

Overweight and obesity, adults 18+

Health Priority I: Overweight, Obesity, Lack of Physical Activity

Objective I4c: Between 2000 and 2010, reduce the proportion of Wisconsin adults who are obese from 20 percent to 15 percent.

2010 Target: 15%

Indicator: Overweight and obesity, adults 18+

Percent of Wisconsin Adults Aged 18+ Who Are Overweight Based On Body Mass Index

Year (N)	Total		Males		Females	
	Percent	+/-	Percent	+/-	Percent	+/-
2000	38%	2%	46%	3%	30%	2%
(N)	2,615		1,213		1,402	
2001	37%	2%	43%	2%	30%	2%
(N)	3,472		1,596		1,876	
2002	36%	1%	45%	2%	28%	2%
(N)	4,156		1,760		2,396	
2003	39%	2%	48%	2%	30%	2%
(N)	3,906		1,627		2,279	
2004	37%	2%	44%	3%	30%	2%
(N)	4,273		1,776		2,497	
2005	37%	2%	45%	3%	29%	2%
(N)	4,674		1,978		2,696	
2006	37%	2%	43%	3%	30%	3%
(N)	4,608		1,926		2,682	
2007	37%	2%	45%	3%	29%	2%
(N)	7,131		2,938		4,193	
2008	38%	2%	45%	3%	30%	2%
(N)	6,763		2,887		3,876	
2009	36%	2%	43%	4%	30%	3%
(N)	4,226		1,870		2,356	
2010	37%	2%	42%	3%	31%	3%
(N)	4,495		1,841		2,654	

Source: Wisconsin Behavioral Risk Factor Survey, Office of Health Informatics, Division of Public Health, Department of Health Services.

Note: Overweight is defined as Body Mass Index = 25.0-29.9. (See data documentation.)

Cases classified as obese are excluded and shown in a separate table.

Estimates with confidence intervals greater than 10% should be interpreted with caution.

N Number in sample. See data documentation.

+/- Confidence interval. See data documentation.

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Percent of Wisconsin Adults Aged 18+ Who Are Obese Based On Body Mass Index

Year (N)	Total		Males		Females	
	Percent	+/-	Percent	+/-	Percent	+/-
2000	20%	2%	22%	2%	18%	2%
(N)	2,615		1,213		1,402	
2001	23%	1%	23%	2%	22%	2%
(N)	3,472		1,596		1,876	
2002	22%	1%	23%	2%	20%	2%
(N)	4,156		1,760		2,396	
2003	21%	1%	22%	2%	20%	2%
(N)	3,906		1,627		2,279	
2004	23%	2%	25%	2%	21%	2%
(N)	4,273		1,776		2,497	
2005	24%	2%	25%	3%	24%	1%
(N)	4,674		1,978		2,696	
2006	27%	2%	29%	3%	24%	2%
(N)	4,608		1,926		2,682	
2007	25%	2%	27%	3%	23%	2%
(N)	7,131		2,938		4,193	
2008	26%	2%	27%	3%	25%	2%
(N)	6,763		2,887		3,876	
2009	29%	2%	32%	3%	27%	3%
(N)	4,226		1,870		2,356	
2010	27%	2%	30%	3%	24%	2%
(N)	4,495		1,841		2,654	

Source: Wisconsin Behavioral Risk Factor Survey, Office of Health Informatics, Division of Public Health, Department of Health Services.

Note: Obese is defined as Body Mass Index equal to or greater than 30.
(See data documentation.)

Estimates with confidence intervals greater than 10% should be interpreted with caution.

N Number in sample. See data documentation.

