Use the appropriate mosquito repellent and apply according to the label instructions. It is recommended to use products registered with the Environmental Protection Agency (EPA), which means the product isn’t expected to cause adverse effects to human health or the environment when used according to the label.

**Personal Protection**

**Repellents**

It is recommended to use a strong repellent approved by the EPA. Repellents recommended by the CDC contain permethrin or DEET. These repellents have been studied the most and have proven to offer extra protection.

**Clothing**

Wear long-sleeved shirts, long pants, socks, and shoes. Mosquitoes may bite through thin clothing. It is recommended to spray clothes with a reliable repellent such as permethrin.

**Permethrin**

This repellent and insecticide used on clothing helps to repel and kill arthropods like mosquitoes. This product has been known to continually repel and kill insects even after several washings. Follow directions when reapplying the product.

Avoid direct skin contact with permethrin. Recommended for use on the following items when directions are followed: clothing, shoes, bed nets, and camping gear.

**Mosquito Prevention**

- Avoid being outside during times of high mosquito activity (dawn and dusk).
- Keep window screens repaired so that mosquitoes cannot enter your home.
- Dispose of discarded tires, cans, or plastic containers left outside that may contain standing water.
- Drain standing water from pools or hot tub covers.
- Turn over plastic wading pools and wheelbarrows when not in use.
- Change the water in bird baths, pet dishes, and wading pools at least every 3-4 days.
- Keep drains, ditches, and culverts clean of trash and weeds so water will drain properly.
- Clean gutters to ensure they drain properly.
- For more information on mosquito habitats, visit [dhs.wisconsin.gov/environmental/mosquito-habitat.htm](dhs.wisconsin.gov/environmental/mosquito-habitat.htm).