

# Txoj Kev Pab Family Planning Only Services (Cov Kev Pab Npaj Tub Ki Nkaus Xwb)

(Family Planning Only Services Program)



Txoj Kev Pab Family Planning Only Services (Cov Kev Pab Npaj Tub Ki Nkaus Xwb) muab txoj kev kho txog kev sib deev thiab cev tsim noob neej pub dawb rau cov tib neeg uas muaj nyiaj tsawg kom txo tsawg tau cov kev xeeb muaj me nyuam uas tsis xav muaj.

## Leej twg thiaj li tsim nyog tau kev pab?

Koj yuav rau npe koom tau yog tias koj muaj raws li tag nrho cov nram no:

- Koj nyob hauv Wisconsin.
- Yog ib tug neeg pej xeem xam xaj Teb Chaws Asmeskas los sis neeg khiav lwm teb chaws raug cai tsim nyog.
- Koj yog neeg muaj taus me nyuam los sis qib hnuv nyoog tsim noob neej tau.
- Koj muaj nyiaj txog los sis tsawg dua \$4,069.80 ib hlis twg (pib txij li lub Ob Hlis Ntuj tim 1, 2026). Tsuas xam tau koj qhov nyiaj kiag xwb. Yuav tsis xam koj cov khoom cuab yeej muaj nqis.
- Koj tsis tau rau muaj npe hauv Wisconsin Medicaid los sis BadgerCare Plus. (Koj rau muaj npe muas kev pov hwm them nqi kho mob thaum koj rau muaj npe hauv Txoj Kev Pab Family Planning Only Services (Cov Kev Pab Npaj Tub Ki Nkaus Xwb).)

Yog tias koj tsim nyog tau Txoj Kev Pab Family Planning Only Services (Cov Kev Pab Npaj Tub Ki Nkaus Xwb), koj yuav muaj npe mus txog 12 lub hlis. Yuav tsum txuas ntaub ntawv kam pab them txhua lub xyoo. Xws li ib lub hlis ua ntej koj txoj kev pab kam them duav xaus, koj yuav txais ib tsab ntawv qhia txog txoj kev rov txuas ntaub ntawv kev pab.

## Yuav them duav rau cov kev kho twg?

Cov txiaj ntsim kev pab yog cov kev pab txog kev ceev kom cev txhob muaj me nyuam thiab cov khoom siv, cov kev ntsuas thiab cov kev kho tiv thaiv cov kab mob kas cees sib kis los ntawm kev sib deev uas txuam nrog txoj kev npaj tub ki.

Cov kev kho yuav tsum txuam nrog lub sij hawm teem ntsib txog kev npaj tub ki. Piv txwv, tsuas them duav rau cov kev ntsuas tsev me nyuam Pap thaum lub sij hawm teem ntsib txog kev npaj tub ki los sis nrog ntawv xa los ntawm tus kws kho kev npaj tub ki.

Yuav them duav cov kev kho uas muaj thaum lub sij hawm teem thawj zaug, ib xyoos ib zaug los sis teem taug qab txog kev npaj tub ki:

- Cov kev pab txog kev ceev kom cev txhob muaj me nyuam thiab cov khoom siv, xws li cov tshuaj noj kom txhob muaj taus me nyuam thiab cov hnab yas looj chaw mos.
- Ciam txwv ntawm cov tshuaj tiv thaiv kab mob (xws li cov rau HPV thiab mpox).
- Cov khoom cuab yeej txhawb kev npaj tub ki raws kev xeeb txawm.
- Cov kev ntsuas tsev me nyuam Pap.
- Cov kev kho tiv thaiv txuam rau kev npaj tub ki.
- Cov kev ntsuas thiab kho cov kas cees kis los ntawm kev sib deev (xws li chlamydia, herpes, gonorrhea, thiab syphilis) nrog rau lwm qee cov kev ntsuas roj ntsha.
- Cov kev khi hlab hnyuv qe me nyuam rau cov muaj hnuv nyoog 21 xyoos thiab loj dua.

Feem ntau, koj yeej pib tau cov txiaj ntsim ev pab thawj lub hlis uas koj ua ntawv thov thiab muaj raws li tag nrho cov kev cai ntawm txoj kev pab. Koj yeej puav leej yuav tau kev pab them duav ib ntus (puav leej paub hu ua Express Enrollment (Kev Rau Npe Sai)) ua ntej ua tiav koj tsab ntawv thov thiab muab lis. Kawm ntxiv ntawm [dhs.wisconsin.gov/forwardhealth/express-enrollment.htm](https://dhs.wisconsin.gov/forwardhealth/express-enrollment.htm) thiab tham nrog koj tus kws kho mob txog kev tsim nyog tau kev pab.

