

Resources for Family Caregivers

Basic Information on Alzheimer's and Other Types of Dementias

Alzheimer's Association

http://www.alz.org/alzheimers_disease_1973.asp

Alzheimer's and Dementia Alliance of Wisconsin

<http://www.alzwisc.org/About%20dementia.htm>

National Institutes of Health

<https://www.nia.nih.gov/alzheimers/topics/alzheimers-basics>

Progressive Declines of Alzheimer's Disease and Related Dementias: Physical Changes That Affect Perception of the Environment, P-01622b

<https://www.dhs.wisconsin.gov/publications/p01622b.pdf>

Thinking Processes Impaired by Dementia, P-01622a

<https://www.dhs.wisconsin.gov/publications/p01622a.pdf>

Options for Diagnosis

Wisconsin Alzheimer's Institute Diagnostic Clinics Network

<http://www.wai.wisc.edu/clinics/overview.html>

Organizations Providing Support

Alzheimer's Association

www.alz.org

24-hour hotline 1-800-272-3900

Alzheimer's and Dementia Alliance of Wisconsin

www.alzwisc.org

Aging and Disability Resource Centers

<https://www.dhs.wisconsin.gov/adrc/index.htm>

Department of Health Services

- Dementia-Capable Wisconsin
<https://www.dhs.wisconsin.gov/dementia/index.htm>
- Information for Individuals and Families
<https://www.dhs.wisconsin.gov/dementia/individualsandfamilies.htm>



Resources for Family Caregivers

Advance Care Planning

- Alzheimer's Association
<http://www.alz.org/i-have-alz/end-of-life-planning.asp>
- Wisconsin Medical Society
https://www.wisconsinmedicalsociety.org/_WMS/professionalism/hcw/2015/sharing_the_experience/presentations/Advance%20Care%20Planning%20and%20Dementia.pdf

Adult Day Care Guide

<https://www.dhs.wisconsin.gov/guide/adc.htm>

Caregiver Supports from the Alzheimer's Association

http://www.alz.org/eci/in_my_community_helping.asp

Caregiver Supports from the Alzheimer's and Dementia Alliance of Wisconsin

<http://www.alzwisc.org/For%20family%20and%20friends.htm>

Changes to Intimate Relationships

<https://www.nia.nih.gov/health/intimacy-and-sexuality-resources-dementia-caregivers>

Driving and Dementia

<http://www.alz.org/care/alzheimers-dementia-and-driving.asp>

Exercise for People with Dementia

<https://www.caring.com/articles/physical-exercise-therapy-dementia>

Financial Planning

<http://www.alz.org/i-have-alz/financial-planning.asp>

Home Safety Evaluation by an Occupational Therapist

<http://www.aota.org/About-Occupational-Therapy/Professionals/MH/Dementia.aspx>

How to Safely Transfer Someone from One Seat to Another

<http://www.videocaregiving.org/beyond-video/Home-Lifting.php>

Information from the Veterans Association

<http://www.ruralhealth.va.gov/education/dementia-caregivers/>

Information on Caregiver Stress

<http://www.alz.org/care/alzheimers-dementia-caregiver-stress-burnout.asp>

Informational Videos by Teepa Snow

<http://teepasnow.com/resources/teepa-tips-videos/>

Kids and Teens

http://www.alz.org/living_with_alzheimers_just_for_kids_and_teens.asp



Kids Brain Health School Curriculum

<https://dpi.wi.gov/sites/default/files/imce/sspw/pdf/hebrainhealth-mini-unit.pdf>

(Open the link to the Power Point presentation in this document)

Memory Cafe Directory

<http://www.memorycafedirectory.com/>

Music & Memory Program

- Music & Memory, Inc.
<https://musicandmemory.org/>
- Wisconsin Music & Memory Program
<https://www.dhs.wisconsin.gov/music-memory/index.htm>

Nonverbal Communication Tips

<http://dementiatoday.com/improving-your-nonverbal-communication-skills-and-reading-body-language/>

Powers of Attorney for Health Care and Finance, Guardianship Assistance

<http://www.gwaar.org/for-seniors-and-families/elder-law-and-advocacy-center/wisconsin-guardianship-support-center.html>

Spark! Museum Program

<http://thesparkalliance.org/about/>

Toolkit for Employers

<https://www.dhs.wisconsin.gov/dementia/employers.htm>

Using Assistive Technology

- This Caring Home
<http://www.thiscaringhome.org/Index.aspx>
- Alzheimer's Association
https://www.alz.org/library/downloads/search_assistivetechology.pdf

Wisconsin Family Caregiver Support Programs

<https://www.dhs.wisconsin.gov/aging/caregiver.htm>

Additional Educational Opportunities

University of Wisconsin Oshkosh, Center for Career Development and Employability Training

<https://wss.ccdet.uwosh.edu/stc/dhsdementia/>

Alzheimer's Association

- South Eastern Chapter
http://www.alz.org/sewi/in_my_community_education.asp
- Greater Wisconsin Chapter
http://www.alz.org/gwwi/in_my_community_102302.asp
- South Central Chapter
http://www.alz.org/scwisc/in_my_community_19555.asp



Alzheimer's and Dementia Alliance of Wisconsin
<http://www.alzisc.org/Education%20calendar.htm>

Facility-Based Care Options

Finding and Choosing an Assisted Living Facility
<https://www.dhs.wisconsin.gov/guide/assisted-living.htm>

Finding and Choosing a Residential Care Apartment Complex
<https://www.dhs.wisconsin.gov/guide/rcac.htm>

Finding and Choosing a Community-Based Residential Facility
<https://www.dhs.wisconsin.gov/guide/cbrf.htm>

Finding and Choosing a Nursing Home
<https://www.dhs.wisconsin.gov/guide/nursing-home.htm>

Provider Search
<https://www.dhs.wisconsin.gov/guide/provider-search.htm>

Relocating your Parents
<https://www.caregiver.org/home-away-home-relocating-your-parents>

