

Mental Health in Wisconsin

Wisconsin Family Health Survey, 2017 Release

1 in 5 adults in the U.S. experiences mental illness in a given year.¹



That is over 43 million people.

The 2015 Wisconsin Family Health Survey includes a number of questions about mental health and mental health care. Family Health Survey estimates indicate that 11% of Wisconsin residents received mental health services in the past year.

Of those who received mental health services:



60% were female and 40% were male.



14% were children under the age of 18.

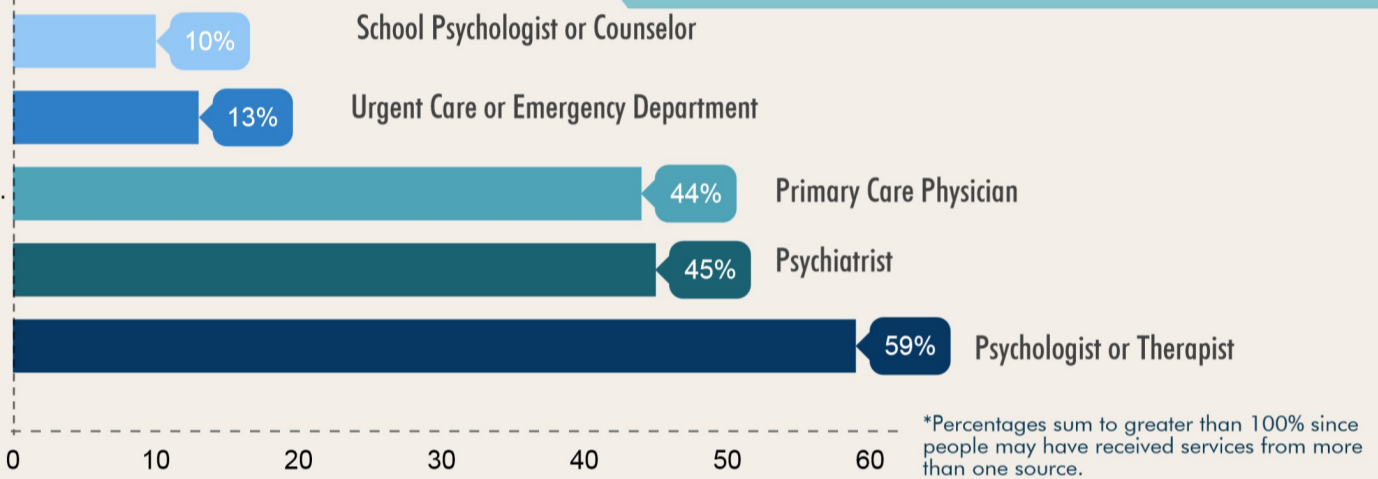


62% of adults, ages 18 to 64, were employed.

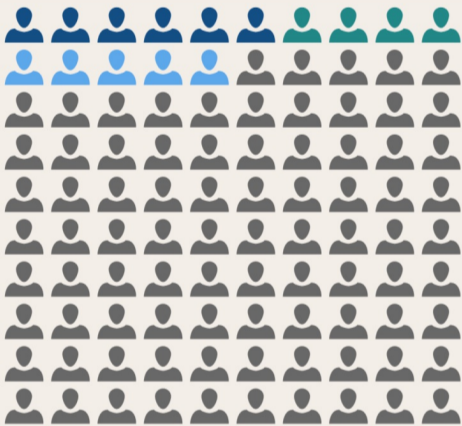


86% were satisfied with the mental health care they received.

Where do people go for mental health services?*



Depression and Anxiety*



6% of Wisconsin residents have been diagnosed with **depression**. 4% have been diagnosed with **anxiety**. 5% have been diagnosed with **both** anxiety and depression.

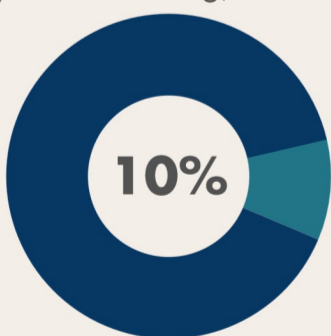
That is enough people to fill Lambeau Field more than 10 times.



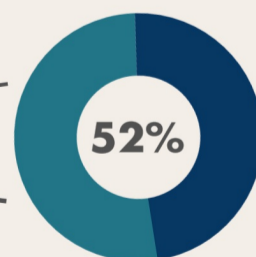
*Anxiety includes those diagnosed with post-traumatic stress disorder (PTSD).

Mental Health-Related Activity Limitations*

The Family Health Survey includes questions about activity limitations due to one's mental health. These include being prevented from working/going to school, having difficulty running errands alone, having trouble eating/dressing/bathing/using the toilet, and having serious difficulty concentrating, remembering, making decisions, and/or having periods of confusion.



While only a small proportion of adults were reported to have at least one of these mental health-related activity limitations in the past year...



...over half of those reported to have a mental health-related activity limitation did not receive any mental health services in the past year.

*Reported only for adults 18 years of age and older.

1. <https://www.nimh.nih.gov/health/statistics/prevalence/any-mental-illness-ami-among-us-adults.shtml>

See Technical Notes for methods, question wording, and additional analysis information.
For information on the Family Health Survey: <https://www.dhs.wisconsin.gov/stats/familyhealthsurvey.htm>
For information on mental health resources in Wisconsin: <https://www.dhs.wisconsin.gov/mh/dcindex.htm>

