

# RESOURCES TO PROTECT YOUR SCHOOL FROM THE FLU

The influenza (“flu”) season is here! Help protect students and school staff by getting a flu vaccination. People of all ages can get sick from the flu but children and adolescents are a group known to have a high rate of flu illness. There are everyday preventative actions that your school can take to stop the influenza virus from spreading. This includes:

- Promote good handwashing
- Encourage individuals to stay home when ill
- Promote “cover your cough” etiquette
- Properly clean and disinfect the school
- Encourage all students and educators to receive a flu vaccination each year.

## Additional Resources:

- Guidance for School Administrators: <http://www.cdc.gov/flu/school/guidance.htm>
- How to Clean and Disinfect Schools: <http://www.cdc.gov/flu/school/cleaning.htm>
- Influenza Q&A for Schools: <http://www.cdc.gov/flu/school/qa.htm>

