

# PROGRAM IMPROVES ASTHMA CONTROL

- **Free program** provides asthma self-management education and home environmental walkthroughs to people with poorly controlled asthma.
- **Goal** is to reduce missed school or work days, urgent care visits, emergency department visits, and hospitalizations due to asthma.

#### **PROGRAM DETAILS**

- Two in-home sessions with walkthrough; three follow-up calls.
- Self-management education by a trained asthma educator.
  - □ Early warning signs and triggers
  - □ Asthma action plan review
  - □ Review of asthma medications and proper inhaler use

### HOME ENVIRONMENTAL WALKTHROUGH

- Asthma triggers increase the risk of an asthma attack.
- Trained staff identify asthma triggers in the home and provide recommendations to help reduce triggers.
- Free asthma trigger reduction items may be provided.

## HELP YOUR PATIENTS TAKE CONTROL OF THEIR ASTHMA

Refer patients with poorly controlled asthma to improve their asthma self-management. The program is currently offered in the following areas due to high asthma rates.\* For additional information, contact: cristine.rameker@dhs.wisconsin.gov.

Milwaukee County Children's Hospital of Wisconsin 414-345-7833 (cell) 414-231-4906 (office) dJames@chw.org

UniteMKE 414-435-0506 keetah@unitemke.org **Kenosha County** Division of Health 262-605-6727 lindsay.deinhammer@kenoshacounty.org

Sawyer County Public Health 715-634-4806 jbjork@sawyerhs.hayward.wi.us



\* County rates at: https://www.dhs.wisconsin.gov/asthma/facts.htm#stats



لن Wisconsin's Asthma Care Program

Home-Based Asthma Program

## WHO WOULD BENEFIT?

Patients whose asthma causes:

- Missed school or work days
- Emergency department visits
- Hospitalizations
- Urgent care visits
- Frequent steroid bursts
- Frequent albuterol refills
- Inconsistent controller medication refills