Breathe Easily

Take action to protect yourself and your family from common indoor air pollutants.

1. **Radon**: Test your home for radon. If levels are too high, certified contractors can install a mitigation system to prevent radon from entering your home.

2. **Vapor Intrusion**: Harmful vapors from past chemical spills can enter your home. There are ways to fix a vapor intrusion issue, including the installation of a mitigation system.

3. **Mold**: Immediately fix water leaks. Keep areas clean and dry to prevent indoor mold growth.

4. **Carbon Monoxide**: Avoid exposure to carbon monoxide. Place a carbon monoxide detector on each floor of your home. Replace the batteries twice a year.

5. **Tobacco Smoke**: Do not smoke indoors. Children who breathe secondhand smoke are more likely to have lung problems, including severe asthma.

Learn more ways to protect yourself and your family: [www.dhs.wisconsin.gov/air](http://www.dhs.wisconsin.gov/air)