

Muab Tau Tsab Luam

Ntawm koj daim ntawv txuas tshiab los sis Tsab Ntawv Nthuav Qhia Thov Kev Pab

Koj muaj txoj cai tau cov ntaub ntawv uas koj xa mus rau ACCESS thaum twg koj thov cov txiaj ntsim nyiaj pab ntawm FoodShare. Kom muab tau koj tsab ntawv txuas tshiab los sis tsab ntawv nthuav qhia thov kev pab ntawm ACCESS, ua kom tiav cov kauj ruam nram no.

1

Nias Download (Rub) daim ntawv nthuav qhia koj qhov As khauj thawj phab kom rub tau koj tsab ntawv thov kev pab LOS SIS nias rau View (Saib) thiab Print (Luam Tawm) raws cov kauj ruam tom ntej ntawm nplooj ntawv kom rub tau koj daim ntawv nthuav qhia kev txuas tshiab. Yuav qhib tau koj daim ntawv nthuav qhia nrog Adobe Reader.

2

Xaiv Print (Luam Tawm) ntawm phab File hauv Adobe Reader.

3

Xyuas kom xaiv lub chaw khiav ntaub ntawv lub tshuab luam tawm thiab nias Print (Luam Tawm).

4

Mus muab koj daim ntawv nthuav qhia ntawm lub tshuab luam ntawv ntawm ib sab lub tshuab ua ntawv thov kev pab, los sis thov chaw khiav ntaub ntawv tus neeg ua hauj lwm kom pab mus muab koj daim ntawv nthuav qhia ntawm lub chaw khiav ntaub ntawv lub tshuab luam ntawv.

Yog koj muaj lus nug txog los sis xav tau kev pab mus muab los sis luam tawm koj daim ntawv nthuav qhia, thov lub chaw khiav ntaub ntawv tus neeg ua hauj lwm kom pab.

