COVID-19: Quarantine release times

I live with someone who was diagnosed with COVID-19

Are you able to have complete* separation from the sick person in your home?

Yes

Released from quarantine:
14 days after your last contact with the sick person**

No

Released from quarantine:
14 days after the sick person is released from their isolation**

*Complete separation means no contact, no time together in the same room, no sharing of any spaces, such as using the same bathroom.

If you get sick, ask your doctor to be tested and please follow the guidance in “Next Steps: while you wait for your COVID-19 test results?”

**A 14-day quarantine remains the safest option if you are a close contact of someone who has COVID-19. Quarantine may be shortened to 10 days, provided people still monitor for symptoms for the full 14 days. Quarantine may be shortened further to 7 days if a person receives a negative test result (PCR or antigen) that was collected on day 6 or 7.

If you have been fully vaccinated against COVID-19 and were in close contact with someone with COVID-19, you do not have to quarantine if you meet ALL of the following criteria:

♦ Your exposure to someone with COVID-19 happened at least two weeks after receiving the last dose of your vaccine series; and
♦ You have not had any symptoms of COVID-19 since your last close contact.

Continue to monitor for symptoms for 14 days after your last close contact. If you develop any symptoms of COVID-19, isolate from others, contact your health care provider, and get tested.