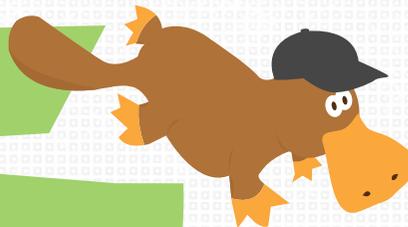




How to Have a Well Visit: A Teen's Guide

What?

Teens ages 12-17 should have a well visit every year to achieve and maintain physical and emotional well-being.



“But I’m not sick!”

What's Included?

- Physical exam
- Blood pressure check
- Vaccines

And questions about your...

- Mental health
- Sleep
- Eating habits
- Life at home
- Relationships



May also include...

- Vision and hearing screen
- Sexually transmitted infection screen



Confidentiality

It is your right to talk to a provider alone. Teen patients may consent to many important and life-saving services in Wisconsin. Ask your health care provider about their confidentiality policy.



Remember, it's important even if you're healthy!

For more information, scan this code!

