

## Dairy consumption, high school students

Health Priority B: Adequate and Appropriate Nutrition

Objective B2a: By 2010, increase the proportion of Wisconsin's population that makes healthy food choices to 40 percent.

2010 Target: 40%

Indicator: Dairy consumption, high school students

### Percent of Wisconsin High School Students Who Drink Three or More Glasses of Milk per Day, 2007 and 2009\*

Year (N)	Total		Males		Females	
	Percent	+/-	Percent	+/-	Percent	+/-
2007	22%	2%	27%	3%	18%	2%
(N)	2,067		1,044		1,022	
2009	21%	2%	26%	3%	16%	2%
(N)	2,422		1,178		1,240	

Source: Wisconsin Youth Risk Behavior Survey, Wisconsin Department of Public Instruction.

\*The YRBS question changed in 2007 from overall dairy product consumption to milk consumption only (see documentation).

N        Number in sample. See data documentation.

+/-      Confidence interval. See data documentation.

**Continued on next page**

## Dairy consumption, high school students, continued

### Percent of Wisconsin High School Students Who Eat Three or More Servings of Dairy Products per Day, 1999-2005\*

Year (N)	Total		Males		Females	
	Percent	+/-	Percent	+/-	Percent	+/-
1999	46%	3%	51%	4%	41%	4%
(N)	1,336		682		648	
2001	47%	2%	58%	3%	35%	3%
(N)	2,120		1,031		1,084	
2003	44%	2%	52%	3%	37%	3%
(N)	2,121		1,019		1,097	
2005	46%	2%	54%	3%	39%	3%
(N)	2,389		1,163		1,219	

Source: Wisconsin Youth Risk Behavior Survey, Wisconsin Department of Public Instruction.

\*The YRBS dairy consumption question was changed in 2007. See documentation.

N Number in sample. See data documentation.

+/- Confidence interval. See data documentation.

### Percent of Wisconsin High School Students Who Eat Three or More Servings of Dairy Products per Day, by Race/Ethnicity

Year (N)	Total		African American*		American Indian*		Asian*		Hispanic		White*	
	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-
1999-2003	46%	1%	22%	4%	38%	9%	27%	6%	36%	8%	49%	1%
(N)	5,577		397		104		213		154		4,379	
2001-2005	46%	1%	23%	5%	40%	9%	23%	5%	30%	7%	49%	1%
(N)	6,630		468		136		272		203		5,219	

Source: Wisconsin Youth Risk Behavior Survey, Wisconsin Department of Public Instruction.

Note: Data by race/ethnicity are not available for the periods 2003-2007 and 2005-2009, as the YRBS question on dairy consumption changed beginning in 2007 (see documentation).

N Number in sample. See data documentation.

+/- Confidence interval. See data documentation.

\* Non-Hispanic

Prepared for Tracking the State Health Plan, 2010—State-Level Data

<http://dhs.wisconsin.gov/statehealthplan/track2010> (January 2010)

Bureau of Health Information and Policy

Division of Public Health

Wisconsin Department of Health Services