ASTHMA
Ideas for Taking Action
Wisconsin Environmental Public Health Tracking Program

TAKING ACTION
We know it’s a challenge to translate data into action. To help get you started, we created a short menu of potential strategies for addressing asthma. To help communities of all sizes and resource levels, we organized this guide by the scope of the strategy, from addressing knowledge, attitudes, and skills to addressing laws and policies. Each strategy contains links to more resources.

INDIVIDUAL LEVEL | Knowledge, Attitudes, Skills
- Promote asthma self-management education.
- Ensure asthma patients have an up-to-date asthma action plan.
- Create educational materials that are culturally appropriate and written in plain language.

INTERPERSONAL LEVEL | Family, Friends, Social Networks
- Offer environmental home assessments to identify and remove asthma triggers.
- Train doctors to create asthma management plans with their patients.
- Encourage homeowners to practice integrated pest management.
- Create a circle of support among families, clinicians, and school nurses.

ORGANIZATIONAL LEVEL | Organizations, Schools, Workplaces
- Encourage child care centers and schools to identify environmental asthma triggers via a facility walkthrough.
- Ensure students with asthma have an updated asthma action plan on file at school.
- Train teachers, child care workers, and school nurses how to administer rescue inhaler medication.

COMMUNITY LEVEL | Design, Access, Connectedness, Spaces
- Promote the school flag program to alert the community to outdoor air quality.
- Promote nonsmoking environments and smoking cessation options for community members.

POLICY LEVEL | National or Local Laws and Policies
- Promote best practices for cleaning and pest management in schools and child care centers.
- Promote school policies that limit school bus idling.
- Encourage property owners and operators to adopt smoke-free policies in apartment buildings.
- Promote housing rehabilitation loan and grant programs.

Find more strategies and explore asthma data at dhs.wisconsin.gov/epht.