0

Do you have a story of impact regarding a TimeSlips creative engagement session? For example, have you observed a relationship that changed over the last 2 months (Ex: a resident's relationship with staff or a family member that has strengthened, residents relationships with each other, something else you've observed or experienced)? If so, please share your story. If you prefer to be called, please e-mail sammy@timeslips.org with the subject heading of "Stories of Impact" and you will be contacted.		Anything else you would like to let us know about TimeSlips sessions from the past 2 months?
None		No
		no
I find people are happier after, increased laughter :)		I very much enjoy watching people have fun during these sessions!
yes relationships with peers has improved.		
During the sessions, everyone is open to sharing their thoughts, even people who don't normally have input during activities.		
no		not at this time
nine at this time		none at this time

Q1: What has changed in your daily routine since covid started?	Q2: How has that impacted your ability to engage with your residents?	Q3: In what ways are you able to engage the residents in your community right now? What other ways are you working to reduce social isolation? (supporting calls / visits/ parking lot entertainment/ other?)	Q4: How have you been able to involve family members during this time? (Remind of free training / offer to manually invite family members to training)	Q5: How has TimeSlips helped with your communication/engagement with elders? (Remind them to use Zine)
Everything. We used to have group activities, now they are all in their rooms. Managing people eat and don't fall, less about activities. All individual activities. We've been able to do stories/crafts/remembering.	It has changed tremendously, limitations and lack of family, people have declined really fast. People are losing abilities quickly, cognitive etc.	We do virtual calls. We were open for 15 minute outdoor visits but had outbreak and had to shut down. I pads are confusing for many elders, especially as they are declining.		I printed off TS images to take with each individual resident. Making them specific for each person.
A big change has been visits with family members, scheduling outdoor visits. More of a focus of 1 to 1 activities. Moving into small group social distancing activities.	Changed how much socialization residents would get with other residents. They can't get close to each other so less peer engagement	We are doing TSI. We're also doing bible studies, games that we can sanitize easily, physical activities, word games to stimulate them, hangman. Halfway bingo. Started outside visits in August, M/T/W/R, tailgating tent. It's been going well, same families coming - not all have had visits. Window visits. Virtual visits - facetimes wife/ pastor/ facebook live private page to watch events.		It's been a big help with those who are non-verbal. We have a sensory program with those residents. Those residents open up more with TS. A new way to actively connect with them and see them be creative.
Since the beginning the biggest thing was that there were no group activities. Started doing small groups end of July. Largest group 9 people	My new unit, the groups aren't that large anyways. These people are semi independent people. Groups average on 9-10 pre covid. In old unit it was more like 17.	No visitors allowed, only essential people. No entertainers since Feb/March. In new unit I have been doing trivia with volunteer virtually. Ex co worker virtually visits and shows baby. Also helps with virtual family visits. Family can visit in designated area.		Talked to Michael and will do kit. Excited by his idea. Printed off zines and will use with new unit.
Putting in more hours so I can see my residents. Just started doing group activities a month ago. Only 6 people per group. Harder to get everyone together that wants to do activities.	It hasn't a lot, I have just had to pivot in how I engage with them. Moved to more sensory activities, working one on one has deepened the personal connections.	I was allowed to have outside visits with music and animals. Parking lot concerts. Outside visits with family (needs to be scheduled and monitored) window visits everyday, I help facilitate zoom/facetime visits when they can't figure out tech on their own. I also had a doc sign off on pet visits for residents so I bring my kitten to HHS.		When we started with small group activities, I did a TS activity. They like the smaller group with TS sessions. They talked amongst each other and wrote their own stories and I facilitated it as they talked through it.

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<p>We have focused on how to connect with people who were coming in. Pivots to video calls, musicians on in house channel, staff taking care of daily things that family members might do normally (checking they got mail, etc). We became the wives, the daughters, the sons. We have strong relationships with family members. People seem to be calmer and less anxious about connecting. Just recently started focusing on "New normal" programming. Less about "meaningful" activities, more about basic human connections. Family focused to resident focused. Good thing is that long distance family is more involved.</p>	<p>People that are more cognitively affected by isolation. Memory loss residents are more ok with video calls (think video is in person visit)</p>	<p>We are able to do hallway group (5 people) activities. Maintaining bingo, music programs, things that are more mobile so they can come to them rather than taking residents to an activity place. More individualized activities. In house channel for music concerts</p>		<p>We haven't done a lot of TS but it is a good environment to do it in. It's new and lots of staff still unfamiliar with ideas. (Sam suggested BQ's, will follow up with BQ PDF)</p>

Q1: Would you recommend this training to others? (yes / no)	Q2: On a scale from 1-5, how meaningful would you rate this training program? (1 being not meaningful at all, 5 being extremely meaningful)	Q3: Has the TimeSlips methodology and/or the resources we provided you help you to better connect with your residents during quarantine surrounding COVID-19? (Yes / No) If yes, how?	Q4: Is there anything else you'd like to add?
YES		YES – Its helped by giving us engagement with our villagers with endless opportunities for conversation with no wrong answers	My greatest take away from this training is learning that letting my villagers have conversation with open ended questions gives them the opportunity to engage without pressure, it usually ends up with laughter and smiles sometimes stirring up special memories that get shared with others. It has taught me of the importance that contact and conversation about anything and everything is SO VALUABLE with people with Alzheimer's. It brings happiness
Yes		Yes, because it provides an additional resource in our 1:1 arsenal and extra ways to connect to our residents.	Not at this time
YES		YES. Creates more meaningful "Room Visits." Especially enjoyed the Zines.	I find it especially valuable to pass on to the families some of the interventions I have learned and use!
Yes		It allowed us to create meaningful engagement in a 1:1 setting. It gave us more content to use for 1:1 visits and also gave a way to provide emotional support during hard times.	TimeSlips has been a gateway for our staff to interacting better with their residents. We have learned that spending even a few minutes a day with a beautiful question can be so powerful in someone's day for residents as well as the staff. We didn't realize how important creativity and imagination can be. It is just as important to include programming for creative engagement activities as it is to include Bingo!