



# A Guide for People Who Are on a Waiting List for Publicly Funded Long - Term Care

**You have been waiting for long-term care services.**

**Step 1  
Getting Started!**

A person from an Aging and Disability Resource Center, or "ADRC," will contact you about new long-term care programs that might get you the help you need. The ADRC specialist will talk with you about your option to take part in a new program.

**Step 2  
Having a Conversation**

The ADRC specialist is there to help. He/She wants to find out how you are doing and discuss the kind of help you may need, as well as the options available to get you that help.

If you would like, then the ADRC specialist can meet you in your home. There is a lot to learn. He/She will explain the different programs that are available, make sure you are eligible, help you compare your options, and help you select the option that is best for you.

**Step 3  
Applying**

After you select the option that is best for you, it will be necessary to apply for Medicaid, unless you're already eligible. You may need to update your records. The ADRC specialist will connect you with a county worker who will help with this process. This can be done in person, over the Internet, by phone, or by mail. Please note, sometimes people are required to pay for a share of the cost of the services they receive. If this is necessary, then this requirement will be discussed with you.

**Step 5  
Service Begins**

After all the paperwork is completed, a person from the organization you've selected to provide your services will contact you. This person will work with you to plan and coordinate your care. You are on your way to getting the help you need!

**Step 4  
Enrolling**

The ADRC specialist will contact you to discuss the results of your application. An estimated date of when you will start getting services will be set.

