

CAGAARSHOOW

Nooca A

Kaliya xaqiiqda...

Cagaarshow nooca A waa cudur halis ah ee beerka kaas oo si sahlan ah ugu faafi kara qof ilaa qof.

Sidee uga hortagi kartaa faafinta cagaarshowga nooca A?



Waxaa jira noocyo badan oo ah cagaarshow. Iska tallaal haddii aad halis badan ugu jirto qaadashada cagaarshowga nooca A.



Hubi inaad gacmahaaga ku dhaqdo saabuun iyo biyo ka dib markaad isticmaasho musqusha iyo ka hor intaadan sameynin ama cunin cunto. Aalkolada kusalaysan jeelka gacmaha ma dilo fayraska cagaarshow nooca A.

Sidee cagaarshowga nooca A u faafaa?



Gacmaha aan la dhaqin



Isticmaalka daroogada



Cunista ama cabitaanka cuntada leh cagaarshowga nooca A



U Galmooshada qof qaba cagaarshowga nooca A

Yaa dhibaato weyn ugu jiraa?

- Dadka isticmaala mukhaadaraadka
- Dadka gurya la'aanta ah
- Nimanka ugalmooda nimanka kale
- Dadka lalen xiriir qof qaba cagaarshowga nooca A
- Masaafurada goobaha cagaarshowga nooca A uu yahay mid caadi ah ama marka dillaaca cudurka dhacaan

Maxay yihiin calaamadaha iyo astaamaha cagaarshowga nooca A?



Qandhor



Indho ama maqaar cagaar ah (cagaarshow)



Kaadi madoow ah, saxaro midab barax ah leh, ama fuuq bax

