



# Which Long-Term Care Program Is Best for Me?

## Which statement best describes YOU...

I would like to have help in getting the services I need.

I would like to manage my own services and supports.

I would like to have help to coordinate my long-term care services. I want to use Medicare or Medicaid to pay for my doctor and my medications.

I would like to direct my own care and have the help of a care team. I want to self-direct all, or some of my services within a budget, allowing me to recruit, hire and schedule services I choose. I want to leave management of some of my services to my care team. Family, friends and others may help me self-direct.

I would like to be in charge of and be responsible for all of my long-term care services. An IRIS consultant and a fiscal employer agent will help me. Within a budget I am allowed to recruit, hire, and schedule my long-term care providers and services, or I may purchase services from an agency. Family, friends and others may help me self-direct.

Tell Me More about...  
**Family Care**

Tell Me More about...  
**Self-Directed  
Supports  
in Managed  
Long-Term Care**

Tell Me More about...  
**IRIS  
(Include, Respect,  
I Self-Direct)**

