# **Money Follows the Person**

In January 2007, the Centers for Medicare and Medicaid Services awarded the Wisconsin Department of Health Services a Money Follows the Person (MFP) Rebalancing Demonstration grant. The MFP Demonstration, per federal law, supports state efforts to:

- Rebalance long-term support systems while supporting individual choice of living situation (that is, move away from the use of institutions towards greater choice for community care).
- Transition people from institutions.
- Promote a person-centered, needs based, quality driven system of long term care.

Under the demonstration, Wisconsin receives enhanced federal match for each qualifying person's first 365 days in the community.

### **MFP Eligibility**

The state is eligible for enhanced federal funding under Money Follows the Person if an individual meet eligibility criteria.

**Pre-relocation eligibility criteria**: The person must have resided in a qualifying institution for at least 60 days. Qualifying institutions include:

- Nursing homes.
- Intermediate care facilities for people with intellectual disabilities (ICF-ID).
- Nursing home institute for mental disorder (IMD) if paid by Medicaid (if resident is under 22 or over 64).

The person must receive Medicaid benefits for institutional services for at least one day before relocation.

Long-term care eligibility: The person must meet functional and financial eligibility for Family Care, Family Partnership, IRIS (Include, Respect, I Self-Direct), or PACE (Program of All-Inclusive Care for the Elderly).

## **Eligible Living Arrangements**

The person must relocate to an eligible living arrangement to qualify for MFP. Options include:

- A house owned or leased by the individual or individual's family member.
- An apartment with an individual lease and where the individual or the individual's family has domain and control.
- An adult family home (where no more than four unrelated individuals reside).
- Certified and MFP-eligible residential care apartment complexes (RCACs) where an individual has a separate key to the apartment and signs a lease separate from the service agreement.

### **Role of ADRCs**

Staff from an aging and disability resource center (ADRC) can provide outreach with planning and supports to help people understand their community living choices.



# **Success Stories from Wisconsin**

### Harold

Harold, age 83, entered a nursing home for a heart condition. He had been living alone with supports from his family. He met with an ADRC and was found eligible for long-term care and MFP. Harold chose enrollment in a managed care organization (MCO) to best meet his care needs. His family and care manager worked together to establish supports so he could return to his apartment in the community. Harold's support plan included personal care, meal delivery, a personal response system, transportation for community activities, and family visits. MFP ended after one year, but Harold's services continue. He has ongoing contact with his team to review his needs.

#### Rose

At age 87, Rose was living in her own home when she was hospitalized and transferred to a nursing home due to malnutrition. She wanted to return home, and her care team and family agreed that her home would be the best setting for her with additional supports. Rose needed help cooking, cleaning, managing her medication, bathing, and dressing. She was found eligible for long-term care and MFP. Rose chose an MCO. Her support plan included home modifications for easier bathing and nighttime electronic monitoring for added safety. Mealtime and medication support from home health care staff avoided further issues with malnutrition. Rose's participation in MFP ended after one year, but her long-term care services continue as long as she needs them.

### Resources

- Learn more about Money Follows the Person at <u>dhs.wi.gov/mfp/index.htm</u> or email <u>dhscclmfp@dhs.wisconsin.gov</u>
- Find your local ADRC at <u>findmyadrc.com</u>
- Explore programs that provide long-term care for adults
  - Family Care <u>dhs.wi.gov/familycare/index.htm</u>
  - IRIS (Include, Respect, I Self-Direct) <u>dhs.wi.gov/iris/index.htm</u>
  - PACE (Program of All-Inclusive Care for the Elderly) dhs.wi.gov/familycare/pace.htm

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