Know the signs of a stroke!

**BE FAST**

- **BALANCE**
  Sudden loss of coordination or balance

- **EYES**
  Sudden change in vision

- **FACE**
  Sudden weakness on one side of the face or facial droop

- **ARM**
  Sudden arm or leg weakness or numbness

- **SPEECH**
  Sudden slurred speech, trouble speaking, trouble understanding speech

- **TERRIBLE HEADACHE**
  Sudden onset of a terrible headache

**TIME TO CALL 9-1-1**
Every second counts!
Bella is having a stroke. Can you BEFAST and spot the symptoms?
Bella is suddenly unable to maintain her balance. Know the signs of a stroke so you can help Bella!
Bella has a sudden change with her eyes—her vision is blurry. Know the signs of a stroke so you can help Bella!
Bella tries to smile, but suddenly one side of her face droops. Know the signs of a stroke so you can help Bella!
Bella’s **arm** suddenly feels numb and weak.
Know the signs of a stroke so you can help Bella!
Bella’s **speech** is suddenly slurred and hard to understand. Know the signs of a stroke so you can help Bella!
Bella suddenly has a **terrible headache**.

Know the signs of a stroke so you can help Bella!