6.16 Social Competency/Self-Direction

The ability to form relationships, interest in, and skills needed to maintain positive relationships with adults and children, ability to understand the perspective and feelings of others, and skills needed to get along well in a group setting (e.g., conflict resolution skills).

| 0-6 mos | 6-12 mos | 12-18 mos | 18-24 mos | 24-36 mos | 36 mos-4 yrs | 4-6 yrs | 6-9 yrs | 9-12 yrs | 12-14 yrs | 14-18 yrs | 18 yrs + | ☑ Indicates that the item on the functional screen should be checked. ○ Indicates that the item on the functional screen should NOT be checked. |
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| | | | | | | | | | | | | Does not offer a social smile to immediate family. A social smile occurs in response to a noise, something within baby's sight, or another person's smile. ☑ Does not smile ☑ Does not react to another's social smile. ② Smiles in response to a noise, something in their sight, or another person's smile. |
| | | | | | | | | | | | | Does not calm down within a half an hour when soothed by a parent. Unable to respond to comforting actions from familiar adults. ☑ Continues to cry after all efforts to meet the baby's needs have been exhausted. ⑤ Cries frequently but calms after comforting (fed a bottle, changed a diaper, snuggled). ⑥ Colicky/fussy babies |
| | | | | | | | | | | | | Does not enjoy being picked up and held by family members. Stiffens and arches back when picked up. ☑ Reacts adversely to being touched by family members. ⊙ Occasionally will resist being picked up or held by family members. ⊙ Doesn't like one particular family member touching them. |

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| | | | | | | | | | | | | Does not demonstrate separation anxiety. Does not become upset or cry when primary caregivers or parents leave. ☑ Is not concerned when their parents leave them in a new environment. ☑ No longer cries or becomes upset when parents leave because they have become accustomed to the setting (e.g., day care). ☑ Cries or becomes upset when parents leave because they are emotionally attached to them. |
| | | | | | | | | | | | | Does not show an interest in what others around them are doing. Ignores other people in immediate environment. ☑ Does not interact or initiate interaction with others. ☑ Does not react to an adult trying to engage with them (e.g., being silly, playing with a toy near them, and offering to play a game). ③ Is involved in an activity that holds their complete attention (such as TV) and does not notice when others enter the room. ⑤ When given the opportunity to watch a toy or watch a person, generally child would rather watch other people. |
| | | | | | | | | | | | | Does not want to play near or be with immediate family members. Prefers to be alone rather than near those they trust. ☑ Avoids others or shows a preference to be alone. ☑ Does not bring toys to share with caregiver. |
| | | | | | | | | | | | | Does not play simple interactive games (e.g., So Big, Peek-a-Boo, Pat-a-Cake). Does not respond to other's attempts to engage in playful exchange. ☑ Regardless of encouragement from trusted adults, or other children, will not play interactive games. ⊘ Plays some interactive games but doesn't like other ones. |

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| | | | | | | | | | | | | Does not enjoy interacting with immediate family members. Does not like family time, looking at books, listening to songs, or rough-and-tumble play. ☑ Resists activities with family members and would rather be alone. ☑ Does not repeat activities that elicit laughter/positive responses from family. ☑ Is apprehensive about interacting with other children or familiar adults outside of their immediate family. |
| | | | | | | | | | | | | Does not like to be around other children. Prefers to spend time alone even when other children are around. ☑ Typically, when in the presence of other children, chooses to play away from them. ⑤ Enjoys the opportunity to sit near or play in the vicinity of other children, although may not interact with the other children or parallel play. ⑥ Doesn't have opportunity to be around other children due to complex or fragile health condition. |
| | | | | | | | | | | | | Does not make sure their parents are nearby when exploring new places. Approaches new environments without fear or caution. ☑ Investigates all new surroundings boldly without making sure parents are around. ③ Checks in, at least visually, with a parent as they begin a journey into new places. ⑤ Doesn't continuously seek a parent during their exploration. |

