Know the signs of a stroke!

BE FAST

**BALANCE**
Sudden loss of coordination or balance

**EYES**
Sudden change in vision

**FACE**
Sudden weakness on one side of the face or facial droop

**ARM**
Sudden arm or leg weakness or numbness

**SPEECH**
Sudden slurred speech, trouble speaking, trouble understanding speech

**TERRIBLE HEADACHE**
Sudden onset of a terrible headache

TIME TO CALL 9-1-1
Every second counts!
Bella is having a stroke. Can you BEFAST and spot the symptoms?
Bella is suddenly unable to maintain her **balance**. Know the signs of a stroke so you can help Bella!
Bella has a sudden change with her eyes—her vision is blurry. Know the signs of a stroke so you can help Bella!
Bella tries to smile, but suddenly one side of her **face** droops. Know the signs of a stroke so you can help Bella!
Bella’s arm suddenly feels numb and weak. Know the signs of a stroke so you can help Bella!
Bella’s speech is suddenly slurred and hard to understand. Know the signs of a stroke so you can help Bella!
Bella suddenly has a **terrible headache**. Know the signs of a stroke so you can help Bella!