Resident Rights and Regulations: Navigating Through Roundabouts of Resident Choice.

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Entering the Round-About

Roadblock - Facility
- If we do for one, everyone will want the same.
- We tried that once and it didn't go well.
- We don't have time
- No one has complained
- Regulations
Surrogate Decision Maker
- Past mistakes
- Forgetful
- Personal bias
- Overstepping boundaries
- Family dynamics
- Not consulting with elder

Right to try

- Autonomy – right to fail
- Autonomy – right to take risks knowing of possible negative outcomes,
what is really important to the person.
- Paternalistic view – protect

Roadblock

"I am determined to turn the tables on stigma and ageism. I am convinced we can all age successfully. This is true for young and old, for people with and without disabilities and for people with and without dementia."

Dr. Susan Wehry
“Constitution protects even foolish, unreasonable and absurd decisions/choices.”

-Supreme Court Chief Justice Warren Berger

Self - efficacy

- Person is confident can do it
- Person anticipating one will be successful
- Personal conviction that you will have a positive outcome
- self-determination – promotes well-being
- Person’s efficacy does not have to be done independently.
  - We are meant to be social beings
  - We are meant to help one another
  - Self -efficacy requires coaching and feedback.
  - Master steps
  - Work as a group
  - What things do they want to accomplish

HONORING CHOICE TOOL
Practice Supportive Decision-Making

- Self-Efficacy
- Supportive Decision Making
- Person driven
- PRACTICAL Tool
- Supporting Self Determination – Choice
  - This promotes well-being
  - Promotes belief in self
  - Promotes confidence

Person Centered Care Planning – Who is at the Table?

- Resident
- Resident representatives
- Legal surrogate decision-makers
- Nursing
- Dietary
- Social Services

Avoiding Risk
No Follow through
Person Choice
Family Peers
Person Centered Care - Self-Efficacy

Making Choices
- Sit outside
- Sleep in
- Eat fresh fruit
- Choose what I will wear
- Remove bed alarm
- Walk freely where I want off unit

Accomplishing goals
- Take off wander guard
- Stop slamming doors and making all that noise at 6am.
- I do not want to take stool softeners
- I want to wear overalls and flannel shirt
- I want a good night sleep
- Take down the prison doors.
- Go out to eat with Friends

Whose Right?

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