

# Delta variant is surging in the U.S.

Stay vigilant to prevent the spread of the virus and protect staff and residents in Long-Term Care Facilities

**It is more urgent than ever to follow infection prevention and control recommendations, including wearing a mask, and getting vaccinated.**

**The Delta variant is the most common variant of SARS-CoV-2, the virus that causes COVID-19, spreading in the United States, and it spreads more easily than prior variants. COVID-19 vaccination is our most effective strategy to prevent infection and severe disease among nursing home residents and healthcare personnel.**

## CDC recommends urgent action:

- Get vaccinated as soon as possible. Residents, staff, and visitors should be fully vaccinated to prevent the spread of COVID-19.
- Wear a mask regardless of vaccination status:
  - » Nursing home staff should continue to use source control when around residents.
  - » Visitors should use a mask (source control) when in the public areas of the facility (such as hallways and common areas). It is also safest to use a mask when visiting privately with residents.
  - » Residents should be encouraged to wear a mask when outside of their room, especially when unvaccinated or when in counties with high rates of COVID-19.
- Stay home if you feel ill: Do not go to work or visit a nursing home if you have symptoms of COVID-19 or feel ill.
- Get tested: Anyone with symptoms of COVID-19 or known exposure, **regardless of vaccination status**, should receive a viral test immediately.

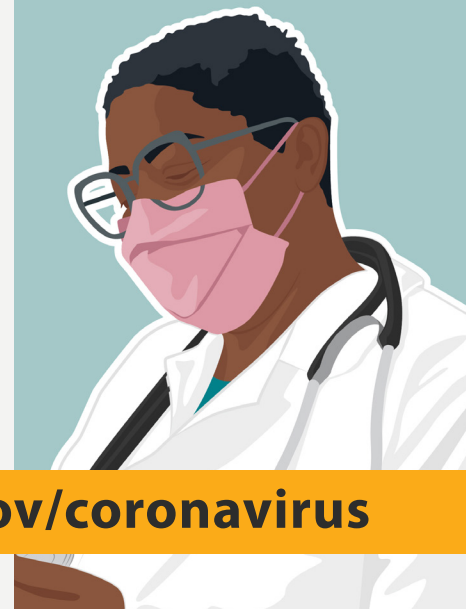
## WEAR A MASK



**Vaccinations are the best way to protect yourself, your family, and your community. Residents, staff, and visitors who are not fully vaccinated should get vaccinated as soon as possible when eligible.**

- Find out if your facility has vaccine requirements or vaccine incentives.
- Look for chances to talk with your peers about the importance of getting vaccinated and the continued use of masks.
- **Get answers to your vaccine questions at [CDC's Vaccinate with Confidence: <https://www.cdc.gov/vaccines/covid-19/vaccinate-with-confidence/strategy.html>](https://www.cdc.gov/vaccines/covid-19/vaccinate-with-confidence/strategy.html)**

## GET VACCINATED



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

