

## Recovery is Possible

Recovery is a process. It looks and feels different for everyone. Many people try and fail and try again. Stay positive and find what works for you.

## Support is Available

You are not alone. The Wisconsin Department of Health Services and its service provider partners statewide are committed to helping you experience recovery.

## Treatment Works

Services are available in your home and community.

*This brochure was produced in cooperation with the Recovery Implementation Task Force, a group of people who have lived experience with mental health and substance use disorders and want to help others experience recovery.*

[dhs.wisconsin.gov/mh/taskforce.htm](http://dhs.wisconsin.gov/mh/taskforce.htm)

## Take the first step.

To determine your eligibility for Community Support Programs and/or Comprehensive Community Services, please contact your county or tribal Health and Human Services Department.

---

---

---

---



**Division of Mental Health and Substance Abuse Services  
Bureau of Prevention Treatment and Recovery**

1 W. Wilson St., Rm. 850  
P.O. BOX 7851  
Madison, WI 53703

Phone: 608-266-2717  
Fax: 608-266-1533

[dhs.wisconsin.gov/mh/recovery.htm](http://dhs.wisconsin.gov/mh/recovery.htm)

P-01026A (05/2015)

# Journey to Recovery

**Mental Health | Substance Use**

Community Support Programs (CSP)  
Comprehensive Community Services (CCS)



**Wisconsin Department of Health Services  
Division of Mental Health and Substance Abuse Services  
Bureau of Prevention Treatment and Recovery**

*“My local Community Support Program saw hope and potential in me when I could not see it in myself.”*

*- Bob*

[dhs.wisconsin.gov/mh/csp.htm](https://dhs.wisconsin.gov/mh/csp.htm)

*“Comprehensive Community Services helped me get stable and learn how to get a positive start or recovery.”*

*- Joseph*

[dhs.wisconsin.gov/ccs/index.htm](https://dhs.wisconsin.gov/ccs/index.htm)

# Community Support Programs

## For people living with a mental illness

- Comprehensive, team-based treatments and supports designed to meet an individual’s evolving needs toward community independence
- Services provided in the community where the person lives and works

## Services may include:

- ◆ 24/7 crisis services
- ◆ Employment related services
- ◆ Medication prescription and management
- ◆ Social and recreational skill training
- ◆ Support and supervision of activities of daily living
- ◆ Supportive psychotherapy
- ◆ Symptom management
- ◆ Support to the participant
- ◆ Support to the participant’s family

# Comprehensive Community Services

## For people living with a mental illness and/or substance use disorder

- Provides services to people of all ages
- Person-centered, individualized approach to planning and services
- Individuals work with a team to decide which programs and supports will help them reach their recovery goals

## Services may include:

- ◆ Employment skills training
- ◆ Medication management
- ◆ Peer support
- ◆ Physical health management
- ◆ Problem solving skills
- ◆ Residential support services
- ◆ Therapy
- ◆ Wellness management