## HOW TO GIVE NALOXONE

There are four ways to give naloxone. Follow instructions for the type that you have.

-- To see video instructions on how to administer the four kinds of naloxone, visit www.prescribetoprevent.org. --

### Nasal spray (ready to use)

1. Peel back the package to remove the device.
2. Place the tip of the nozzle in a nostril until your fingers touch the bottom of the nose.
3. Press the plunger firmly to release the dose into either nostril.
4. Provide a second dose in the other nostril if there is no response after 2-3 minutes.

### Nasal spray (assembly required)

1. Remove the two colored caps from the delivery syringe.
2. Screw the white atomizer cone onto the top of the delivery syringe.
3. Remove the cap off the capsule of naloxone.
4. Gently screw the capsule of naloxone into the barrel of syringe.
5. Insert white cone into nostril; give a short, strong push on the end of capsule to spray naloxone into nose: **One half (1 mL) of the capsule in each nostril.**
6. If there is no reaction in 2-3 minutes, give a second dose.

### Auto-injector (EVZIO™)

1. Pull auto-injector from outer case.
2. Pull off red safety guard.
3. Place the black end of the auto-injector against the outer thigh—through clothing if needed—press firmly and hold in place for 5 seconds.
4. Repeat the injection if there is no response after 2-3 minutes.

### Injectable naloxone

1. Put on gloves, if available. Remove cap from naloxone vial and uncover the needle.
2. Insert needle through rubber plug with vial upside down. Pull back on plunger and draw up 1 mL of naloxone.
3. Insert the needle into the muscle of the bare upper arm or thigh. Push on the plunger to inject the naloxone.
4. Repeat the injection if there is no response after 2-3 minutes.
RESPONDING TO AN OVERDOSE

-- Ask your pharmacist about how to safely dispose of medications and sharps. --

1 **IDENTIFY OVERDOSE**
   - Try to wake the overdose victim by yelling their name or rubbing your knuckles in the middle of their chest.

2 **CALL 9-1-1**
   - Indicate if the overdose victim has stopped or slowed breathing.

3 **OPEN AIRWAY AND GIVE RESCUE BREATHS**
   - If the overdose victim is not breathing, open the airway. Remove any object from the victim’s mouth.
   - If breathing has stopped or slowed, start rescue breathing: tilt head back, lift chin, pinch nose with other hand, give one breath every five seconds. Continue this for 30 seconds.
   - If the overdose victim is still not breathing on own, give naloxone.

4 **GIVE NALOXONE**
   - See reverse side for how to give naloxone. After giving naloxone, continue rescue breaths. If there is still no response after 2-3 minutes, give naloxone again. More than one dose is sometimes needed.

5 **RECOVERY POSITION**
   - Once the overdose victim is breathing again, put the person on their side with the top leg and arm crossed over the body to prevent choking (see below).

6 **STAY UNTIL HELP ARRIVES**
   - Stay with the overdose victim until emergency responders arrive.