

Don't let the flu slow you down this year.

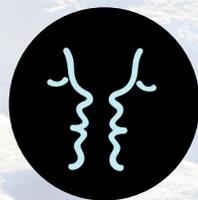
Take these simple steps to protect against the flu:



Get your flu shot.



Stay home when you are sick.



Avoid close contact with sick people.



Cover your nose and mouth when you cough or sneeze.



Wash your hands.

