Lead in Drinking Water

Drinking water can be a source of lead exposure.

There is no safe level of lead exposure. Lead can affect learning, mental health, and increase the risk of diseases later in life.

Because plumbing components can contain lead, everyone should take steps to reduce their exposure.



Run tap water for at least three minutes before drinking if it has been sitting for more than two hours.

Clean your faucet's screen monthly, if the water flow is low, when plumbing work has been done, and when there is construction.*



Use cold water for drinking, making food, and making baby formula.



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Learn about your water quality.

- Check your water system's consumer confidence report.*
- Test your private well every five years and when it will be used by a pregnant person or baby.*

Check your home's plumbing for potential lead sources.

- Faucets that are made of brass or bronze as they can contain lead.
- Service line or interior pipes that are made of lead or galvanized steel.*
- Homes built before 1986 likely have lead solder.

If lead sources are found, take extra steps to protect sensitive groups.

People who are pregnant and children with an elevated blood lead level should use a different source of water for drinking and making foods that take up lot of water like oatmeal, rice, and jello.

Use a different source of water to make baby formula .

Options include bottled water and water from certified treatment device.*

Remove lead sources from the plumbing - prioritize removing service lines and pipes made of lead and galvanized steel.*

 \star = Additional information is available in the *Resource Guide*.



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\star Resource Guide \star



You can find all this information and more at <u>https://www.dhs.wisconsin.gov/water/lead.htm</u>.

Questions? Concerns? Contact us at DHSEnvHealth@wi.gov or 608-266-1120.