

## Recovery is possible

Recovery is a process. It looks and feels different for everyone. Many people try and fail and try again. Stay positive and find what works for you.

## Support is available

You are not alone. The Wisconsin Department of Health Services and its service provider partners statewide are committed to helping you experience recovery.

## Treatment is effective

Services are available in your home and community.

## Take the first step

To determine your eligibility for Community Support Programs, Comprehensive Community Services, and/or Community Recovery Services, contact your county or tribal behavioral health agency or call 211 for information.

# Journey to Recovery

**Mental Health | Substance Use**

Community Support Programs (CSP)  
Comprehensive Community Services (CCS)  
Community Recovery Services (CRS)



**WISCONSIN DEPARTMENT**  
*of* **HEALTH SERVICES**

**Division of Care and Treatment Services**  
**Bureau of Prevention Treatment and Recovery**

1 W. Wilson St., Rm. 850  
P.O. BOX 7851  
Madison, WI 53703  
608-266-2717

[www.dhs.wisconsin.gov/recovery](http://www.dhs.wisconsin.gov/recovery)

**Wisconsin Department of Health Services**  
**Division of Care and Treatment Services**  
**Bureau of Prevention Treatment and Recovery**

## Community Support Programs

### For people living with a mental illness

- Comprehensive, team-based treatments and supports designed to meet an individual's evolving needs toward community independence
- Services provided in the community where the person lives and works

#### Services may include:

- ◆ 24/7 crisis services
- ◆ Employment related services
- ◆ Medication prescription and management
- ◆ Social and recreational skill training
- ◆ Support, training and supervision of activities of daily living
- ◆ Support to the participant
- ◆ Support to the participant's family
- ◆ Supportive psychotherapy
- ◆ Symptom management

*"My local Community Support Program saw hope and potential in me when I could not see it in myself."*

- Bob

## Comprehensive Community Services

### For people living with a mental illness and/or substance use disorder

- Provides services to people of all ages
- Person-centered, individualized approach to planning and services
- Individuals work with a team to decide which programs and supports will help them reach their recovery goals

#### Services may include:

- ◆ Employment skills training
- ◆ Medication management
- ◆ Residential support services
- ◆ Peer support
- ◆ Physical health management
- ◆ Problem solving skills
- ◆ Therapy
- ◆ Wellness management

*"Comprehensive Community Services helped me get stable and learn how to get a positive start on recovery."*

- Joseph

## Community Recovery Services

### For people living with a mental illness

- Three services available
- Individualized to your recovery needs

#### Services may include:

##### Peer Support

- ◆ Empowerment skills
- ◆ Problem solving skills
- ◆ Social skills

##### Community Living Supportive Services

- ◆ Crisis coping skills
- ◆ Financial management
- ◆ Independent living skills
- ◆ Interpersonal skills

##### Supported Employment

- ◆ Competitive employment
- ◆ Immediate job searching
- ◆ On-the-job supports

*"Community Recovery Services helped me obtain my goal of going to school. I have a lot of support around me and I am achieving things."*

-Maria