# Ua siab tus. Hais qhia. Mloog. Rov ua dua.

## Xyaum hais lus nrog cov me nyuam txog txoj kev haus dej caw ua ntej lawv nto hnub nyoog.

Cov me nyuam uas haus dej caw yuav muaj feem ntsib teeb meem nyob rau hauv tsev kawm ntawv, nrog lawv cov phooj ywg thiab nrog txoj cai dua. Qhov phem heev dua yog dej caw ua kev puas mob rau cov me nyuam lub cev thiab lub siab ntsws. Tiam sis koj tsis tag yuav hais ntau heev thiaj li pab tau ib tug me nyuam nkag siab txog cov kev txaus ntshai ntawm txoj kev haus dej caw ua ntej nws nto hnub nyoog. Pib hais tsawg. Nquag muaj cov kev sib tham tsawg, tham dog dig—nyob rau tom kiab khw, nyob rau ntawm kab kev tos muas khoom, los yog thaum tua viv dis aus ua si—yuav pab tau ntau heev ntawm tus me nyuam txoj kev noj qab haus huv. Thaum me nyuam muaj 8 xyoo xwb pib npaj cov me nyuam kom txawj txiav txim zoo rau lawv lub neej.

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WISCONSIN DEPARTMENT of HEALTH SERVICES

P-02600GH (0 7/2020)

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