## Kev Tau Cov Kev Pab

Tom qab koj rau npe thov Txoj Kev Pab Family Planning Only Services (Cov Kev Pab Npaj Tub Ki Nkaus Xwb) tag, koj yuav tau txais tswv cuab daim yuaj ForwardHealth.

Yog tias koj tau rau muaj npe hauv Txoj Kev Pab Family Planning Only Services (Cov Kev Pab Npaj Tub Ki Nkaus Xwb), BadgerCare Plus, los sis Medicaid yav dhau los, koj yuav tsis cia li tau txais daim yuaj ForwardHealth. Koj yeej siv tau koj daim yuaj qub yog tias koj tseem muaj nws. Yog tias tsim nyog, koj yuav thov tau ib daim tshiab hauv koj qhov as khauj ACCESS (txuas nkag mus rau ntawm [access.wi.gov](https://access.wi.gov)) los sis hu rau Chaw Pab Tswv Cuab ntawm 800-362-3002.

Koj yuav tau muab koj daim yuaj ForwardHealth rau saib thaum koj muaj lub sijhawm teem ntsib txog kev npaj tu ki los sis mus nqa cov khoom siv rau kev ceev kom cev txhob muaj me nyuam hauv lub khw muag tshuaj.

## Kev tiv thaiv koj ntiag tug

Yog tias koj ua ntawv thov los sis rau muaj npe hauv Txoj Kev Pab Family Planning Only Services (Cov Kev Pab Npaj Tub Ki Nkaus Xwb), koj yeej thov kom muab cov ntaub ntawv xa rau koj ntawm ib qho chaw nyob uas tsis yog koj lub tsev. Yog tias koj tsis nto 18 xyoo:

- Koj lub chaw khiav dej num yuav tsis hu cuag koj niam koj txiv los sis lwm cov neeg zov tu koj.
- Yuav tsis muab koj xa mus cuag ib lub chaw khiav dej num pab kev yug noj yug haus rau me nyuam.

## Kuv yuav thov li cas?

Koj yuav thov tau Txoj Kev Pab Family Planning Only Services (Cov Kev Pab Npaj Tub Ki Nkaus Xwb):

- Online rau ntawm [access.wi.gov](https://access.wi.gov).
- Hauv xov tooj.
- Tim ntsej tim muag ntawm koj lub koom haum. Xav nrhiav koj lub chaw khiav dej num, mus xyuas [dhs.wi.gov/im-agency](https://dhs.wi.gov/im-agency).
- Kev ua tsab ntawv thov kev pab thiab muab xa mus rau lub chaw khiav dej nuam hauv koj zos. Xav tau daim ntawv thov kev pab los sis xav thov kev pab ua tsab ntawv thov kev pab, mus rau [dhs.wi.gov/forwardhealth/resources.htm](https://dhs.wi.gov/forwardhealth/resources.htm) los sis hu rau Chaw Pab Tswv Cuab ntawm 800-362-3002.

## Xav Tau Ncauj Lus Ntxiv

Xav tau ncauj lus ntxiv txog Txoj Kev Pab Family Planning Only Services (Cov Kev Pab Npaj Tub Ki Nkaus Xwb), koj yuav:

- Mus xyuas [dhs.wi.gov/fpos/index.htm](https://dhs.wi.gov/fpos/index.htm).
- Hu cuag lub chaw khiav dej num hauv koj lub zos.
- Hu Lub Chaw Pab Tswv Cuab ntawm 800-362-3002.



## Nondiscrimination Notice: Discrimination is Against the Law – Health Care-Related Programs

Wisconsin Department of Health Services (Lub Tuam Tsev Hauj Lwm ntsig txog Cov Kev Pab Cuam Kev Noj Qab Haus Huv) coj raws li Tsoom Fwv Teb Chaws pej xeem cov cai lij choj thiab tsis ntxub ntxaug leej twg vim yog haiv neeg, xim nqaij daim tawv, yug nyob lwm teb chaws, hnuv nyoog, kev tsis taus, los sis zeej xeeb (suav nrog cev xeeb tub, kev txheeb qhia tias yog poj niam los txiv neej, thiab kev nyiam txog kev sib daj sib deev). Department of Health Services (Lub Tuam Tsev Hauj Lwm ntsig txog Cov Kev Pab Cuam Kev Noj Qab Haus Huv) yuav tsis cais tawm tib neeg los sis coj txawv rau lawv vim yog haiv neeg, xim nqaij daim tawv, yug nyob lwm teb chaws, hnuv nyoog, kev tsis taus, los sis zeej xeeb.

