# PROTECTING YOUR FAMILY FROM HARMFUL ALGAL BLOOMS

# Stay healthy around harmful algae with these simple steps!

## THE HARMFUL ALGAE AND HEALTH CONNECTION

Wisconsin has more than 15,000 lakes and rivers that are home to many organisms, including algae.

In Wisconsin, algal blooms usually happen between mid-June and mid-September. Take these important steps to protect your health and that of your family if you come across a harmful algal bloom.

### WAYS TO PROTECT YOURSELF

- **Know what an algal bloom looks like.** Blue-green algae blooms can appear overnight. They can be fluorescent blue, green, white, red, or brown, and may look like thick paint or pea soup floating on the water.
- **Look for beach notices.** Be sure to check beach postings and water quality notices before you or your pet go swimming. You can be exposed while swimming by inhaling water spray or just being near a bloom.
- Watch where your pets play. If your pet does come into contact with blue-green algae, immediately wash them off with clean water—don't let them lick it off their fur.
- When in doubt, stay out! If you wade into water up to your knees and cannot see your feet, the amount of algae could be unsafe.

### WHAT TO DO IF YOU COME IN CONTACT WITH A BLOOM

### Rinse off.



Pro tip: Shower yourself and rinse off your pet immediately, and clean all gear after use.

### Get medical treatment.



Pro tip: If you think you, your pet, or your livestock might have been poisoned by algal toxins, get medical help.

# Call the poison center.



Pro tip: If you are experiencing symptoms, call the Wisconsin Poison Center (800-222-1222).

For more tips, view the full toolkit at:

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