COVID-19

SHOPPING TIPS

WATCH WHAT YOU TOUCH



Disinfect cart and basket handles

Sanitize or use disinfectant wipes to clean cart and basket handles hefore use

WASH YOUR HANDS



Don't forget the soap

Wash your hands with soap for at least 20 seconds or use an alcohol based hand sanitizer with at least 60% alcohol.

SHARING IS CARING



Be fair, please share

Stockpiling can mean someone may not be able to buy what they desperately need.

PERSONAL HYGIENE



Don't spread germs

Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Don't forget to wash your hands afterward

SOCIAL DISTANCING



Keep a personal radius

Staying at least six feet away from others, even in the checkout line, does not make you unfriendly, it makes you considerate.

ESSENTIAL OUTINGS

Wear a cloth face covering



You can be infected and not show any symptoms. Wearing a cloth face covering is beneficial for your health and can lower the risk of community spread when physical distancing is difficult to maintain.