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| | | | | | | | | | | | | Does not enjoy interacting with nonfamily members. Would prefer to avoid trusted adults or children outside of immediate family. ☑ Refuses to interact with familiar people outside of immediate family. This may include neighbors, sitters, and extended family members like grandparents, cousins, or others they do not live with. ⑤ Doesn't interact with strangers. ⑥ Willing to test the waters by interacting with people not in their immediate family. |
| | | | | | | | | | | | | Does not show an interest in a variety of toys. Does not enjoy playing with a number of toys designed for their developmental level. ☑ Shows interest in items like fans, lights, and doors in absence of playing with toys designed for their developmental level. ☑ Has a favorite toy that they prefer to play with but shows some interest in other toys as well. |
| | | | | | | | | | | | | Does not parallel play with other children. Is not comfortable playing with similar toys next to other children. ☑ Watches other children play from a distance but does not try to engage in similar activities near other children. ⑤ Engages in cooperative play (e.g., building a block tower) with other children. This demonstrates a more advanced social skill. ⑥ Doesn't have opportunity to be around other children due to complex or fragile health condition. |
| | | | | | | | | | | | | Does not assume different roles in play. Does not engage in make believe or pretend play (e.g., pretends to play a mom, dad, cat, or dog). ☑ Is not able to pretend to be someone or something other than themselves. ③ Will pretend but doesn't want others to watch. Child can often be overheard playing make-believe by themselves in their room. ⑤ Is able to play make-believe games but doesn't like to. Would prefer to play something else. |

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| | | | | | | | | | | | | Does not play in group games with adult supervision. Will not play games led by trusted adults, such as hokey pokey, circle games, or Simon says. ☑ Refuses to engage in group games even with adults directing the play. ☑ Does not play interactively with other children. ⑤ Demonstrates initial hesitation and watches for a while before joining in. |
| | | | | | | | | | | | | Does not take turns in play. Does not share toys or wait for their turn in a group game. ☑ Is unable to play games like duck-duck-goose, because only one person is "it" and others have to wait their turn. ☑ Will not share their own toys but will share toys typically shared in group settings (e.g., shovels in the sandbox, swings on the playground). |
| | | | | | | | | | | | | Does not insist on trying to do things independently. Willingly allows others to help in all activities throughout the day. ☑ Does not have the "me do" or "I can do it myself" attitude to activities that they have the physical ability to accomplish. ☑ Does one activity on their own but is unwilling to try to complete other activities independently. ③ Has the attitude and willingness to do many activities of daily living throughout the day but doesn't like putting away their toys or other activities that may be more like a chore. ⑤ Wants to do things by themselves but gets frustrated to the verge of tantrums when problems arise: paint that drips, paper airplane that will not fold right. |
| | | | | | | | | | | | | Does not have an awareness of another child's need for help or feelings. Does not recognize when another child is happy, sad, or hurt. ☑ Is oblivious to the feelings of others. ☑ Is not aware when another person needs help. |

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| | | | | | | | | | | | | Does not identify one special friend. Will play with anyone but does not have a best friend. ☑ Plays with anyone who will play with them but does not seek out a particular friend with whom they are more compatible. ☑ Does not have any friends. |
| | | | | | | | | | | | | Does not participate in groups at play. Prefers to play by self rather than be part of a group. ☑ When welcomed to join a group activity (e.g. game of tag, make-believe games, building with blocks) chooses to play alone instead. ③ Is not invited to join a group at play. ⑤ Doesn't have opportunity to be around groups due to complex or fragile health condition. |
| | | | | | | | | | | | | Does not seek information or assistance from parents or teachers. Does not ask for help (verbally or nonverbally) or seek information from a trusted adult. ☑ Does not ask teachers when they have a question or need help. ③ Is shy and needs encouragement to talk to adults other than parents or teachers but can ask teacher questions in school. |

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| | | | | | | | | | | | | Does not make transitions from one activity to another without significant difficulty. Unable to make transitions without having their discomfort affect others in the group. ☑ Cannot end an activity when it is time to move onto something else without disruption. ☑ Cannot adapt to change without great distress. ☑ Is provided extra time in their school day to make transitions when other children can be in a separate space so this child does not disrupt the process for others (e.g., leaves classroom five minutes early to go to another class or lunch so they are alone in the hallways because they would otherwise make it difficult for the other children to get to their next class on time). ⑤ Doesn't like making a transition but does with encouragement. |

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| | | | | | | | | | | | | Does not question rules or punishments viewed as unfair. Unable to express their sense of unfairness or simply doesn't care when things are unfair. Conversely, child frequently feels they are being treated unfairly to an extent that it effects participation in activities. ☑ Has no understanding of rules. ☑ Cannot tell someone that they believe they were treated unfairly. ☑ Cannot challenge decisions pertaining to discipline, household rules, or societal rules, such as homework must be done before watching TV, a set bedtime, that certain kids are disciplined more at school than others, or that girls may be treated differently than boys. ☑ Child gets upset when they don't win a game or get to go first and think that this is always unfair. ☑ The child's belief that everything is unfair results in an inability to participate in age-appropriate activities due to constant disagreement and opposition. ⑤ Can tell their parent that their teacher has unfair rules but is not able to tell their teacher that they think the rules are unfair. Important skill is to be able to assert that they were wronged, not confront the person who made the rule. ⑥ Even though their perception of wrongdoing may be incorrect, they are able to express their sense of unfairness. |
| | | | | | | | | | | | | Presenting behaviors interfere with ability to form/maintain relationships. ☑ Cannot express own opposing view in disagreements with friends without losing control and either having a temper tantrum reaction that is inappropriate for their age or running away from the confrontation. ☑ Cannot engage in disagreements with their peers due to significant limitations in cognition or communication. ☑ Loses temper on occasion when disagreeing with other children or parents. ☑ Can express conflicting opinions while managing own emotions in disagreements with peers. |

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| | | | | | | | | | | | | Does not have the ability to compromise in relationships. ☑ Does not demonstrate interpersonal give-and-take necessary to keep a friend. ☑ Has only superficial friendships with classmates but has not tested the waters of reciprocity with one particular friend. ☑ Has friends that they have known for a long time. |
| | | | | | | | | | | | | Does not express an interest in spending time with similar aged peers. Isolates himself/herself from peers. ☑ Does not want to participate in activities with other children. ☑ Only participates in activities because their parents make them and would rather be left alone. ☑ Has an interest in participating in activities like afterschool programs, scouts, 4-H, sports, music groups, or clubs. |
| | | | | | | | | | | | | Does not show concern for the feelings of friends. Does not notice another person's feelings and offer care or comfort. Note: It is not enough to recognize the feelings of another person. This item requires that a child also know how to demonstrate the ability to offer care or comfort to another person. ☑ Does not recognize that a peer's feelings have been hurt. ☑ Can identify that someone else's feelings have been hurt but doesn't know what to do to provide comfort. ☑ Demonstrates concern for others when their feelings are hurt, but the effort they make doesn't result in the other person feeling happy again. |

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| | | | | | | | | | | | | Is not self-confident in social situations. Is not comfortable enough to express their own opinion in everyday peer interactions. ☑ Unable to express own view in conversations with friends. ☑ Does not have the cognitive or communication skills necessary to engage in this type of conversation. ☑ Difficulty coping with social fears, anxieties, or frustrations. ☑ Is able to assert own opinions in their own social circle but not in large or unfamiliar groups. |
| | | | | | | | | | | | | Does not assert social autonomy from parents. Does not make decisions about interests, activities, or ideas independent from parents such as social outings, daily schedule, or taking medication. ☑ Unable to make decisions affecting own daily life. ☑ Completely dependent on parents to make all decisions for them. ☑ Able to make and follow through with own decisions, live by own set of rules about right and wrong, and be less emotionally dependent on their parents. ☑ Consults with parents to help make decisions but ultimately makes final decision for themselves. |

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| | | | | | | | | | | | | Repeatedly does not avoid situations that are likely to result in trouble. Gets involved in situations that have caused trouble in the past or does not avoid peer pressure in going along with a bad idea. Has received correction or redirection to avoid dangerous or risky situations but continues to participate again and again. Demonstrates excessive familiarity with strangers. Unable to resist going along with a peer group even though they know the activity is dangerous or risky and should be avoided. Able to avoid peer pressure by giving a reason why it is a bad idea to go along, making an excuse as to why they can't participate, simply saying no, suggesting an alternative activity, or just leaving the situation all together. |
| | | | | | | | | | | | | Does not show respect for other people. Does not get along with a variety of people, use prosocial manners, and show gratitude towards others. ☑ Unable to interact positively with others. ⊙ Able to demonstrate basic acts of kindness towards others. This includes but is not limited to saying, "Please," and "Thank you." ⊙ Able to interact positively with people who have different values and opinions than their own. |
| | | | | | | | | | | | | Does not demonstrate the capacity for intimacy with another. Has not established close relationships that are open, honest, caring, and trusting. ☑ Unable to establish friendships that involve being open, honest, caring, and trusting. ⊙ Has close friendships but does not have a romantic relationship with anyone. |

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| | | | | | | | | | | | | Does not avoid situations that may get them into trouble. Makes unhealthy and unsafe decisions concerning drinking alcohol, using drugs, safe driving, safer sex, use of the internet, and other comparable situations. ☑ Repeatedly makes poor choices in situations that may cause harm to self or others. ☑ Has a legal guardian due to a severe cognitive impairment. ☑ Has experimented with unsafe situations but does not persist in them. ☑ Has made some mistakes along the way but in general makes healthy and safe decisions. |