



Interdisciplinary Teams in Family Care

Who is on your interdisciplinary team?

When you participate in the Family Care program, a team of people work with you to identify the type of assistance you might need to meet your needs and work with you to arrange for your long-term care services. You are an active part of this team that also includes, at a minimum, a care manager and a registered nurse. You can choose to include a family member or loved one on your team. Sometimes, people choose other professionals to participate as team members. This team is called an “interdisciplinary team.”

What does your interdisciplinary team do?

The team completes an assessment of your needs and develops a plan for services to meet those needs. The services outlined in your plan are individualized for you and focus on the most effective and cost-efficient way to meet your needs. The care manager and registered nurse authorize payment for your approved services, and monitor the quality of the services you receive.

This is an example of an interdisciplinary team in Family Care. The person in the center is YOU. The individuals in the lightly shaded boxes are people selected by YOU to participate on your team:

