



Department of Health Services



# **Comprehensive Community Services (CCS)**

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## What is CCS?

Publicly-operated behavioral health program that provides support services to promote recovery from mental health and substance use concerns.



## More Than Therapy and Medicine

- Fosters recovery in a number of areas (physical, emotional, social, and environmental) with a variety of services and/or supports
- Addresses the fact that symptom reduction is enhanced by improvements in these areas



## CCS Goals

- Increase access to treatment and services
- Increase programs that promote recovery
- Strengthen county and tribal resources
- Reduce costly inpatient services and need for crisis and emergency services

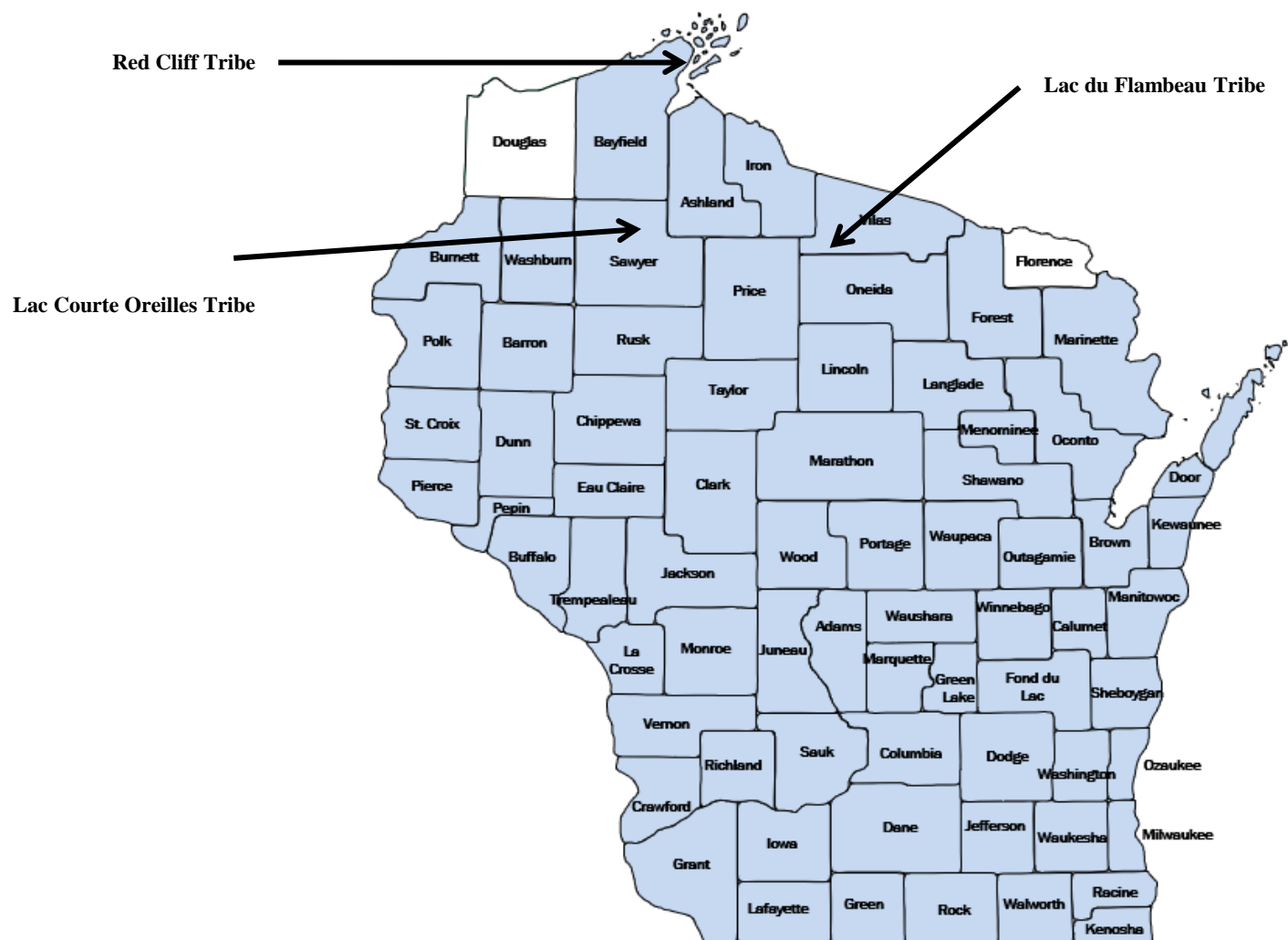


## Who is Eligible for CCS?

- Adults with mental illness and children with Severe Emotional Disturbance (SED)
- Adults and adolescents with substance use disorders
- Adults and/or children that need more than outpatient counseling but less than an intensive wraparound program



## Where is CCS Available?





## How to Access CCS

- Contact your local health and human services department or tribal health care office
- The application process includes a functional screen, assessment, and recovery plan



## CCS Promotes Recovery

- Has a coordinated and comprehensive array of services
- Uses person-centered planning and services
- Incorporates family and natural supports
- Provides individualized (no cookie cutter) services
- Supports a trauma-informed care approach





## CCS Service Array

- Screening and assessment
- Service planning
- Service facilitation
- Diagnostic evaluation
- Medication management
- Physical health monitoring
- Peer support
- Skill development
- Employment skill training
- Psychoeducation
- Wellness management
- Psychotherapy
- Substance use treatment



## **CCS Reduces the Reliance on Costly Services**

Decreased need for multiple systems or higher end services

- Fewer emergency room visits
- Fewer hospital visits
- Fewer civil commitments
- Fewer suicides
- Less physical aggression
- Less criminal justice involvement



## CCS Embodies

- Recovery, resilience
- Trauma-informed care
- Person-centered care and planning



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## Contact Us with Questions

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