



ASTHMA

Ideas for Taking Action

Wisconsin Environmental Public Health Tracking Program



TAKING ACTION

We know it's a challenge to translate data into action. To help get you started, we created a short menu of potential strategies for addressing asthma. To help communities of all sizes and resource levels, we organized this guide by the scope of the strategy, from addressing knowledge, attitudes, and skills to addressing laws and policies. Each strategy contains links to more resources.

INDIVIDUAL LEVEL | Knowledge, Attitudes, Skills

- Promote [asthma self-management education](#).
- Ensure asthma patients have an up-to-date [asthma action plan](#).
- Create educational materials that are [culturally appropriate and written in plain language](#).

INTERPERSONAL LEVEL | Family, Friends, Social Networks

- Offer [environmental home assessments](#) to identify and remove asthma triggers.
- Train doctors to create [asthma management plans](#) with their patients.
- Encourage homeowners to practice [integrated pest management](#).
- [Create a circle of support](#) among families, clinicians, and school nurses.

ORGANIZATIONAL LEVEL | Organizations, Schools, Workplaces

- Encourage child care centers and schools to [identify environmental asthma triggers](#) via a facility walkthrough.
- Ensure students with asthma have an updated [asthma action plan](#) on file at school.
- Train teachers, child care workers, and school nurses how to [administer rescue inhaler medication](#).

COMMUNITY LEVEL | Design, Access, Connectedness, Spaces

- Promote the [school flag program](#) to alert the community to outdoor air quality.
- Promote [nonsmoking environments](#) and [smoking cessation options](#) for community members.

POLICY LEVEL | National or Local Laws and Policies

- Promote [best practices for cleaning and pest management](#) in schools and child care centers.
- Promote [school policies that limit school bus idling](#).
- Encourage property owners and operators to [adopt smoke-free policies](#) in apartment buildings.
- Promote [housing rehabilitation loan and grant programs](#).

Find more strategies and explore asthma data at dhs.wisconsin.gov/epht.