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Percent of Wisconsin Adults Aged 18+ Who Are Overweight Based on Body Mass Index, by Age

Year (N)	Ages 18-24		Ages 25-34		Ages 35-44		Ages 45-54		Ages 55-64		Ages 65+	
	Percent	+/-	Percent	+/-								
2000	28%	6%	33%	4%	38%	4%	43%	4%	41%	5%	41%	5%
(N)	188		473		612		549		329		457	
2001	28%	5%	31%	4%	38%	3%	37%	4%	47%	5%	39%	4%
(N)	345		629		847		675		397		574	
2002	23%	4%	35%	4%	40%	3%	39%	3%	38%	4%	40%	3%
(N)	339		688		887		818		592		813	
2003	27%	5%	41%	4%	38%	3%	43%	3%	43%	4%	41%	3%
(N)	298		631		830		813		534		778	
2004	25%	6%	37%	4%	38%	4%	39%	4%	43%	4%	39%	4%
(N)	288		697		839		911		640		879	
2005	22%	6%	36%	4%	41%	4%	40%	4%	41%	4%	40%	4%
(N)	278		636		853		1,017		778		1,079	
2006	22%	7%	34%	5%	38%	4%	38%	4%	44%	4%	43%	4%
(N)	223		558		856		1,032		870		1,046	
2007	20%	6%	35%	5%	40%	4%	40%	4%	38%	4%	44%	3%
(N)	303		747		1,129		1,641		1,413		1,866	
2008	25%	8%	35%	6%	38%	4%	40%	4%	40%	4%	44%	3%
(N)	249		650		1,064		1,533		1,391		1,844	
2009	24%	9%	32%	7%	39%	5%	39%	5%	41%	5%	41%	4%
(N)	150		341		571		910		981		1,258	
2010	23%	10%	33%	7%	37%	5%	40%	4%	39%	4%	43%	3%
(N)	131		313		628		1,001		1,051		1,349	

Source: Wisconsin Behavioral Risk Factor Survey, Office of Health Informatics, Division of Public Health, Department of Health Services.

Note: Overweight is defined as Body Mass Index = 25.0-29.9. (See data documentation.)

Cases classified as obese are excluded and shown in a separate table.

Estimates with confidence intervals greater than 10% should be interpreted with caution.

N Number in sample. See data documentation.

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Overweight and obesity, adults 18+, continued

Percent of Wisconsin Adults Aged 18+ Who Are Obese Based on Body Mass Index, by Age

Year (N)	Ages 18-24		Ages 25-34		Ages 35-44		Ages 45-54		Ages 55-64		Ages 65+	
	Percent	+/-	Percent	+/-								
2000	12%	5%	18%	3%	17%	3%	22%	3%	29%	5%	22%	4%
(N)	188		473		612		549		329		457	
2001	13%	4%	21%	3%	22%	3%	29%	3%	24%	4%	23%	3%
(N)	345		629		847		675		397		574	
2002	10%	4%	19%	3%	23%	3%	26%	3%	31%	4%	20%	3%
(N)	339		688		887		818		592		813	
2003	12%	4%	15%	3%	22%	3%	26%	3%	28%	4%	22%	3%
(N)	298		631		830		813		534		778	
2004	14%	5%	21%	3%	22%	3%	28%	3%	30%	4%	24%	3%
(N)	288		697		839		911		640		879	
2005	16%	5%	20%	4%	25%	4%	28%	4%	32%	4%	26%	3%
(N)	278		636		853		1,017		778		1,079	
2006	15%	5%	26%	4%	28%	4%	34%	4%	31%	4%	23%	3%
(N)	223		558		856		1,032		870		1,046	
2007	17%	5%	26%	5%	24%	4%	26%	3%	35%	4%	24%	3%
(N)	303		747		1,129		1,641		1,413		1,866	
2008	18%	7%	27%	5%	29%	4%	26%	3%	33%	4%	23%	3%
(N)	249		650		1,064		1,533		1,391		1,844	
2009	18%	8%	29%	6%	33%	5%	30%	4%	36%	4%	27%	4%
(N)	150		341		571		910		981		1,258	
2010	11%	7%	28%	7%	29%	5%	30%	4%	32%	4%	24%	3%
(N)	131		313		628		1,001		1,051		1,349	

Source: Wisconsin Behavioral Risk Factor Survey, Office of Health Informatics, Division of Public Health, Department of Health Services.

Note: Obese is defined as Body Mass Index equal to or greater than 30. (See data documentation.)

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N Number in sample. See data documentation.

