

# Cleaning Indoor Mold

## Who Should Clean?

Those with breathing problems, allergies, or weakened immune systems should avoid mold cleanup.

If the moldy area is smaller than a 3 feet by 3 feet patch, you can usually clean the mold yourself. This might include mold spots in or above your shower.

For larger mold problems (patches covering more than 3 feet by 3 feet), consider calling a remediation contractor.

## Who to Call?

**If you need professional mold cleanup**, remediation contractors and indoor air consultants are available. A list of these Wisconsin professionals can be found at:

#### www.dhs.wisconsin.gov/mold

You will find helpful tips on hiring a contractor. These professionals can help fix the problem. *The Wisconsin Department of Health Services (DHS) does not endorse any company listed.* 

## Before You Clean

- Always find and fix the problem causing the mold growth. Find and fix plumbing leaks, roof leaks, and other water problems before trying to clean. Mold can return if the water source is not fixed, even after a good cleaning.
- **Never mix ammonia or bleach with other household cleaners.** If you mix ammonia with chlorine bleach, a toxic gas can form, causing serious injury or death.
- Always ventilate rooms being cleaned with an open window or fan and always use proper personal protective equipment when cleaning mold. This equipment is available at most hardware stores.



N-95 Mask



**Gloves** 



**Rubber Boots** 



**Goggles** 

# Cleaning Phase

- 1. Add one cup of bleach for one gallon of water.
- 2. Using the water and bleach solution, scrub mold off hard surfaces. Rinse the area with a clean towel.
- 3. Keep the area dry and well ventilated.
- After cleaning, throw away all cleaning materials, flush wastewater down the toilet, and wash your hands and face.
- 5. For more detailed cleaning instructions, visit:

www.dhs.wisconsin.gov/mold

## Important Reminders

- The key to mold control is moisture control. Find and fix any moisture problems to control mold.
- 2. Keep children and pets out of the cleanup area.
- 3. Do not use ozone air cleaners to kill mold.
- 4. Moldy, absorbent materials such as ceiling tiles, carpet, and furniture should be thrown away.

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