

# You would do anything to protect your **family**.



APPROXIMATELY 1 IN 12 ZIKA-INFECTED MOMS HAVE BABIES WITH BIRTH DEFECTS

## Take steps to protect yourself and those you love against **Zika** and other diseases.



**IF YOU OR YOUR PARTNER ARE PREGNANT OR PLANNING TO BECOME PREGNANT, DO NOT TRAVEL TO AN AREA WHERE ZIKA IS SPREADING.**



**ZIKA CAN BE PASSED THROUGH SEX.** You can spread Zika to your sexual partners. Sex includes vaginal, anal, and oral sex, as well as the sharing of sex toys.



**ZIKA MAY BE IN PLACES YOU DON'T EXPECT. CHECK IF THE AREA YOU ARE TRAVELING TO IS AN AREA WHERE ZIKA IS SPREADING:**

[www.cdc.gov/zika/geo/](http://www.cdc.gov/zika/geo/)



**USE A CONDOM.** If you or your sexual partner lives in or travels to an area with Zika, you should use condoms from start to finish every time you have sex during pregnancy.



**ZIKA CAN CAUSE BIRTH DEFECTS.** Zika can be passed from a pregnant woman to her baby anytime during pregnancy. Approximately 1 in 12 Zika-infected moms have babies with birth defects.



**ZIKA CAN BE SPREAD EVEN IF SYMPTOMS ARE NOT PRESENT.** 80 percent of people with Zika have no symptoms. Zika may be spread for weeks to months after infection.

