A GUIDE TO REMOTE ELECTRONIC SUPPORTS

This guide is best used as part of a conversation with your IRIS Consultant about remote electronic support.

What is remote electronic support?

Remote electronic support uses technology to support you to live safely in your own home. The use of remote electronic support may reduce the need for the constant presence of paid staff in your home.

What are some examples of remote electronic support?

Remote electronic support can be any combination of the following:

- Intercoms
- Wander Guards
- Live remote monitors
- Audio monitors
- Sensors
- Alarms
- Medication reminders
- Cameras
- Cell phones
- Pagers/pendants to call for assistance
- Other electronic devices or system

What are some benefits of remote electronic support?

- Reliable
- Expands independence
- Increases security
- Cost-effective
- Flexible – provides options to using staff
- Adaptable – can change as your needs change
- Customizable – to meet your needs
- Adds privacy – fewer people present in your home

How will I know if remote electronic support is right for me?

Remote electronic support is not the answer for everyone. You may want to use remote electronic to:

- Keep or increase your safety at home, or
- Keep or increase your independence.

The use of remote electronic support should never interfere with or prevent you from living safely in your home.

Can I use a combination of remote electronic support and paid workers?

Yes. For example, some people use paid staff during the day and remote electronic support at night. Others use remote electronic support most of the time except for the few hours they use paid staff to provide personal care.

If you add any kind of remote electronic support, then you may decide to keep using paid workers, until you see how your new system works.

Do I need a computer to use remote electronic support?

No. All equipment for the system is supplied by the service provider. Not every remote electronic support system uses a computer. You can talk with the service provider to find out what equipment works best for you.

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Can remote electronic support work in different ways?

Remote electronic support is customized to meet each person's needs. The items below provide examples of some remote support possibilities.

Remote electronic support can provide an alert when someone:

- Leaves or enters the home
- Falls and needs assistance
- Has not left a room or a bed for a period of time
- Has a medical emergency, such as a seizure
- Needs a caregiver to respond to the home
- Needs a 911 response
- Needs help in case of fire or severe weather

How can I learn more about remote electronic support and find out if it's a good fit for me?

Remote electronic support is not the best solution for everyone. If you would like to learn more about them, contact your IRIS Consultant. For support in finding the remote electronic support companies in your area, contact your local Aging and Disability Resource Center.

What information will remote electronic support companies want to know about me?

Take a moment to look at the questions below:

- What does your current support system look like?
- Do you need 24-hour, on-site help?
- Do you need help to use the telephone?
- What is your sleeping pattern like?
- Do you need help to use household appliances safely?
- Do you have seizures or a medical condition that requires treatment or monitoring?
- Do you need help with your medications?
- Do you need help calling 911 or leaving your home in case of emergency?

SERVICE PROVIDER INFORMATION

For a complete local listing of service providers and resources in your area, please contact your local Aging and Disability Resource Center.

If you have questions or concerns, please contact your IRIS Consultant or the IRIS Information Center at 1-888-515-4747.