## COVID-19 NUTRITION PROGRAMS



The State of Wisconsin provides assistance with food beyond FoodShare, including:

- The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)
- The Emergency Food Assistance Program (TEFAP)
- Commodity Supplemental Food Programs (CSFP)
- Elder Nutrition, such as Community Dining Centers and Home-Delivered Meals

# Special Supplemental Nutrition Program for Wisconsin Women, Infants, and Children (WIC)

WIC is a supplemental nutrition program for pregnant women, infants, women who breastfeeding, postpartum women, and children younger than five. WIC provides nutrition education, breastfeeding education and support, supplemental nutritious foods, and referrals to other community and medical services. Wisconsin families want to raise strong and healthy kids, and WIC is here to help. WIC has the ability to provide remote services via phone for all appointments. WIC benefits are also electronic and can be remotely loaded onto your eWIC card, making renewing benefits easier for Wisconsin families. To apply for WIC, contact a local office near you.

Find more information at www.dhs.wisconsin.gov/wic/clinic-locations.htm.

### Who is eligible?

To qualify for WIC, you must live in Wisconsin, meet the income guidelines, have a health or nutrition need (a nutrition assessment will be completed at the WIC clinic), and be in any of these categories below:

- Pregnant
- Breastfeeding a baby under 1 year of age
- Had a baby or was pregnant in the past six months
- Baby under age 1
- Child younger than age 5

WIC welcomes dads, grandparents, and other guardians to enroll their infant or child in WIC services.

### Not sure if you qualify?

- You may qualify if anyone in your family is receiving FoodShare, Medicaid, BadgerCare Plus, Wisconsin Works Program (W2), Temporary Assistance to Needy Families (TANF), or Food Distribution Program on Indian Reservations (FDPIR).
- Foster children and Kinship Care recipients under age 5, and foster teens who are pregnant are eligible for WIC.
- See if you are potentially eligible for WIC using this <u>prescreen tool from the USDA</u>. This is not an application. To apply for WIC benefits, you must contact your local WIC office.

What to have available for your appointment:

- Proof of identity (I.D.) for yourself and each child to be certified.
- Proof of address.
- Proof of income.
- Confirmation of your pregnancy, if applicable.



www.dhs.wisconsin.gov/covid-19

### The Emergency Food Assistance Program (TEFAP)

#### What is TEFAP?

American-grown produce, meat, fruit and vegetables purchased by TEFAP are distributed to qualified households free of charge from at least one charitable food pantry in each county\*. Qualified households have incomes at or below 185% of the federal poverty level. Applicants and participants self-declare income at each food distribution; no proof of income is required. Households may obtain TEFAP groceries at least once monthly; available food types and quantity vary by month and food supply. Most TEFAP pantries adjust groceries for household size.

**Wisconsin Households provide:** 1) A form of Identification (driver's license, Quest card, state ID or other), 2) first and last name, number of persons in the household and address. The address requirement is waived for people who are homeless, undocumented or victims of domestic abuse. Same day application is quick and simple. Households are on the honor system to cease participation when income rises above the eligibility limit. Federal fraud penalties apply.

**TEFAP is not the same as the nutrition program called FoodShare Wisconsin** (formerly known as Food Stamps). Households may participate in TEFAP and also participate in other nutrition programs at the same time. TEFAP groceries are not considered income and do not effect eligibility in other programs.

\*For a food pantry near you, call 2-1-1 or your county human service department. Not all food pantries participate.

TEFAP household Size	As of TODAY, my Weekly Combined Household Income is less than:	Monthly Combined Household Income less than:	Annual Combined Household Income less than:
1 person	\$454/week	\$1,967/month	\$23,606/year
2 people	\$613	\$2,658	\$31,894
3 persons	\$773	\$3,349	\$40,182
4 persons	\$932	\$4,039	\$48,470
5 persons	\$1,092	\$4,730	\$56,758
6 persons	\$1251	\$5,421	\$65,046
7 persons	\$1410	\$6,111	\$73,334
8 persons	\$1570	\$6,802	\$81,622
9 persons	\$1729	\$7,493	\$89,910
10 persons	\$1888	\$8,183	\$98,198
11 persons	\$2048	\$8,874	\$106,486
12 persons	\$2207	\$9,565	\$114,774

For more information on TEFAP, go to: <u>www.dhs.wisconsin.gov/nutrition/tefap/index.htm</u>.

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## **Commodity Supplemental Food Programs (CSFP)**

Commodity Supplemental Food Programs (CSFP) have enough food for all participants, although hours of service may change.

ently no waiting list in Wisconsin for CSEP



Commodity Supplemental FOOD PROGRAM

**Note:** There is currently no waiting list in Wisconsin for CSFP.

The Wisconsin Department of Health Service's Commodity Supplemental Food Program (CSFP) offers free, nutritious foods to low-income seniors aged 60 years and older. The monthly food package, worth about \$35, is available at no cost to eligible individuals. The foods are intended to be a supplement and do not provide a complete diet.

CSFP is not the same as the nutrition program called FoodShare Wisconsin (formerly known as Food Stamps). The FoodShare Wisconsin website explains how to get FoodShare benefits. There is a separate page showing FoodShare contacts for Milwaukee County.

The USDA Commodity Supplemental Food Program website provides additional detailed information.

### Eligibility

Persons eligible for CSFP are aged 60 and older and whose monthly income is at or below \$1,354 for a single person or \$1,832 for a family of two (for larger families add \$479 for each additional member).

For more information on CSFP, go to: www.dhs.wisconsin.gov/nutrition/csfp.htm.

### **Elder Nutrition**

Nutrition options highlighted below are available to individuals age 60 or older, regardless of income. No fee is charged, but all individuals are encouraged to contribute toward the cost of a meal.

### **Community Dining Centers**

Carry out or pick up may be an option in lieu of in person meals at Dining Center locations in Wisconsin. Contact a location near you for the latest updates. <u>Where can I find a Senior Dining Center in Wisconsin?</u> Newcomers are welcome.

#### **Home-Delivered Meals**

Home-delivered meals are available to older homebound adults that are unable to leave their home for food. For more information on how to participate and to locate dining centers in your area, please contact your <u>County or Tribal Nutrition Program</u>.

For more information on these elder nutrition options, go to: <u>www.dhs.wisconsin.gov/aging/nutrition.htm</u>.