TC BACCO IS CHANGING

Know the Products

Cigarette use may be dropping among Wisconsin's youth, but other, newer tobacco products are gaining popularity fast.

And that's not good, because there's no such thing as a safe tobacco product. Designed to deliver nicotine—a highly addictive additive that can keep kids hooked for life—these new tobacco products come in a wide range of shapes and styles.



95% of Wisconsin middle schoolers say they would not use unflavored tobacco.

Cigar Products

Cigars, little cigars, and cigarillos may come in different sizes, but they're all basically the same product: shredded tobacco tightly rolled in tobacco paper or leaves. Today, cigar products are available in hundreds of sweet, fruity, and minty flavors. Some individually wrapped cigars cost less than a dollar.

Cigar products can lead to heart disease, lung disease, tooth decay and gum disease, and cancers of the mouth, throat, and lungs.

Electronic Cigarettes

E-cigs, vape pens, e-pipes, disposable hookahs. These handheld devices use battery power to vaporize liquids that usually contain a mix of nicotine, flavorings, and other substances. Users inhale the aerosol that's released. Cheap and discreet, with no telltale smell of smoke, e-cigarettes have quickly become the most popular tobacco product among young people nationwide.

Sweet and trendy flavors like Root Beer Float, Unicorn Puke, Cotton Candy, and Banana Split are a big part of e-cigarettes' popularity. In a recent study, 80% of young e-cigarette users said they used e-cigarettes "because they come in flavors I like."

Smokeless Dip, Snus, and Chew

Every year, half a million kids in the U.S.—mostly boys and young men—try smokeless tobacco for the first time. Whether they're tucking a pinch or a pouch of flavored tobacco behind their lip, or chewing on a wad of shredded tobacco leaves, the results are the same. Nicotine and other dangerous, cancer-causing chemicals are released into the bloodstream, increasing users' risk of addiction, illness, and even death usually, for less than the cost of a pack of cigarettes.

The number of Wisconsin kids who've tried smokeless products rises quickly as children get older, from just 3.4% of middle schoolers to 8.4% of high schoolers.



Visit TobaccoisChanging.com for references and more information on these issues.





WISCONSIN DEPARTMENT of HEALTH SERVICES