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Percent of Wisconsin Adults Aged 18+ Who Are Overweight Based on Body Mass Index, by Race/Ethnicity

Years (N)	Total		African American*		American Indian*		Asian*		Hispanic	
	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-
2000-2002	37%	1%	33%	3%	25%	7%	23%	8%	36%	4%
(N)	10,243		797		132		97		429	
2001-2003	37%	1%	37%	3%	23%	7%	28%	9%	38%	4%
(N)	11,532		957		134		105		463	
2002-2004	38%	1%	37%	4%	23%	8%	27%	10%	38%	7%
(N)	12,346		1,133		137		113		254	
2003-2005	38%	1%	33%	4%	30%	10%	30%	10%	38%	8%
(N)	12,853		1,161		121		110		250	
2004-2006	37%	1%	31%	4%	35%	10%	32%	11%	35%	9%
(N)	13,555		1,178		130		104		249	
2005-2007	37%	1%	34%	5%	39%	11%	34%	13%	36%	8%
(N)	16,413		1,330		184		101		272	
2006-2008	37%	1%	33%	5%	34%	10%	n.r.		38%	9%
(N)	18,502		1,451		313				282	
2007-2009	37%	1%	33%	6%	30%	9%	n.r.		42%	10%
(N)	18,016		1,269		351				266	
2008-2010	37%	1%	32%	5%	30%	11%	n.r.		41%	10%
(N)	15,406		1,184		314				236	

Source: Wisconsin Behavioral Risk Factor Survey, Office of Health Informatics, Division of Public Health, Department of Health Services.

Note: Overweight is defined as Body Mass Index = 25.0-29.9. (See data documentation.) Cases classified as obese are excluded and shown in a separate table.

Estimates with confidence intervals greater than 10% should be interpreted with caution.

N Number in sample. See data documentation.

+/- Confidence interval. See data documentation.

* Non-Hispanic

n.r. Estimate not reliable (<100 cases)

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Overweight and obesity, adults 18+, continued

Percent of Wisconsin Aged Adults 18+ Who Are Overweight Based on Body Mass Index, by Race/Ethnicity (continued)

Years (N)	White*		Multiple Races*	
	Percent	+/-	Percent	+/-
2000-2002 (N)	37%	1%	**	
2001-2003 (N)	38%	1%	36%	9%
2002-2004 (N)	38%	1%	40%	12%
2003-2005 (N)	38%	1%	46%	12%
2004-2006 (N)	37%	1%	37%	11%
2005-2007 (N)	37%	1%	38%	15%
2006-2008 (N)	37%	1%	30%	15%
2007-2009 (N)	37%	1%	31%	13%
2008-2010 (N)	37%	1%	33%	14%

Source: Wisconsin Behavioral Risk Factor Survey, Office of Health Informatics, Division of Public Health, Department of Health Services.

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N Number in sample. See data documentation.
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* Non-Hispanic.
** Multiple races category not used in 2000.

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Years (N)	Total		African American*		American Indian*		Asian*		Hispanic	
	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-
2000-2002	21%	1%	35%	3%	35%	8%	10%	6%	25%	4%
(N)	10,243		797		132		97		429	
2001-2003	22%	1%	35%	3%	33%	8%	12%	6%	25%	4%
(N)	11,532		957		134		105		463	
2002-2004	22%	1%	36%	5%	43%	11%	12%	8%	28%	7%
(N)	12,346		1,133		137		113		254	
2003-2005	23%	1%	36%	4%	38%	11%	10%	8%	28%	7%
(N)	12,853		1,161		121		110		250	
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(N)	16,413		1,330		184				272	
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Percent of Wisconsin Adults Aged 18+ Who Are Obese Based on Body Mass Index, by Race/Ethnicity (continued)

Years (N)	White*		Multiple Races*	
	Percent	+/-	Percent	+/-
2000-2002 (N)	21%	1%	**	
2001-2003 (N)	21%	1%	26%	8%
2002-2004 (N)	21%	1%	21%	9%
2003-2005 (N)	22%	1%	20%	9%
2004-2006 (N)	24%	1%	27%	10%
2005-2007 (N)	25%	1%	27%	10%
2006-2008 (N)	25%	1%	32%	11%
2007-2009 (N)	26%	1%	43%	13%
2008-2010 (N)	26%	1%	38%	13%

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