

HOW TO GIVE NALOXONE

Sometimes, more than one dose of naloxone is needed.
If there is no reaction in 2-3 minutes, give a second dose.

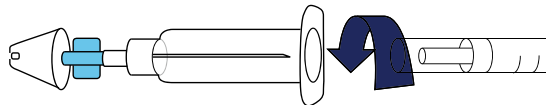
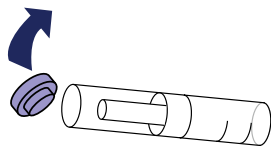
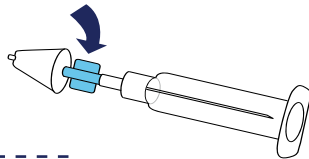
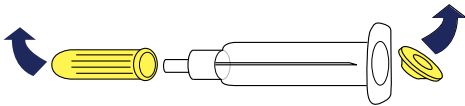
Nasal spray (NARCAN®)

- 1 Peel back the package to remove the device.
- 2 Place tip of nozzle in a nostril until your fingers touch the the nose.
- 3 Press the plunger firmly to release the dose into either nostril. If needed, give second dose in other nostril.



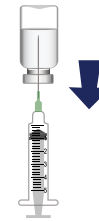
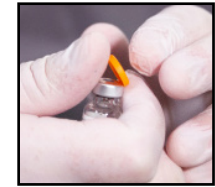
Nasal spray (atomizer)

- 1 Remove the two colored caps from the delivery syringe.
- 2 Screw the white atomizer cone onto the top of the delivery syringe.
- 3 Remove the cap off the capsule of naloxone.
- 4 Gently screw the capsule of naloxone into the barrel of syringe.
- 5 Insert white cone into nostril; give a short, strong push on the end of capsule to spray naloxone into nose: **One half (1 mL) of the capsule should be sprayed in each nostril.**

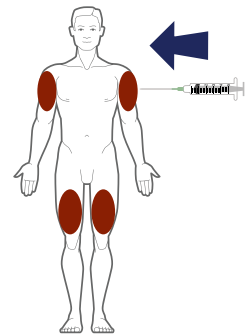


Injectable naloxone

- 1 Put on gloves, if available. Remove cap from naloxone vial. Uncover the needle.
- 2 Insert needle through rubber plug with vial upside down. Pull back on plunger and draw up 1 mL of naloxone.
- 3 Insert the needle into the muscle of the upper arm or thigh (see image at right), through clothing if needed. Push on the plunger to inject the naloxone.



With needle pointing up, push plunger to remove air in syringe (A). Lock needle in place with a quarter turn (B).



Auto-injector (EVZIO®)

- 1 Pull auto-injector from outer case. Pull off red safety guard.
- 2 Place the black end of the auto-injector against the outer thigh, **through clothing if needed**. Press firmly and hold in place for 5 seconds.

RESPONDING TO AN OVERDOSE

IDENTIFY OVERDOSE

Try to wake the person by yelling their name or rubbing your knuckles in the middle of their chest.

CALL 911

Tell the operator if the person overdosing has stopped or slowed breathing.

OPEN AIRWAY AND GIVE RESCUE BREATHS

If the person is not breathing, open the airway. Remove any object(s) from the mouth.

If breathing has stopped or slowed, start rescue breathing (see images below):

- Tilt head back and lift chin
- Cover person's face (or your own) with mask (if available)
- Pinch nose with other hand
- Give one breath every five seconds.

Continue this for 30 seconds.

If the person is still not breathing on own, give naloxone.



GIVE NALOXONE

See reverse side for how to give naloxone. After giving naloxone, **continue rescue breaths**. If there is still no response after 2-3 minutes, give naloxone again. **More than one dose is sometimes needed.**

PLACE IN RECOVERY POSITION

Once the person is breathing again, put the person on their side with the top leg and arm crossed over the body to prevent choking (see below).



STAY UNTIL HELP ARRIVES

Stay with the person until emergency responders arrive.

Some actions, like rescue breathing and giving naloxone, may need to be repeated. If possible, get help from others.

Always seek help by calling 911.

