## **Services Overview**

# Children's Long-Term Support Program and Adult Long-Term Care Programs

Transitioning from the Children's Long-Term Support (CLTS) Program to adult long-term care (LTC) programs such as IRIS (Include, Respect, I Self-Direct) and Family Care can be challenging. Support and Service Coordinators (SSCs) can use this resource to help families get ready by providing basic information and common terminology. It is not intended to be given to families without a conversation, nor is it a benefits counseling tool or crosswalk.

SSCs can use the information before referring to an aging and disability resource center (ADRC) to:

- Introduce the concept of transition planning early, especially when families express curiosity about adult services.
- Prepare families for the eligibility determination process or benefits counseling through an ADRC.
- Help families understand the types of services available in adult LTC.
- Empower families to think about their needs and get answers to their questions.

## **Support Services**

Support services help participants both in community settings and in their homes.

#### **CLTS**

- Child care
- Community competitive integrated employment
- Day services
- Discovery and career planning
- Participant and family-directed goods and services
- Personal supports
- Respite
- Transportation

## IRIS and Family Care

- Adult day care
- Consultative clinical and therapeutic services for caregivers
- Day services
- Employment services
- Home delivered meals
- Individual directed goods and services
- Prevocational services
- Respite
- Self-directed personal care
- Skilled nursing
- Transportation
- Supportive home care
- Vocational futures planning

## **Teaching and Skills Development**

Teaching and skills development services help participants, and their families or guardians, live their best lives in their community and at home.

#### **CLTS**

- · Counseling and therapeutic services
- Daily living skills training
- Empowerment and self-determination supports
- Family/unpaid caregiver supports and services
- · Grief and bereavement counseling
- Health and wellness
- Mentoring
- Safety planning and prevention

#### **IRIS and Family Care**

- · Consumer education and training
- Counseling and therapeutic services
- Daily living skills training
- Health and wellness
- Supportive home care
- Training services for unpaid caregivers

## **Management and Coordination**

Management and coordination services include community integration and financial management.

#### **CLTS**

- Community integration services
- Financial management services
- Participant and family-direction broker services
- Support and service coordination

#### **IRIS**

- Fiscal employer agent services
- IRIS consultant services

### **Family Care**

- Financial management services
- Care management

## **Physical Aids**

Physical aids services help participants get medical and therapeutic supplies that manage a medical or physical condition.

#### **CLTS**

- Assistive technology
- Communication assistance for community inclusion
- Personal emergency response system
- Specialized medical and therapeutic supplies
- · Vehicle modifications
- Virtual equipment and supports

## **IRIS and Family Care**

- Assistive technology
- Communication assistance/aids
- Interpreter services
- Personal emergency response system (PERS)
- · Remote monitoring and support
- Specialized medical equipment and supplies
- Vehicle modifications

## **Housing Related**

Housing-related services support participants in living situations, help them find safe and accessible housing, and make homes easier for participants to thrive in.

#### **CLTS**

- Adult family home
- Children's foster care
- Housing support services
- Home modifications
- Relocation services

## **IRIS and Family Care**

- Housing counseling
- Home modifications
- Relocation services
- Residential services (adult family home, community-based residential facility,\* certified residential care apartment complex)

\*Family Care only

## **Medicaid Health Care Benefits**

All individuals enrolled in Medicaid have access to Medicaid health care benefits.

