

# COVID-19

## SHOPPING TIPS

### WATCH WHAT YOU TOUCH



#### Disinfect cart and basket handles

Sanitize or use disinfectant wipes to clean cart and basket handles before use.

### WASH YOUR HANDS



#### Don't forget the soap

Wash your hands with soap for at least 20 seconds.

### SHARING IS CARING



#### Be fair, please share

Stockpiling can mean someone may not be able to buy what they desperately need.

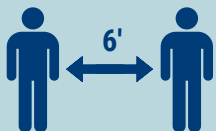
### PERSONAL HYGIENE



#### Don't spread germs

Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Don't forget to wash your hands afterward.

### SOCIAL DISTANCING



#### Keep a personal radius

Staying at least six feet away from others, even in the checkout line, does not make you unfriendly, it makes you considerate.

### ESSENTIAL OUTINGS



#### Wear a cloth face covering

You can be infected and not show any symptoms. Wearing a cloth face covering can lower the risk of community spread when physical distancing is difficult to maintain.



WISCONSIN DEPARTMENT  
of HEALTH SERVICES

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