



# Pre-Admission Screening and Resident Review (PASRR) Care Planning





## Objective

Participants will acquire the knowledge and skills needed in order to develop a plan of care (POC) for specialized services intellectual developmental disabilities (SS-IDD) or specialized psychiatric rehabilitative services mental illness (SPRS-MI) clients consistent with PASRR expectations.



## SS IDD Services Defined

Services meeting requirements of 42 CFR 483.440(a)(1) and (2), the definition of active treatment in the federal regulations for intermediate care facilities for individuals with intellectual disabilities (ICF's/IDD).



## SS IDD Services

Active treatment does not include services to maintain generally independent residents who are able to function with little supervision or in the absence of a continuous active treatment program.



# SS IDD POC

Each client must receive a continuous active treatment program, which includes aggressive, consistent implementation of a program of specialized and generic training, treatment, health services, and related services that is directed toward “acquisition and prevention....”

42 CFR §483.120: Specialized services



## SS IDD POC

- The acquisition of behaviors necessary for the resident to function with as much self-determination and independence as possible and the prevention or deceleration of regression or loss of current optimal functional status.
- Case management functions are completed by a qualified intellectual disability professional.



# SPRS Services Defined

Services determined by the comprehensive assessment and the SPRS POC necessary to prevent avoidable physical and mental deterioration and to assist clients in obtaining or maintaining their highest practicable level of functional and psychosocial well-being.



# SPRS Services

SPRS is a service that is not required to be provided to all nursing facility residents.

<https://www.dhs.wisconsin.gov/pasrr/ss-sprs.htm>





## SS and SPRS Services

Case management functions completed by a qualified intellectual disability professional (QIDP) or a qualified mental health professional (QMHP) include, but are not limited to the items listed on the next slide.



## SS and SPRS Services

- The resident's regular participation, in accordance with their POC, in professionally developed and supervised activities and experiences.
- Therapies that reduce the resident's psychiatric and behavioral symptoms, improve the level of independent functioning, and achieve a functional level that permits reduction in the need for intensive mental health services.



## SPRS POC

A SPRS POC prescribes specific therapies and activities for the treatment of people experiencing serious mental illness, including, for example, people who are experiencing severe and persistent symptoms, which necessitates supervision by trained mental health personnel.



# SPRS POC

A SPRS POC is directed toward diagnosing and reducing the resident's behavioral symptoms that necessitated institutionalization, improving level of independent functioning, and achieving a functional level that permits reduction in the intensity of mental health services to below the level of specialized services at the earliest possible time.



## Care Planning (SS-IDD/SPRS)

- Services specified by the state that results in the continuous and assertive implementation of an individual POC.
- The POC is developed and supervised by an interdisciplinary team, which includes a physician, QIDP, or QMHP, as appropriate, and other professionals.



# Care Planning

- Activities are to be integrated into a “normal daily rhythm” with allowance for individualized free time.
- Each plan must be implemented by all staff who work with the resident except for those items that must be implemented only by licensed personnel.
- Activity schedules should allow for flexible participation in a broad range of options rather than a fixed regimen.



# Provider Qualifications- (SS-IDD/SPRS)

- Services are above and beyond the expectation for 'services of a lesser intensity.
- Care plan development and implementation are coordinated by providers with specific qualifications:
  - Qualified mental health professional (QMHP).
  - Qualified intellectual disability professional (QIDP).
- Services are provided by everyone on the entire team.



## QIDP

A person who meets the requirements of 42 CFR 483.430(a)(1) and (2) of the ICF/IID regulations. They must have specialized training in intellectual disability or at least one year of experience working directly with persons with intellectual disability or other developmental disabilities and is one of the following...





# QIDP

- A doctor of medicine or osteopathy.
- A registered nurse.
- An individual who holds at least a bachelor's degree in occupational therapy, physical therapy, psychology, social work, speech pathology/therapy, recreation, dietetics/nutritional science, or a human services field including, but not limited to, sociology, special education, and rehabilitation psychology.



# QMHP

One year of professional experience working with people who have an serious mental illness and is one of the following:

- A psychologist licensed under Wis. Stat. ch. 455.
- A physician.
- A registered nurse.
- A human services professional with a master's degree in specific fields or bachelor's degree in specific fields with certain work experience.



# QMHP: Human Services Professional - Master's Degree

- Social work
- Rehabilitation counseling
- Occupational therapy
- Psychology



# QMHP: Human Services Professional - Bachelor's Degree

- Degree in social work, rehabilitation counseling, occupational therapy, or psychology
- At least three years of professional experience working with persons with an serious mental illness



# Collaboration for Provision of SS-IDD and SPRS Services

- Facilities often contract with existing providers for these services.
- The recommendation is to include providers of home and community-based services.
- Using contract providers maximizes integration into the community and helps to facilitate transition out of the institution.



# Contact Information

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