Department of Health Services:

- Pab nyiaj thiab muab kev pab rau cov neeg txuas lus tsis taus zoo nrog peb, xws li:
  - Cov neeg txhais lus piav uas tsim nyog.
  - Tej ntaub ntawv ua lwm hom (tu ntawv loj, suab lus, tej hom siv tau hauv electronic, lwm lwm hom).
- Muab kev pab dawb txog lus hais rau cov neeg uas tsis hais lus Akiv, xws li:
  - Cov neeg txhais lus tsim nyog.
  - Tej ntaub ntawv ua lwm hom lus.

Yog koj xavtau cov kev pab no, thov hu rau Department of Health Services civil rights coordinator (844-201-6870).

Yog koj xavtau cov kev pab no, thov hu rau Department of Health Services tsis muab tau cov kev pab no los yog tau coj lwm hom kev ciav-cais saib raws haiv neeg, xim tawv nqaij, teb chaw tuaj, hnuv nyoog, xiam oob qhab, los poj niam lossis txiv neej, koj tuaj yeem xa ib daim ntawv tsis txaus siab nrog: Department of Health Services, Attn: Civil Rights Coordinator, 1 West Wilson Street, Room 651, PO Box 7850, Madison, WI 53707-7850, 608-267-4955, TTY: 711, Fax: 608-267-1434, [dhsocr@dhs.wisconsin.gov](mailto:dhsocr@dhs.wisconsin.gov). Koj xa daim ntawv tsis txaus siab kiag tus kheej, raws kev xa ntawv, fev los yog email tuaj tau. Yog koj xav tau kev pab sau daim ntawv tsis txaus siab, Department of Health Services civil rights coordinator pab tau koj.

Koj kuj muaj peev xwm ua tau ib daim ntawv tsis txaus siab rau cov cai pej xeem mus rau Mekas Department of Health and Human Services (Thawj Fab Pab Kev Noj Qab Haus Huv thiab Pab Tib Neeg), Office for Civil Rights (Chaw Ua Hauj Lwm txog Pej Xeem Cov Cai), tshuab hluav taws xob los ntawm Office for Civil Rights Complaint Portal, nyob rau hauv <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, los yog xa ntawv lossis hu xovtooj ntawm:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
800-368-1019, 800-537-7697 (TDD)

Cov qauv ntawv tsis txaus siab muaj rau ntawm <http://www.hhs.gov/ocr/office/file/index.html>.

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| <b>Español (Spanish)</b><br>ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 844-201-6870 (TTY: 711).            | <b>Deutsch (Pennsylvania Dutch)</b><br>Wann du Deitsch (Pennsylvania Dutch) schwetzsch, kannscht du ebber griegie as dich helfe kann mit Englisch, unni as es dich ennich eppes koschte zellt. Ruf 844-201-6870 uff (TTY: 711). |
| <b>Hmoob (Hmong)</b><br>LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 844-201-6870 (TTY: 711).                            | <b>ພາສາລາວ (Laotian)</b><br>ເຊີນຊາບ: ຖ້າທ່ານເວົ້າພາສາລາວ ແມ່ນມີບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ ບໍ່ເສຍຄ່າໃຫ້ທ່ານ. ໃຫ້ໂທຫາເບີ 844-201-6870 (TTY: 711).   |
| <b>繁體中文 (Traditional Chinese)</b><br>注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 844-201-6870 (TTY: 711)。   | <b>Français (French)</b><br>ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 844-201-6870 (ATS : 711).   |
| <b>Deutsch (German)</b><br>ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 844-201-6870 (TTY: 711). | <b>Polski (Polish)</b><br>UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 844-201-6870 (TTY: 711).   |
| <b>العربية (Arabic)</b><br>ملحوظة: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 844-201-6870 (رقم هاتف الصم والبكم: 711).                | <b>हिंदी (Hindi)</b><br>ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 844-201-6870 (TTY: 711) पर कॉल करें।   |
| <b>Русский (Russian)</b><br>ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 844-201-6870 (телетайп: 711).                 | <b>Shqip (Albanian)</b><br>KUJDES: Nëse flisni shqip, për ju ka një dispozicion shërbime të asistencës gjuhësore, pa pagesë. Telefononi në 844-201-6870 (TTY: 711).   |
| <b>한국어 (Korean)</b><br>알림: 한국어 지원 서비스를 무료로 이용하실 수 있습니다. 844-201-6870 (TTY: 711) 번으로 전화해 주십시오.  | <b>Tagalog (Tagalog – Filipino)</b><br>PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 844-201-6870 (TTY: 711).                                    |
| <b>Tiếng Việt (Vietnamese)</b><br>CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 844-201-6870 (TTY: 711).                     | <b>Soomaali (Somali)</b><br>FIIRO GAAR AH: Haddii aad ku hadashid af Soomaali, adeegyada caawinta luuqada, oo bilaash ah, ayaa lagu heli karaa. Soo wac 844-201-6870 (TTY: 711).  |