You Have Options…

Let Us Help

Contact your local Aging and Disability Resource Center (ADRC) for free help and guidance when looking for services and supports.

If you need information about how you can remain in your home, or if you are considering a move to an assistant living or nursing home facility, the ADRC can help you plan for services and supports to keep you safe and comfortable.

Knowing what to look for in a facility, calculating what you can afford to pay, and knowing how long your money will last isn't easy. It can be difficult to know whether you have made the best decision for yourself or a loved one.

You're not alone; there is help.

Expert Information

ADRC staff are experts in housing options and the programs available to help you receive the care you need. ADRCs are located in every county and are not associated with any business or service providers. You can be sure you will receive the unbiased information you need to make the best decision for you.

Professional Staff

Professional staff are available to meet with you in your own home, at the ADRC, or at another location that is convenient for you and your family.

Free Services

There is no charge for any of the services offered by the ADRC; including preadmission consultation.

Help Paying for Long-Term Care

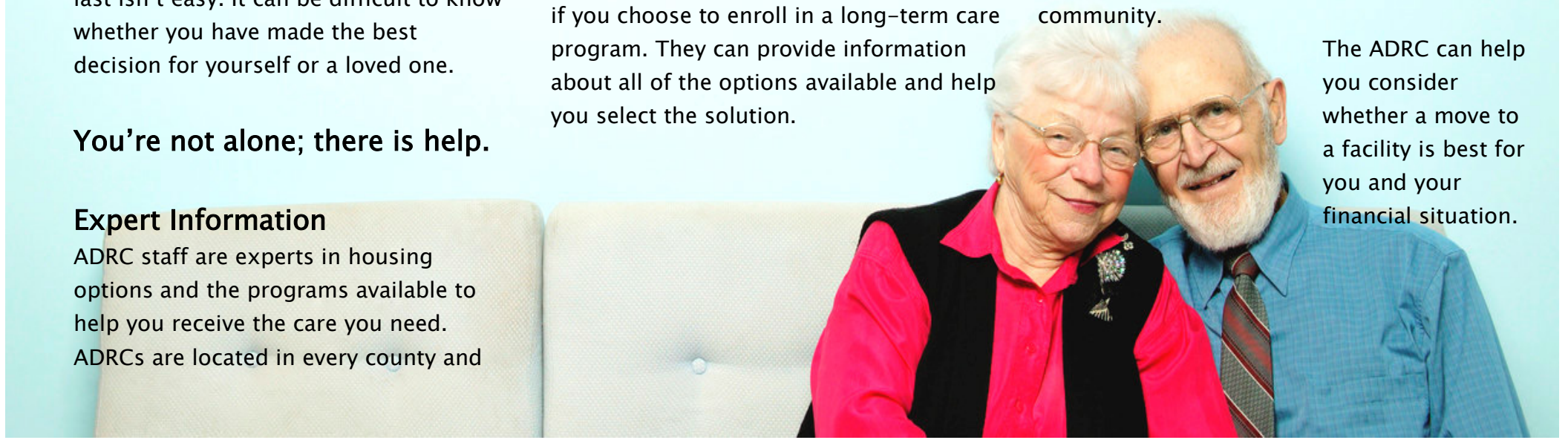
ADRCs are the entryway to publicly funded long-term care programs. ADRCs will assess your level of need for services and assist with the financial eligibility process if you choose to enroll in a long-term care program. They can provide information about all of the options available and help you select the solution.

Publicly Funded Long-Term Care Programs

It is important to know the limitations of publicly funded programs, such as Medicare and Medicaid, if you are considering a move into an assisted living facility or nursing home facility.

A primary goal of Wisconsin's long-term care programs is to support people to live in their own home or with family. Services in facilities are only provided as a last resort.

You should not expect that publicly funded programs will pay for care in an assisted living facility, even if you are already a resident of that facility, when you enroll in a long-term care program. You and the program you choose will work together to decide what is the most cost effective setting for you that will allow you to fully participate in the life of your community.



The ADRC can help you consider whether a move to a facility is best for you and your financial situation.

Preadmission Consultation

The preadmission consultation is a service of your local ADRC. Knowledgeable staff at the ADRC will provide you with information and assistance on:

- The full range of long-term care options available to you.
- Cost comparisons of different options to help you plan for your future.
- Limitations of publicly funded programs in assisted living facilities.
- Important things to consider when choosing long-term care programs and benefits.

Preadmission consultation provides people with the information they need to make informed decisions, before they make a move.

Contact your local **ADRC** for a phone consultation or to arrange an in-person appointment:

ADRC of Western Wisconsin - La Crosse Office
300 4th Street N.
La Crosse, WI 54601
Phone: 608-785-5700
Toll Free: 800-500-3910
Fax: 608-785-5790
TTY/TDD/Relay: Wisconsin Relay 711
Email: adrcntr@co.la-crosse.wi.us
Web: www.adrcww.org

Nursing homes and assisted living facilities (community-based residential facilities and residential care apartment complexes) are required to give a copy of this brochure to prospective residents when providing initial written information about their facility. Provision of this brochure constitutes the information and referral required by Wis. Stat. ch. 50.

STATE OF WISCONSIN
DEPARTMENT OF HEALTH SERVICES
Division of Public Health
P-00040 (06/2016)
dhs.wisconsin.gov

ADRC
Aging & Disability Resource Center

Are you considering assisted living or a nursing home?

What You Should Know...

Preadmission Consultation and You